

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

# Spine Trauma

**M. Esmailnia , M.D , Neurosurgeon**

**[Board Certified]**

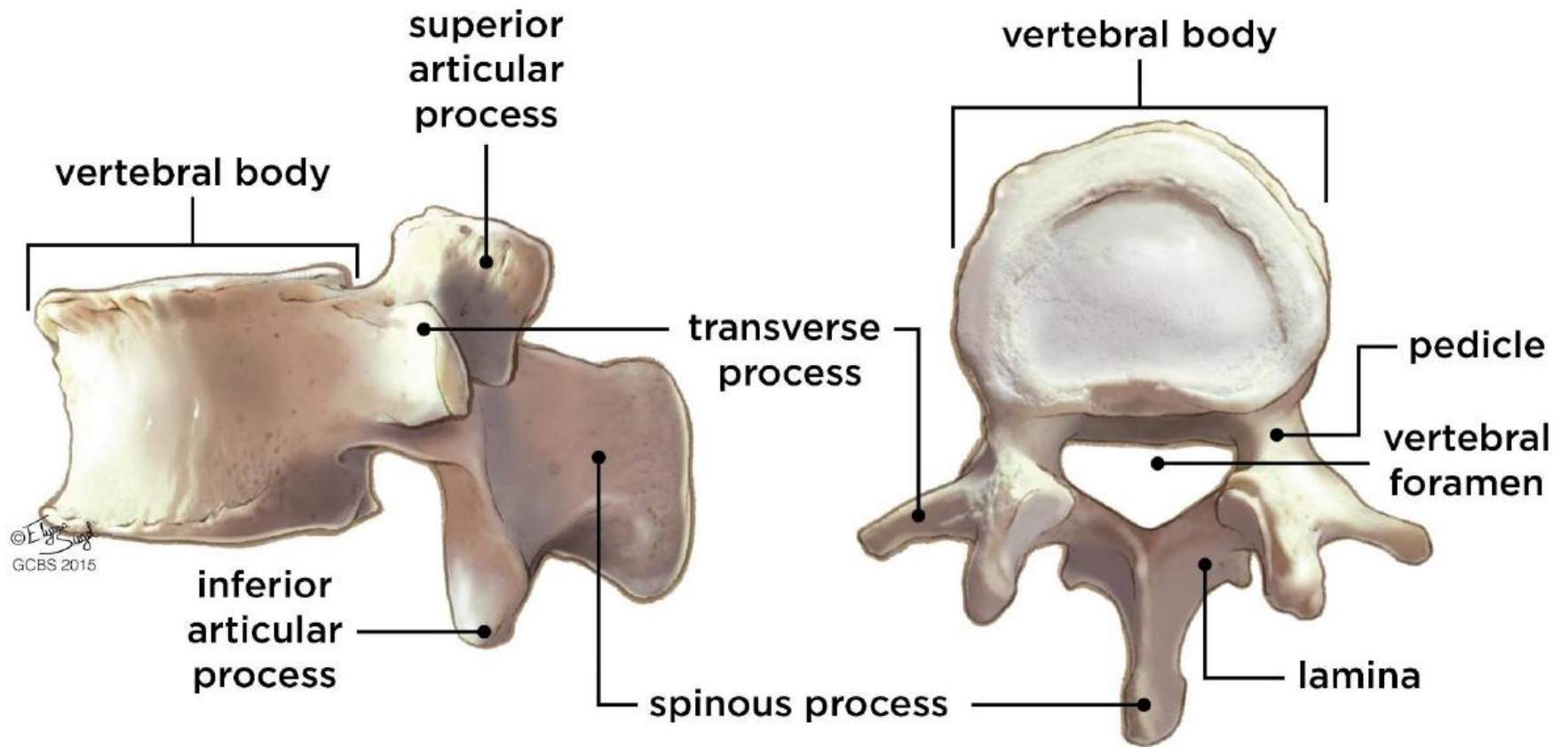
**Sabzevar University of Medical Sciences**

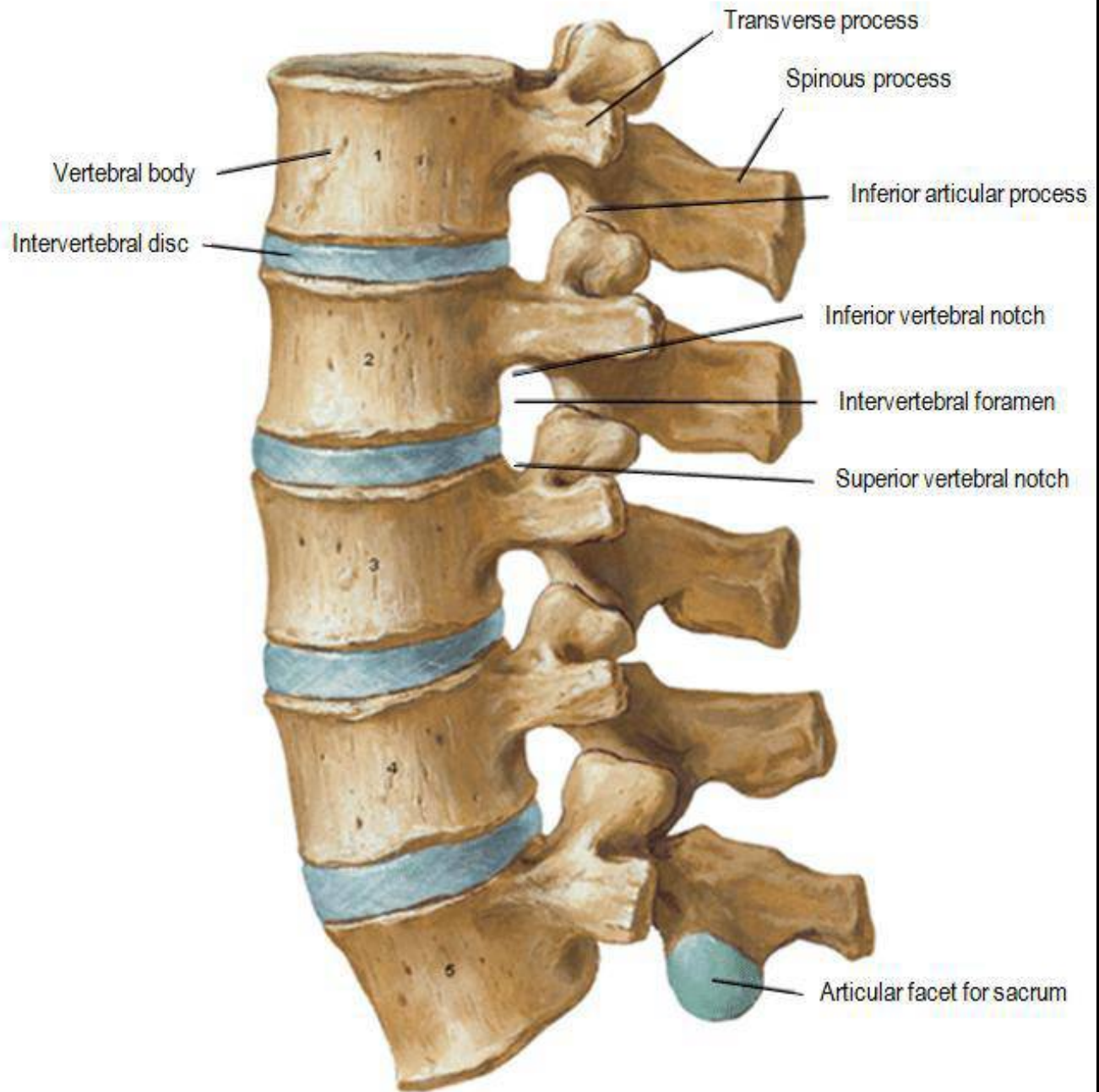
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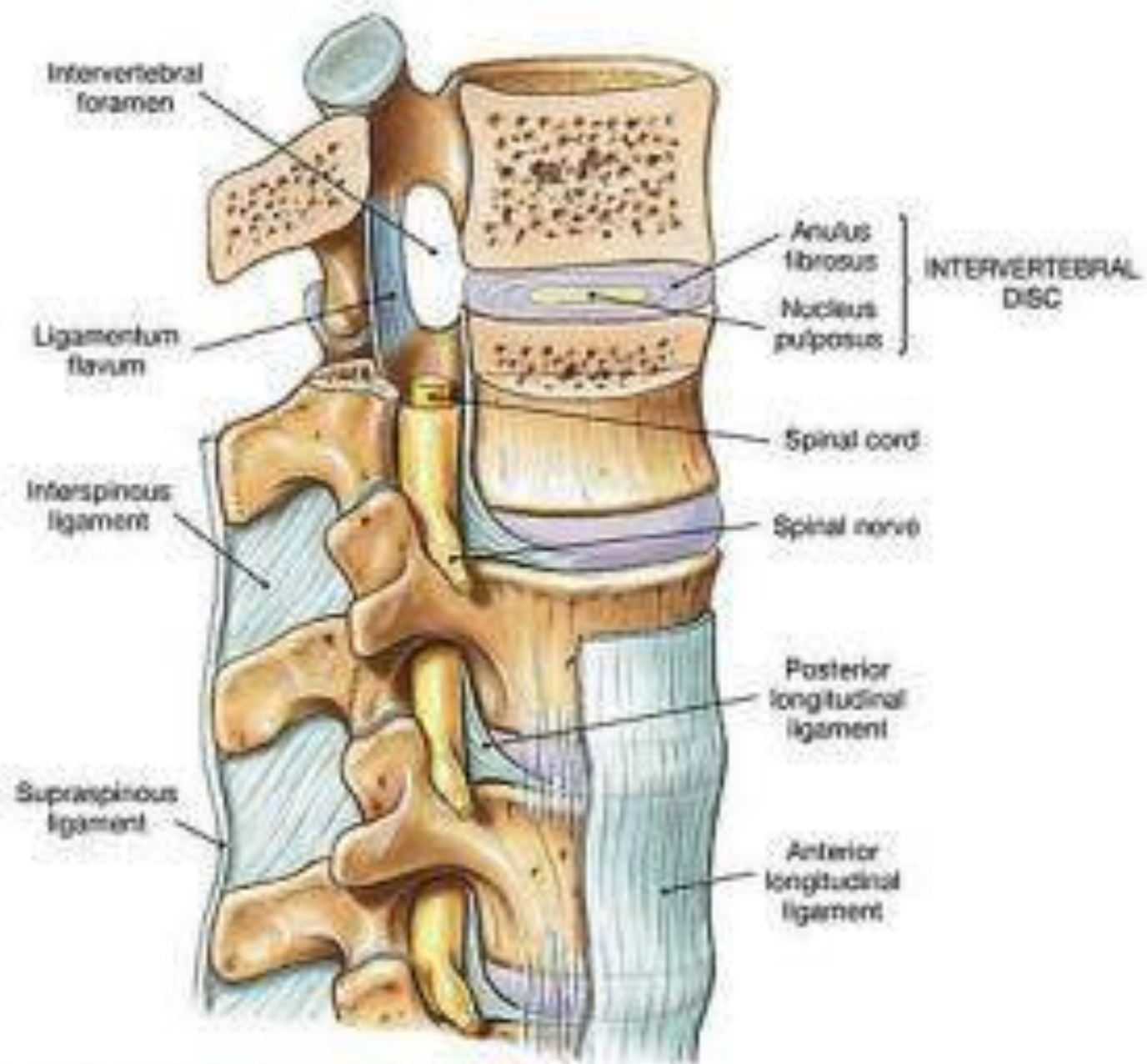




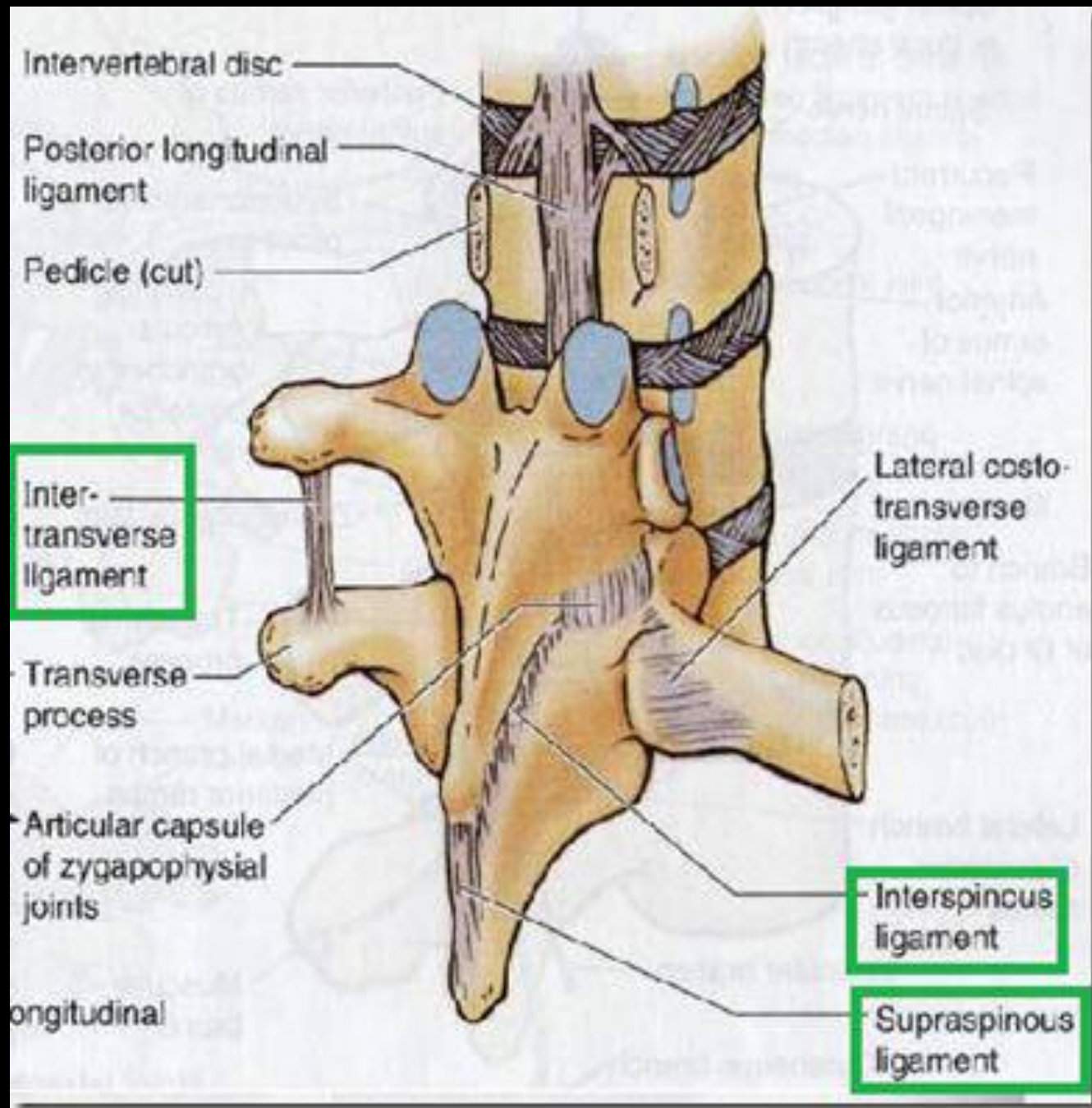
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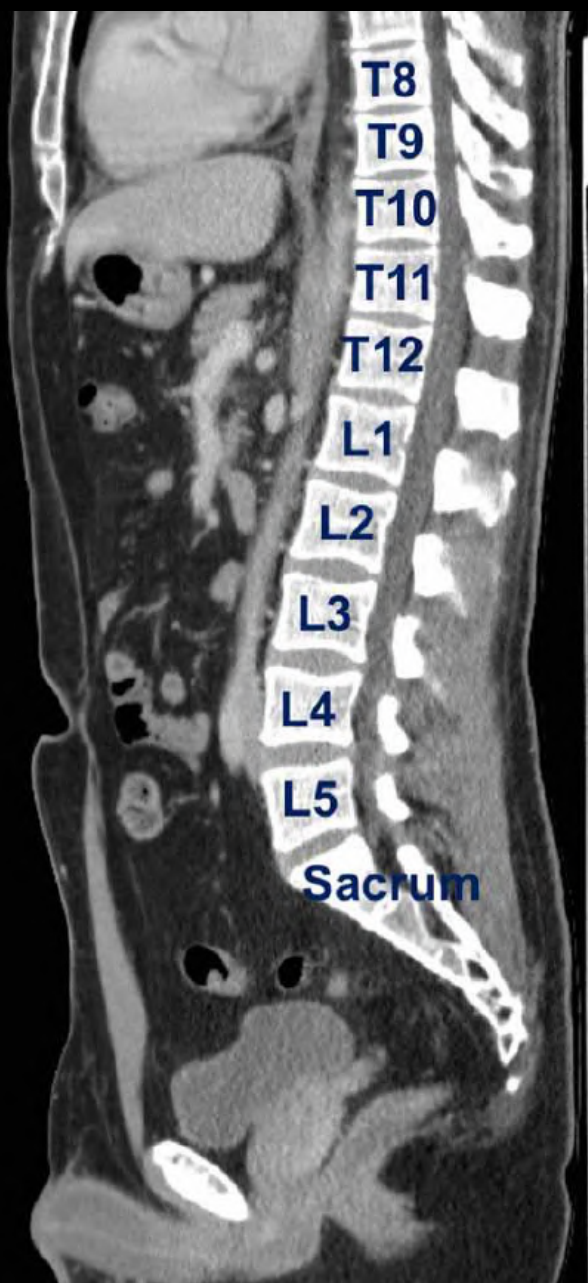


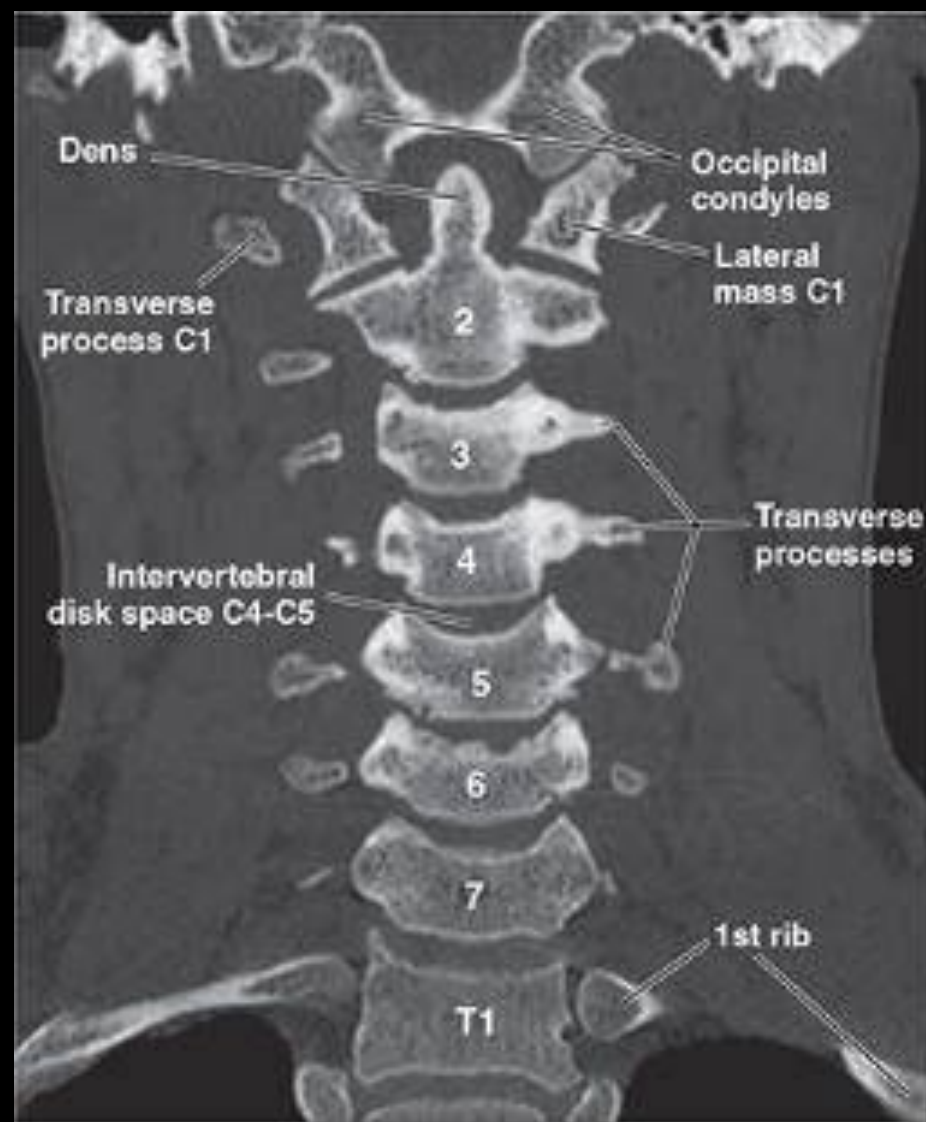


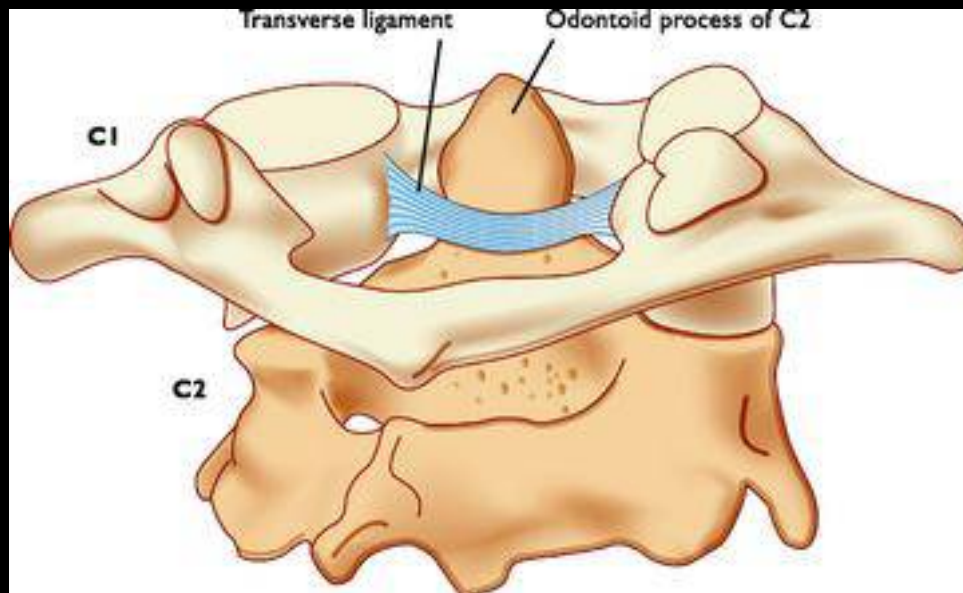
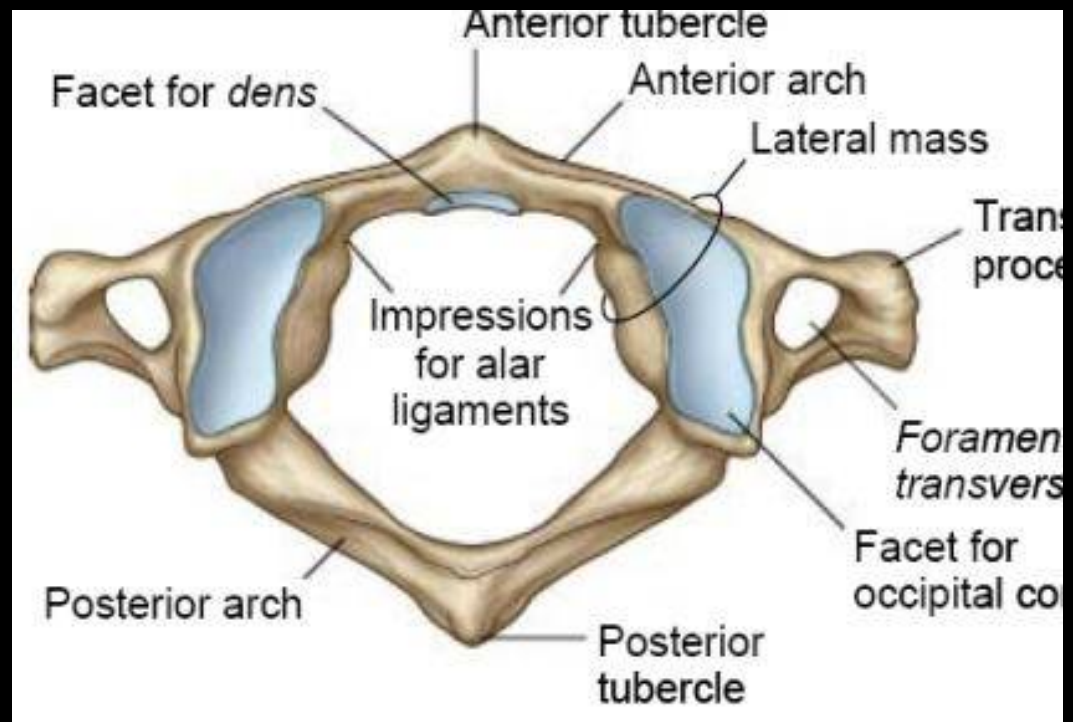
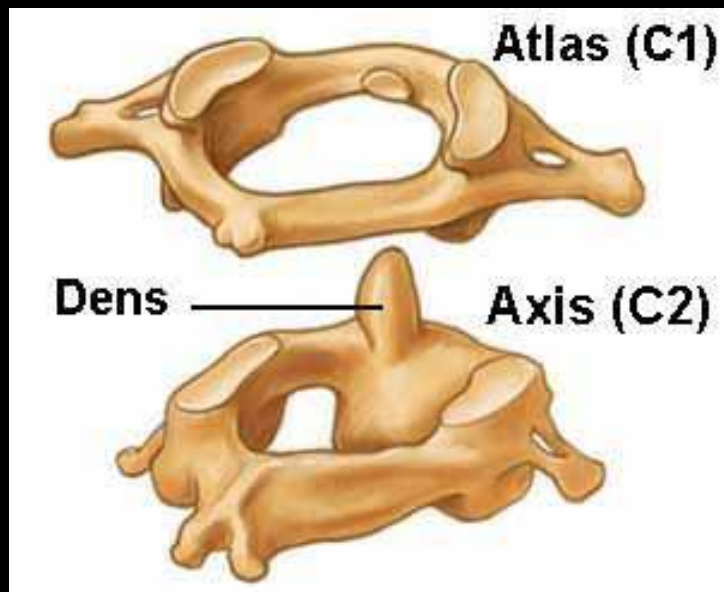












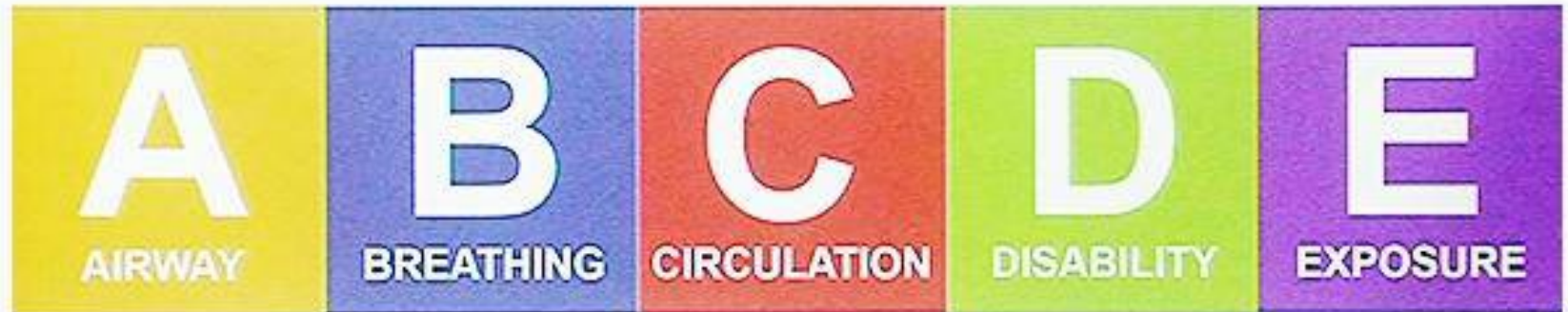


# Initial Assessment and Management





# Primary Survey





**TRAUMA:** The acute management of a trauma victim follows a linear algorithm that should be performed in the same order every time: **ABCDE**, 1° survey, 2° survey.

### **ABCs AND THE 1° SURVEY**

#### **Ac: Airway maintenance with Cervical spine control:**

Check the patency of the airway first, and then give supplemental O<sub>2</sub> via nasal cannula, face mask, airway adjunct (nasopharyngeal or oropharyngeal airway), or bag-valve mask (Ambu-Bag) as appropriate.

**Indications for intubation** include impending airway compromise, a Glasgow Coma Scale (GCS) score of  $\leq 8$ ,  $\downarrow$  mental status, apnea, and severe closed-head injuries.

**A surgical airway (cricothyroidotomy)** should be performed in the setting of significant maxillofacial trauma.

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**B: Breathing with ventilation:** Quickly evaluate for **causes of impending cardiopulmonary death**— e.g. tension pneumothorax, cardiac tamponade, open pneumothorax, massive hemothorax, or airway obstruction.

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#### **C: Circulation with hemorrhage control:**

**Resuscitation:** Think short and fat IV lines— e.g. two large-bore (16- or 18-gauge) antecubital lines.

A good rule of thumb is to give three times as much isotonic fluid (NS or LR) as the estimated blood lost.

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#### **D: Disability—determined by a brief neurologic examination:**

**AVPU system:** **A** = Alert; **V** = responds to Vocal stimuli; **P** = responds to Painful stimuli; **U** = Unresponsive.

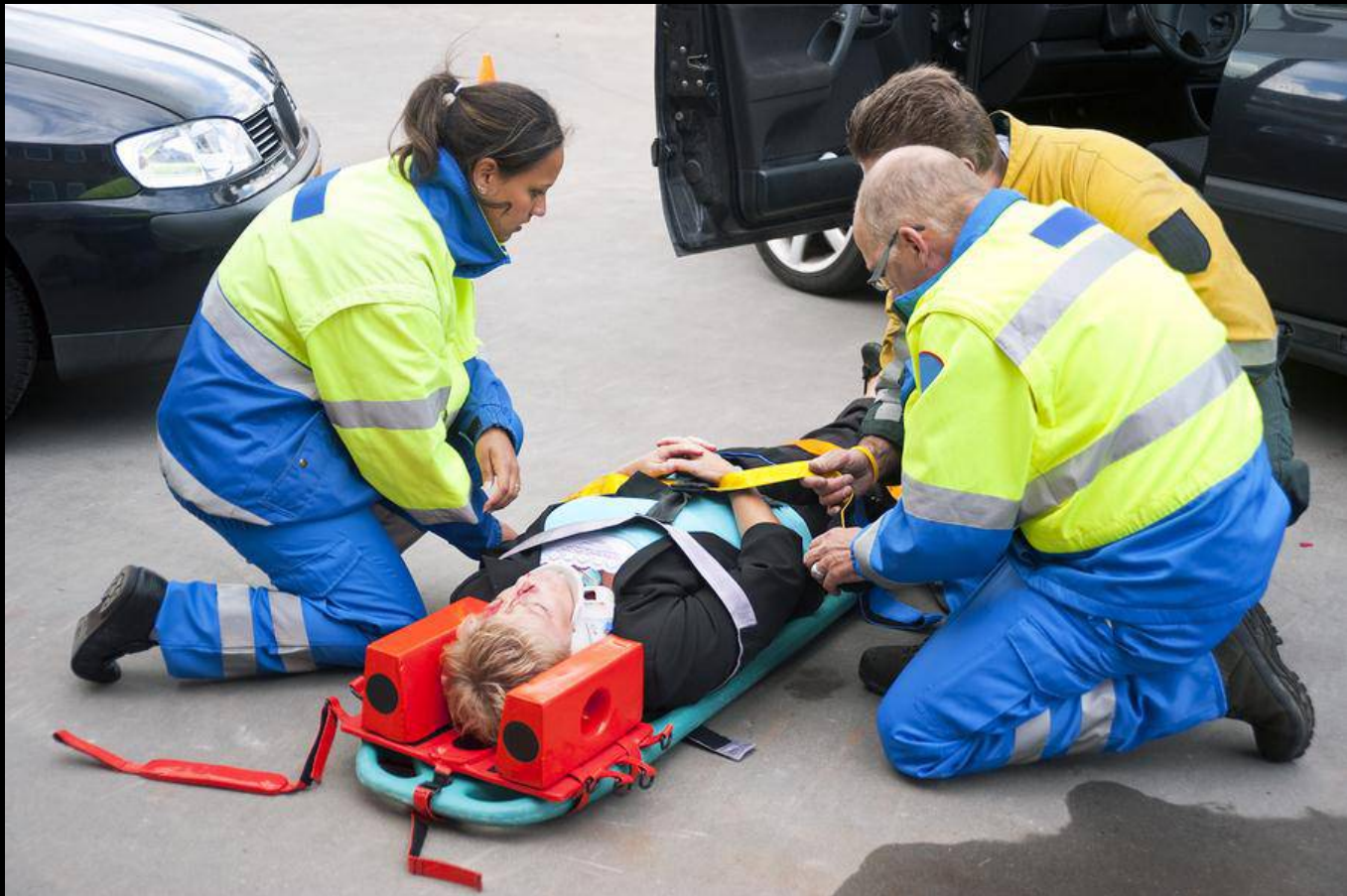
**GCS:** Based on the **best** response of E + V + M

# Initial Assessment and Management

The possibility of a spine injury **must** be considered in all trauma patients.

Always completely evaluate the spine. A patient with a spine injury at one level has a significant risk for additional injuries at other levels.

The trauma patient should be kept on a **hard flat board** with straps and pads used for immobilization. A **hard cervical collar** is kept in place. These steps minimize forces transferred through the spine, and therefore decrease the chance of causing dislocation, subluxation, or neural compression during transport to the trauma bay.







Cervical Collar - Emergency - A girl treated by a paramedic



# Cervical spine

The cervical spine is more mobile than the thoracolumbar spine.

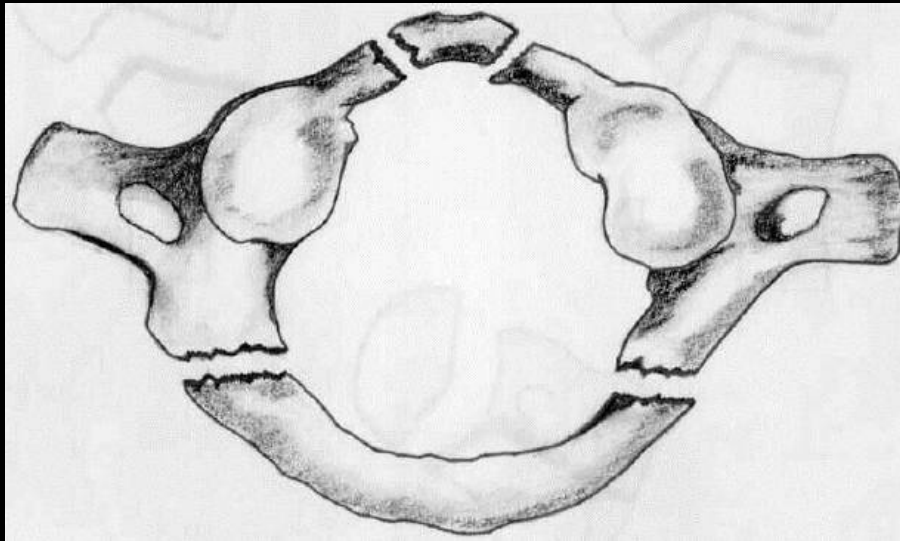
The mass of the head transmits significant forces to the cervical spine during abrupt acceleration or deceleration, increasing risk for injury.



C1

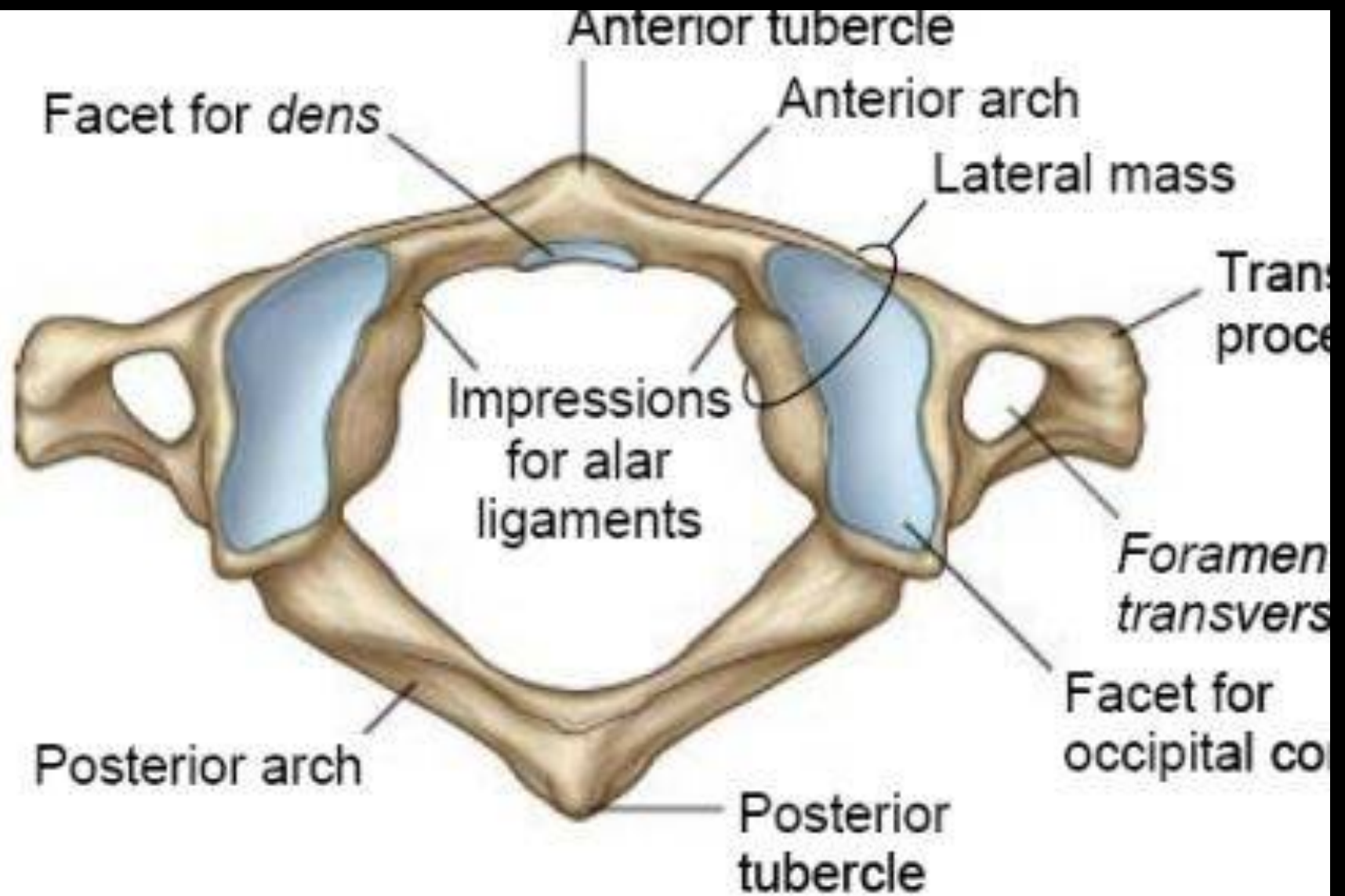
# Jefferson fracture

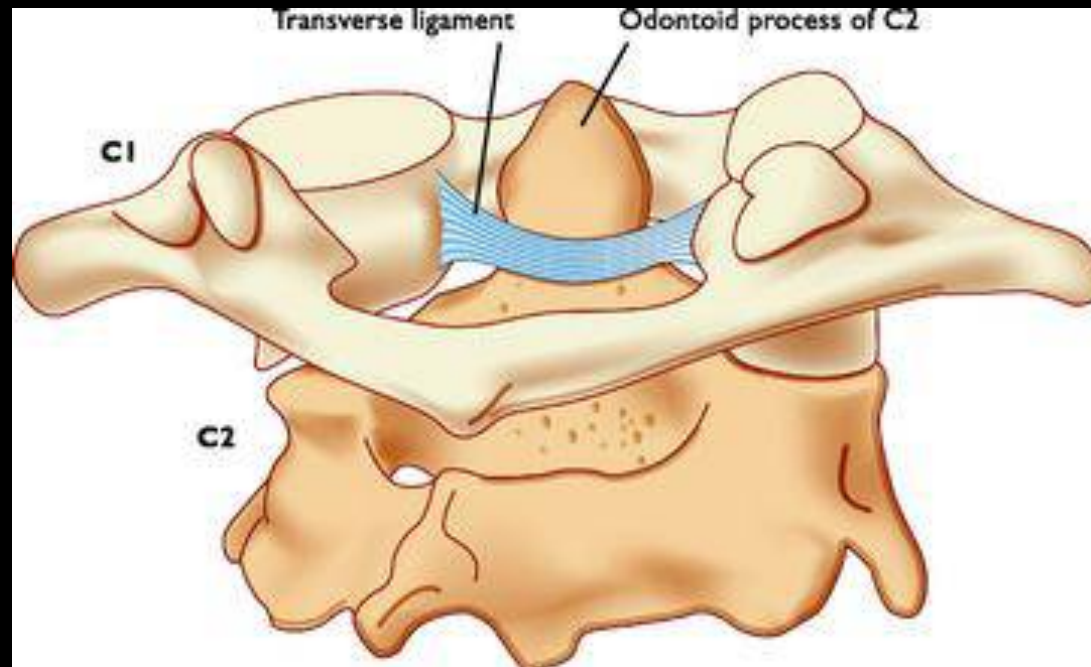
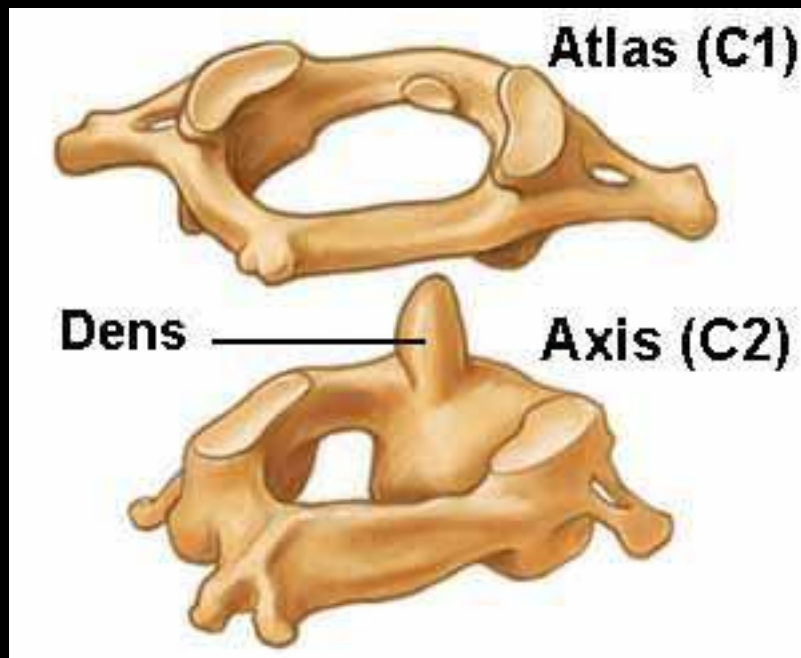
*A Jefferson fracture is a bursting fracture of the ring of C1 (the atlas) due to compression forces. There are usually two or more fractures through the ring of C1.*

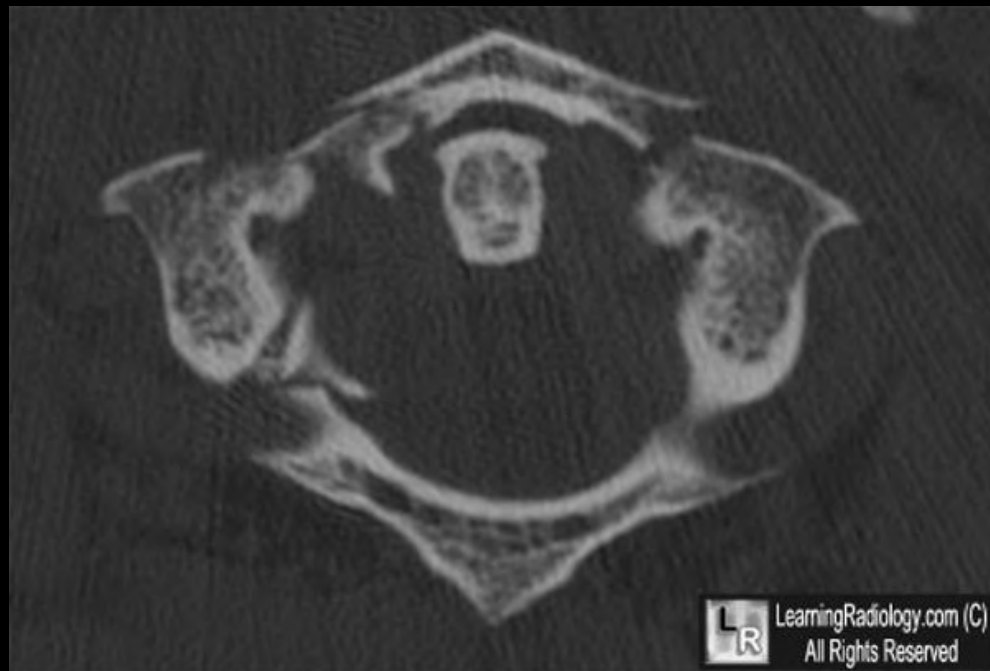
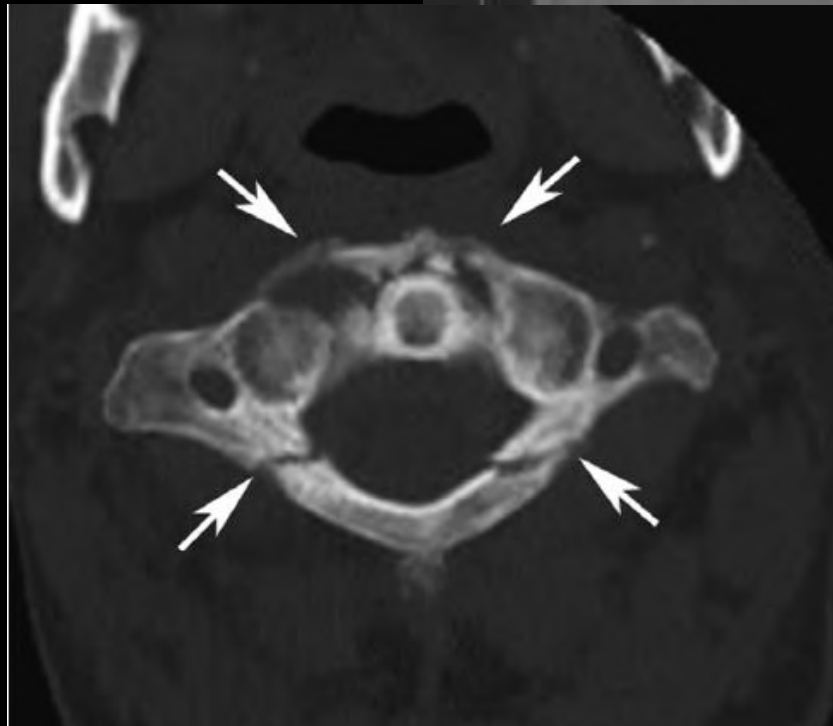
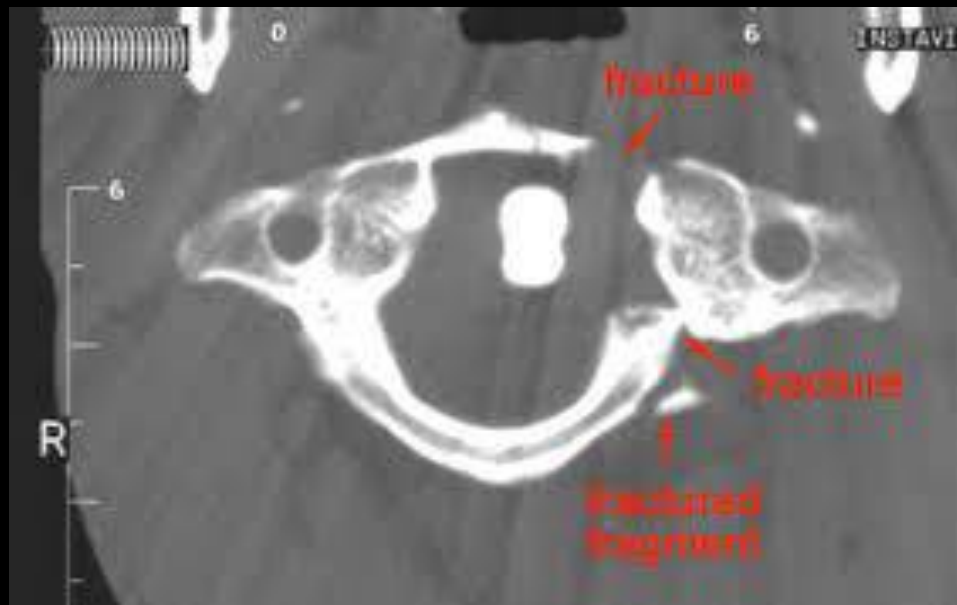


*Sir Geoffrey Jefferson (1886–1961)*









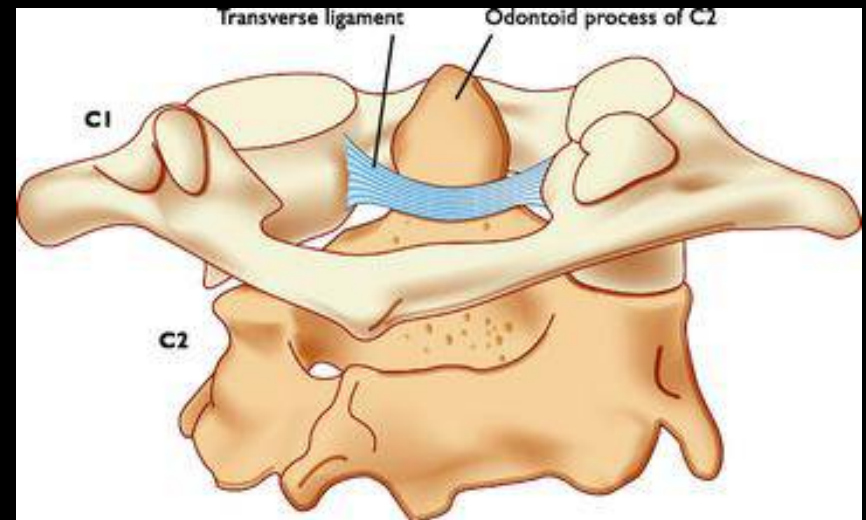
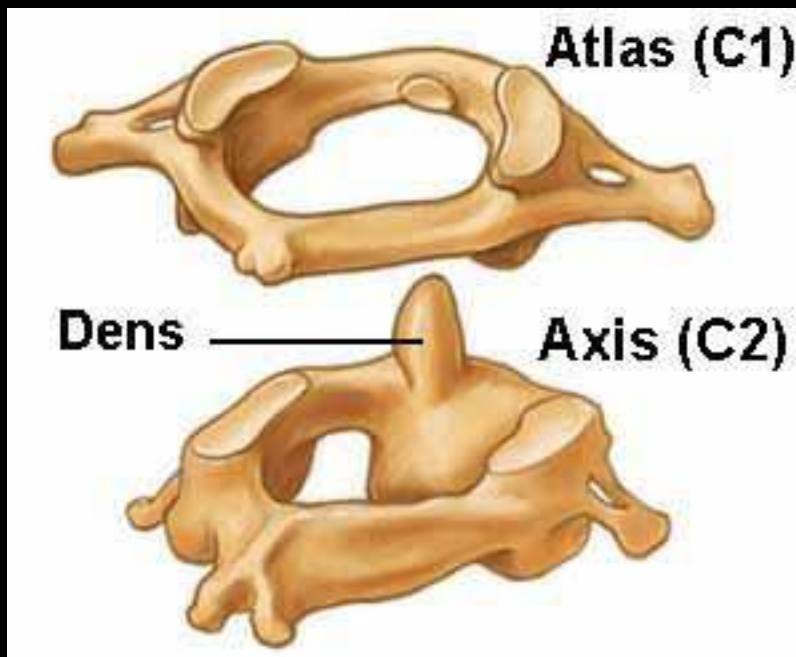




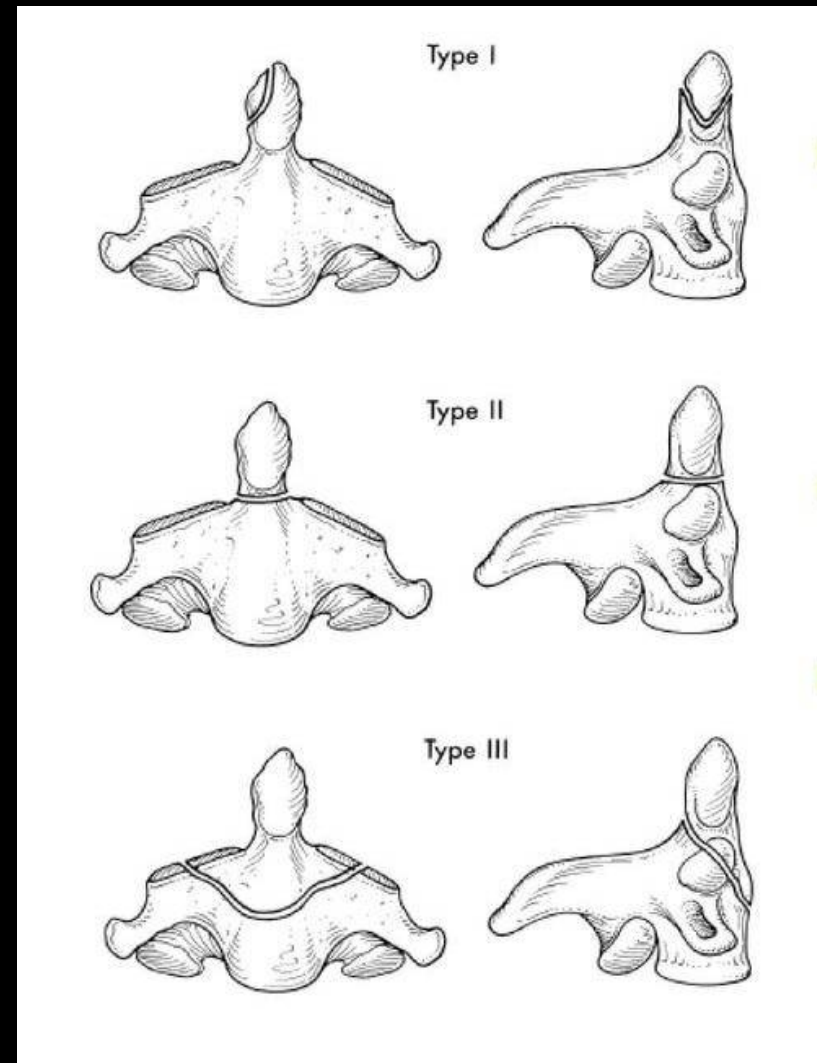
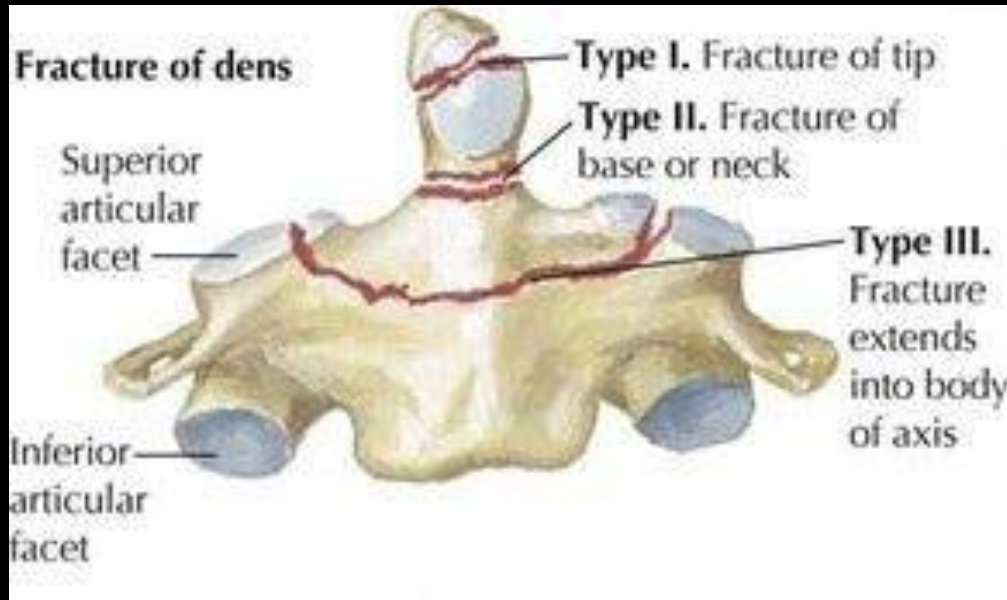
c 2

# Odontoid Fractures

The **odontoid** process, or dens, is the large ellipse of bone arising anteriorly from C2 (the **axis**) and projecting up through the ring of C1 (the **atlas**).

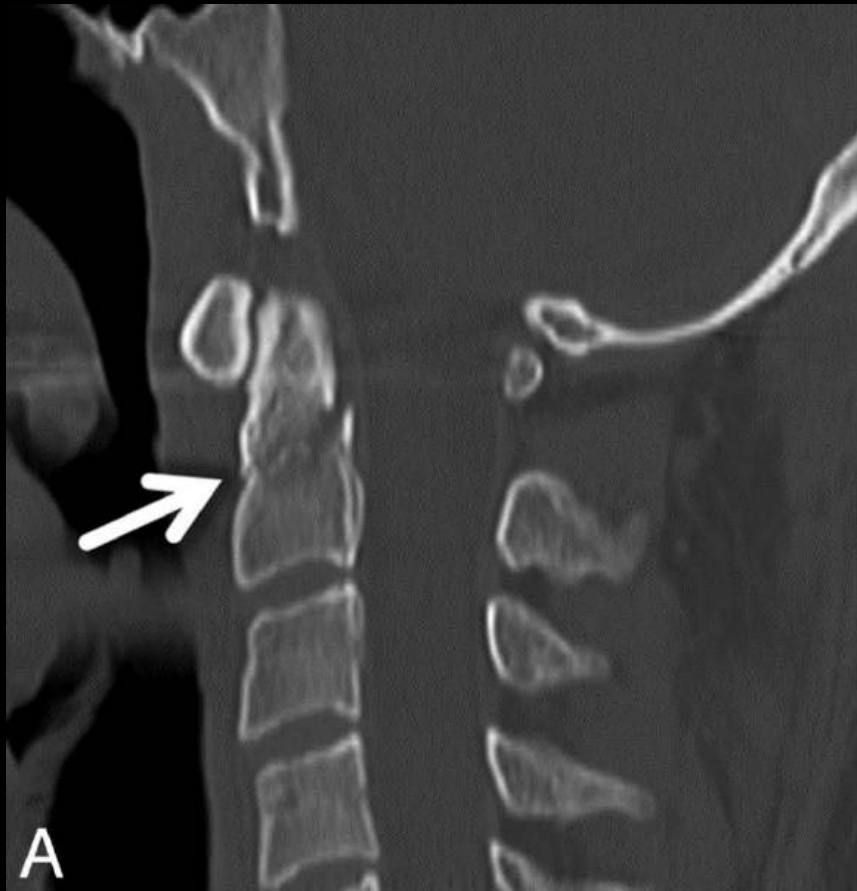


Odontoid fractures are classified as **type I, II, or III**. A type I fracture involves the tip only. A type II fracture passes through the base of the odontoid process. A type III fracture passes through the body of C2.



Type 1 odontoid fracture





**Type II**

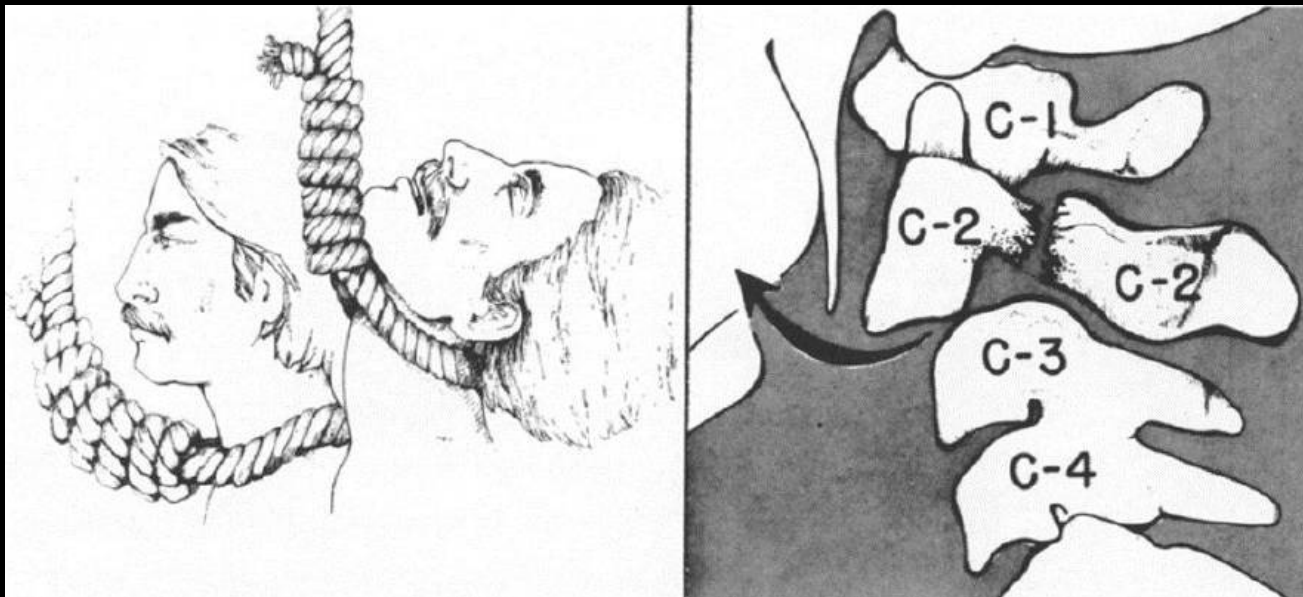




# Hangman's Fracture

# Hangman's Fracture

Traditionally considered a hyperextension/distraction injury from placement of the noose under the angle of the jaw, hangman's fractures also may occur with hyperextension/compression, as with diving accidents. The injury is defined by bilateral C2 pars interarticularis fractures. The **pars interarticularis** is the bone between superior and inferior facet joints. Thus, the posterior bony connection between C1 and C3 is lost.



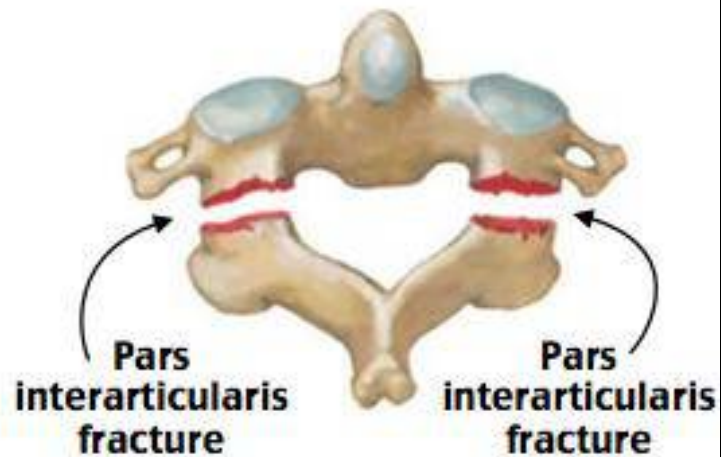


# Hangman Fracture

→ Traumatic spondylolisthesis of axis



Hyperextension



Pars  
interarticularis  
fracture

Pars  
interarticularis  
fracture

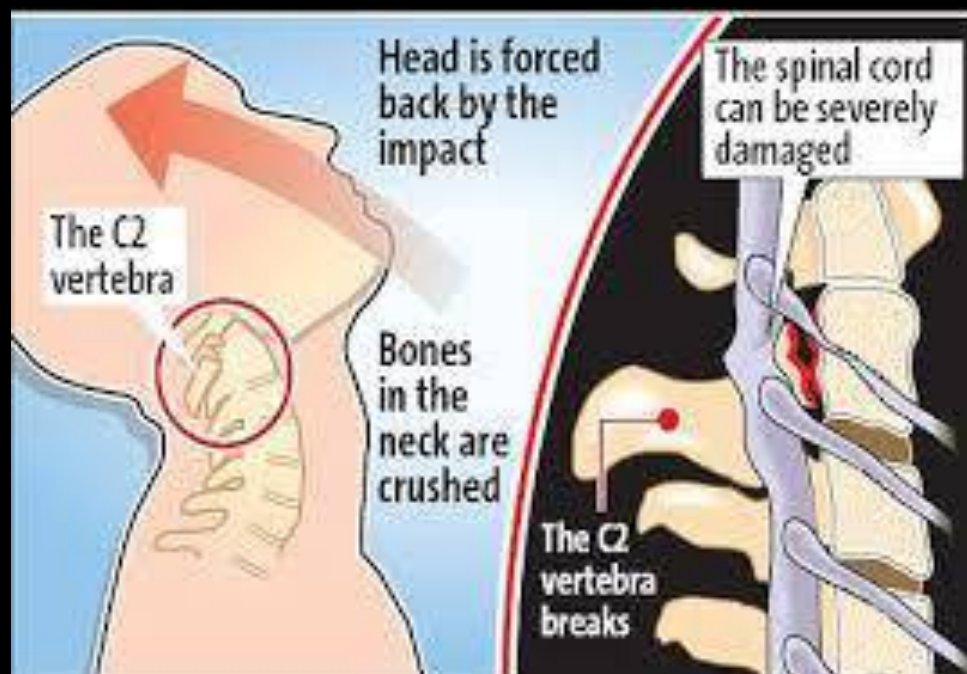


Judicial hangings

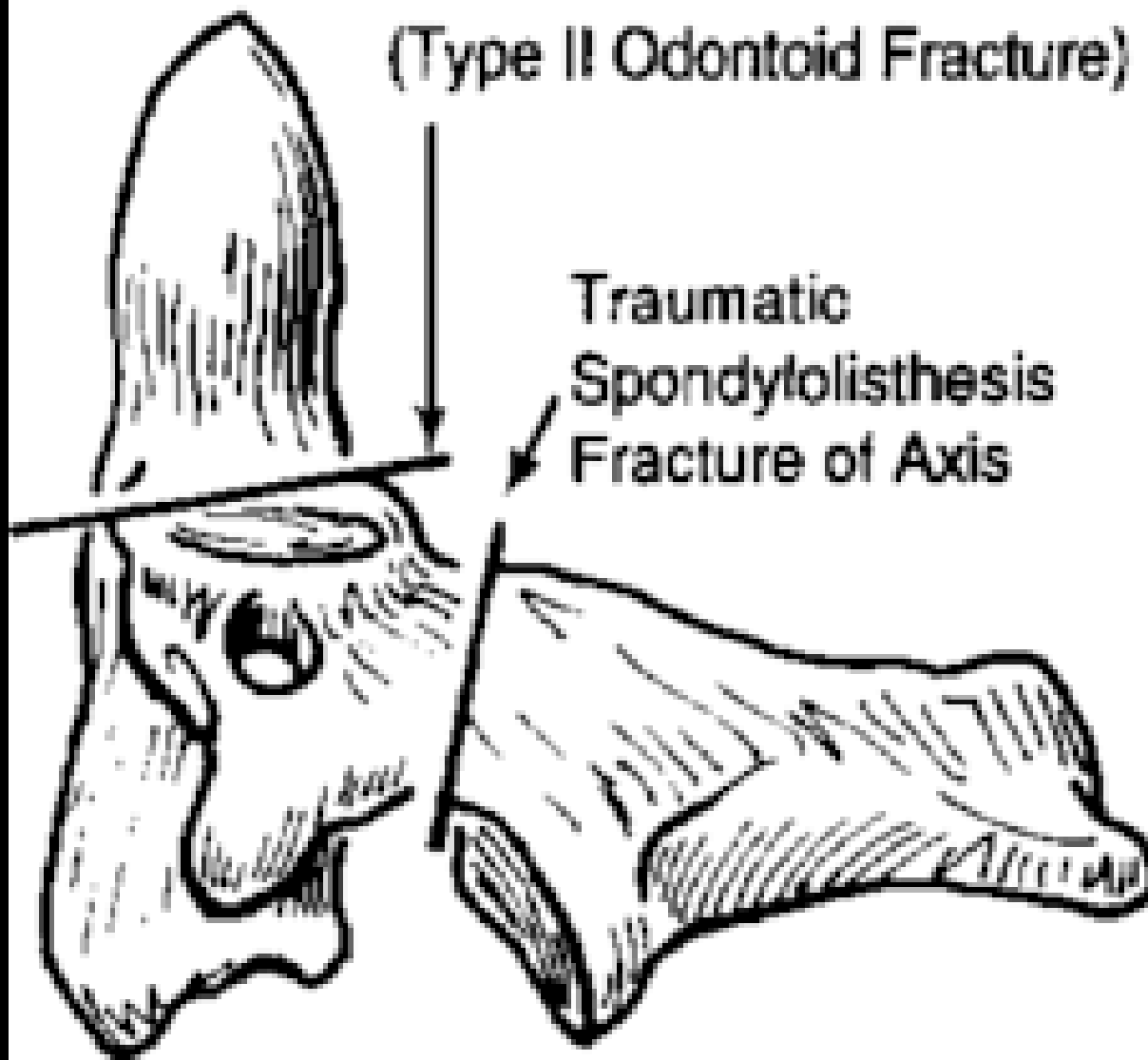


C2

Pars  
interarticularis  
fracture



Dens Fracture  
(Type II Odontoid Fracture)

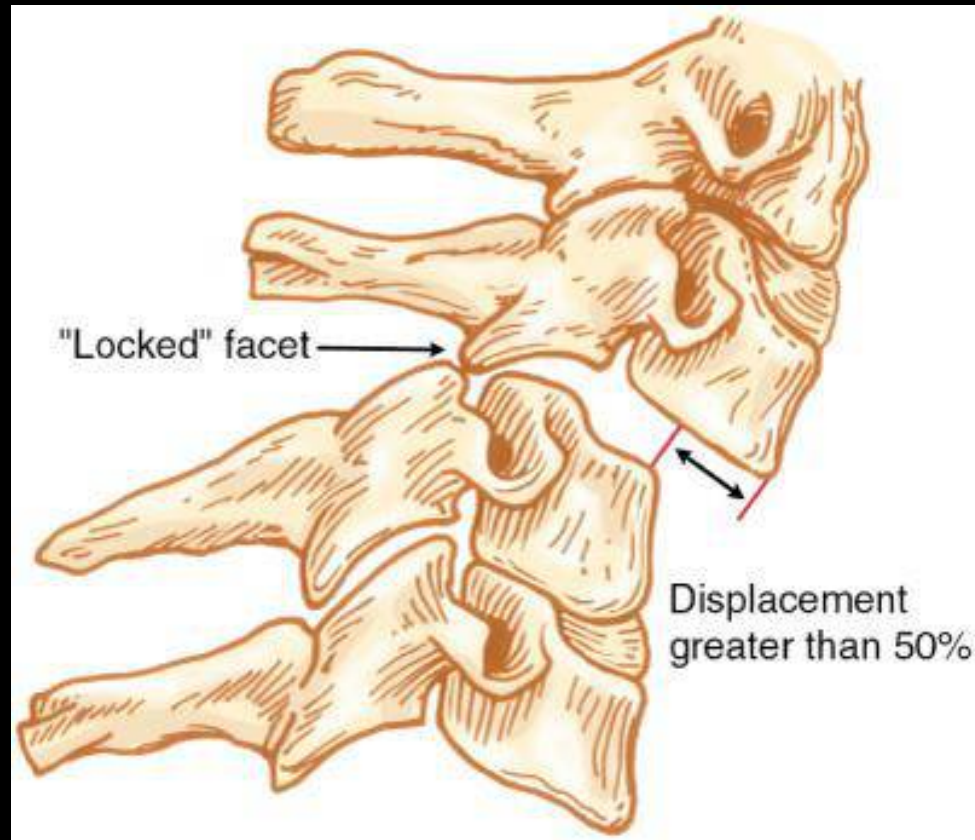






# Jumped Facets - Hyperflexion Injury

In a hyperflexion injury, the superior facet can “jump” over the inferior facet of the level above if the joint capsule is torn.



Sensation 16

Ex: 1

SAGITAL MPR 3MIN

Se: 603/6

Im: 4/19

Sag: L14.6 (COI)

Acc:

2006 Dec 28

Acq Tm: 22:17:26.345709

PRE-CONTRAST

Tilt: 512 x 512

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A<sub>R</sub>

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120.0 kV

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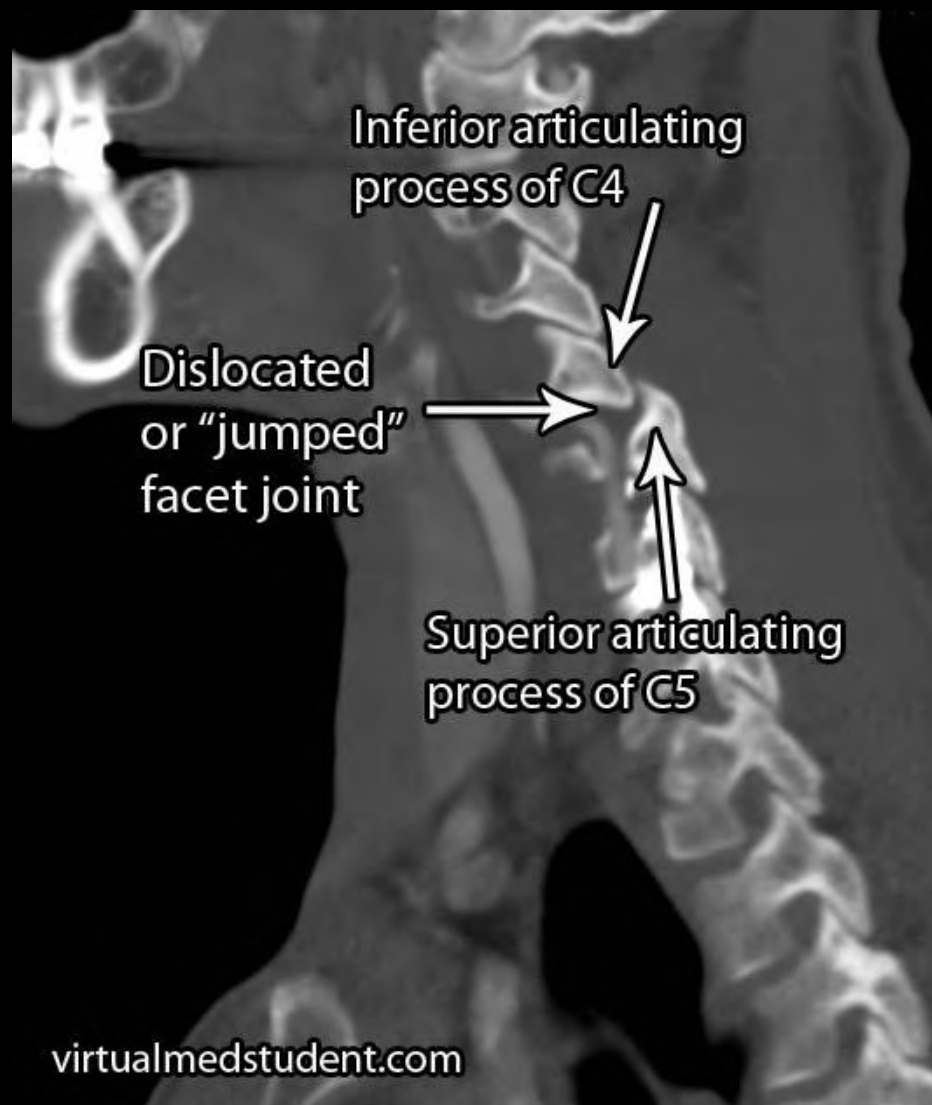
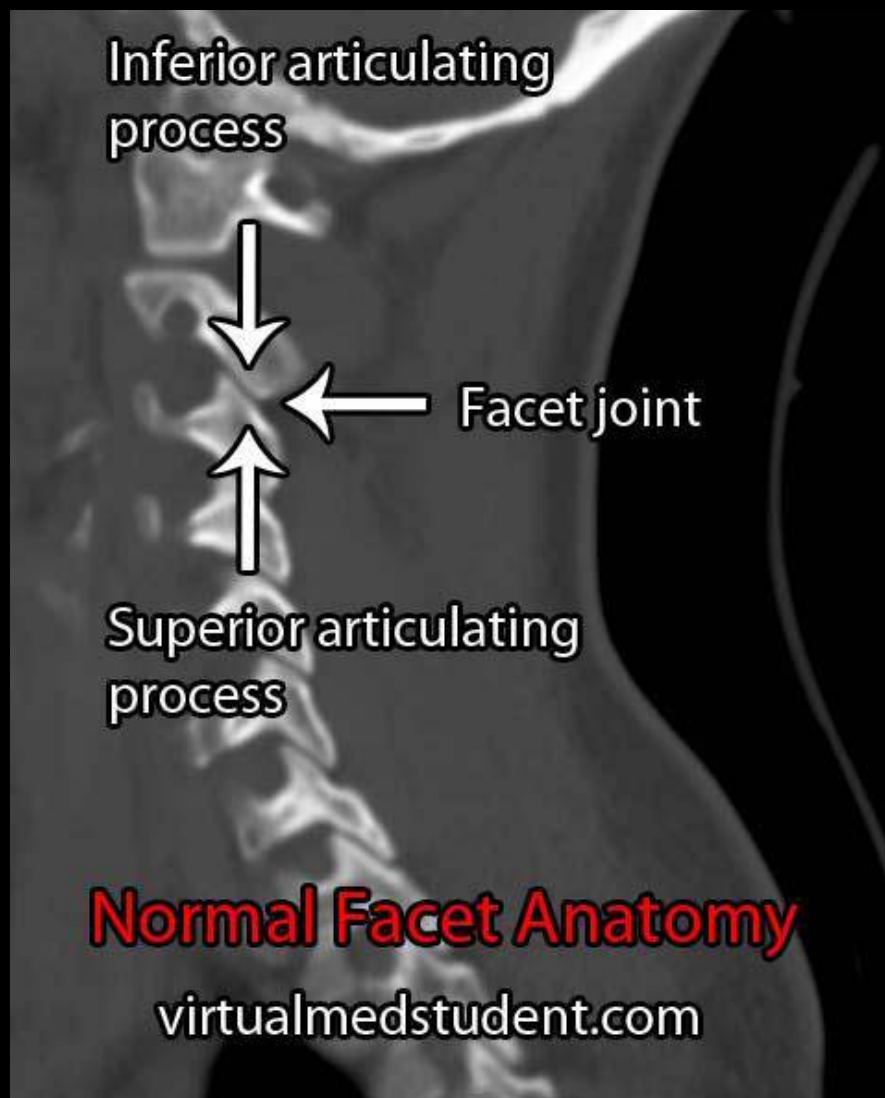
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W:1500 L:450

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DFOV: 13.5 x 13.5cm















**Patients with unilateral injury usually are neurologically intact.**

**Those with bilateral injury, however, typically suffer from spinal cord damage, since the anteroposterior diameter of the spinal canal is compromised by bilateral injury, leading to spinal cord compression.**

# **Thoracolumbar Injury**

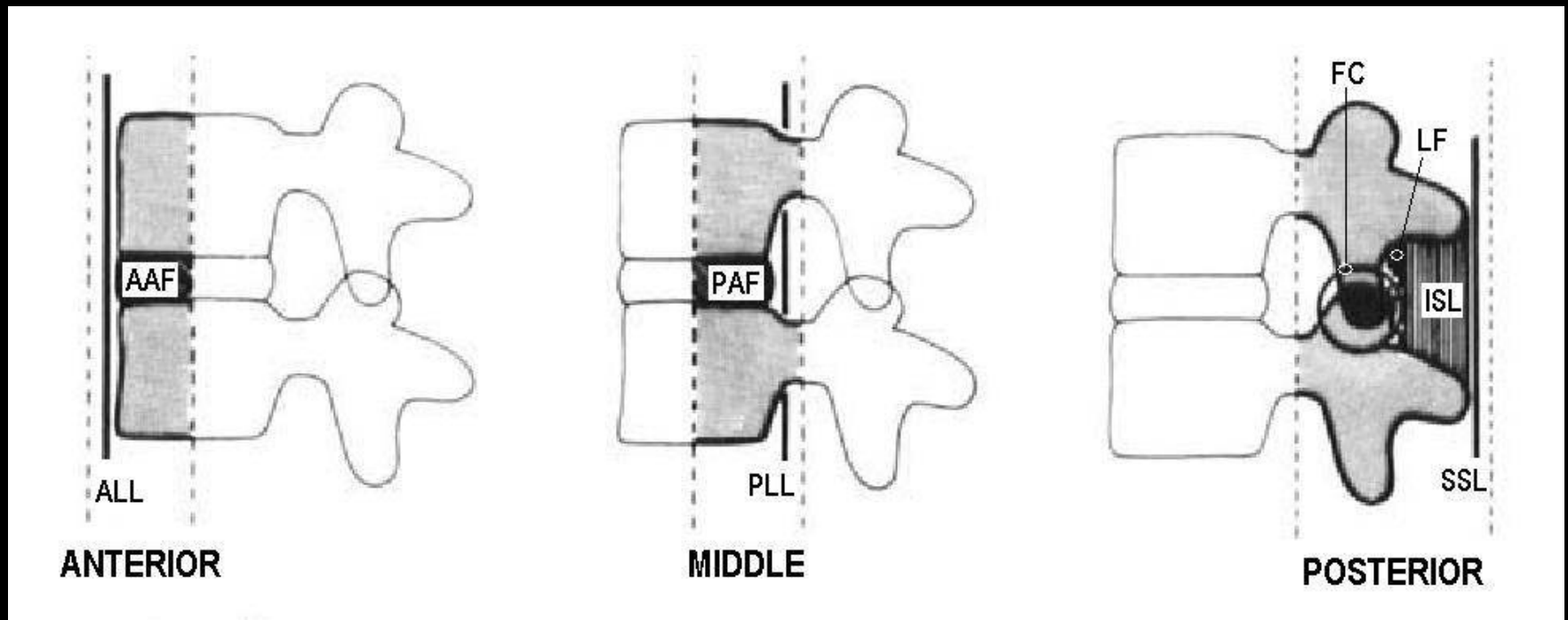
# Francis Denis



French origin US orthopedic surgeon (1946 ). He is well known for his three-column injury concept, some spine-related scales and classification system for spinal trauma.

# Denis' Three-column model

A **three-column model** is useful for categorizing thoracolumbar injuries. The anterior longitudinal ligament and the anterior half of the vertebral body constitute the anterior column. The posterior half of the vertebral body and the posterior longitudinal ligament constitute the middle column. The pedicles, facet joints, laminae, spinous processes, and interspinous ligaments constitute the posterior column.

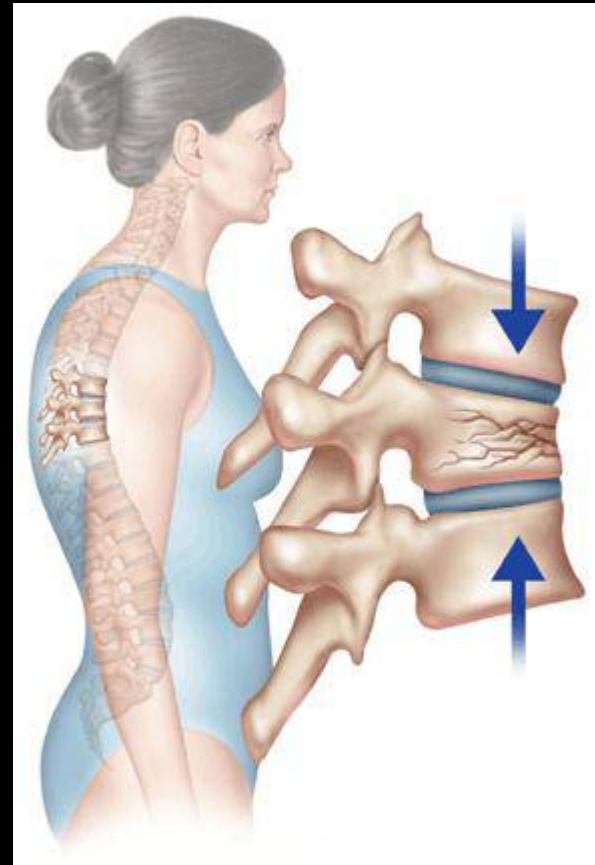
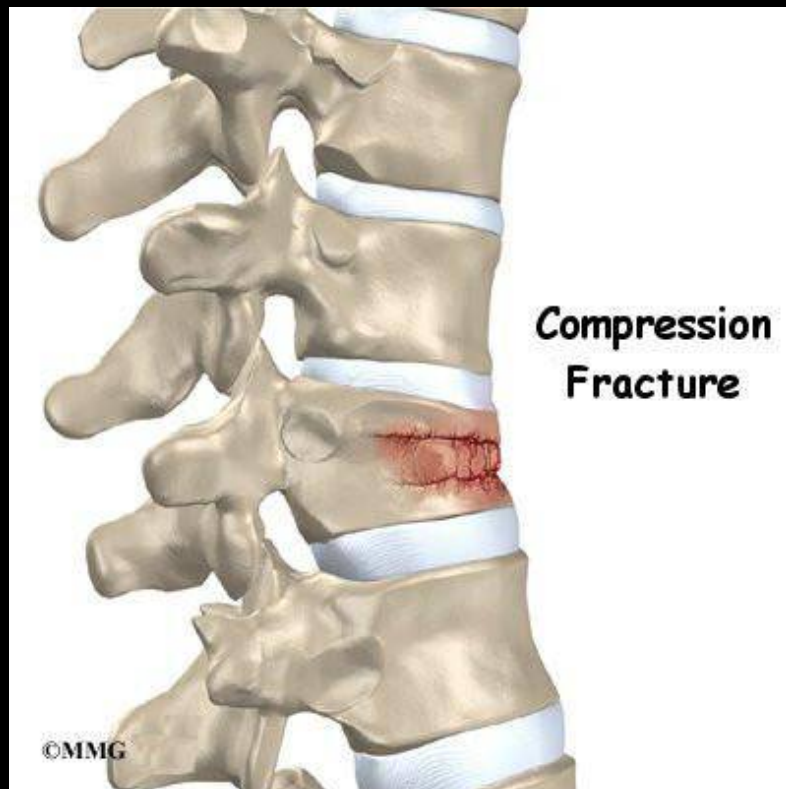


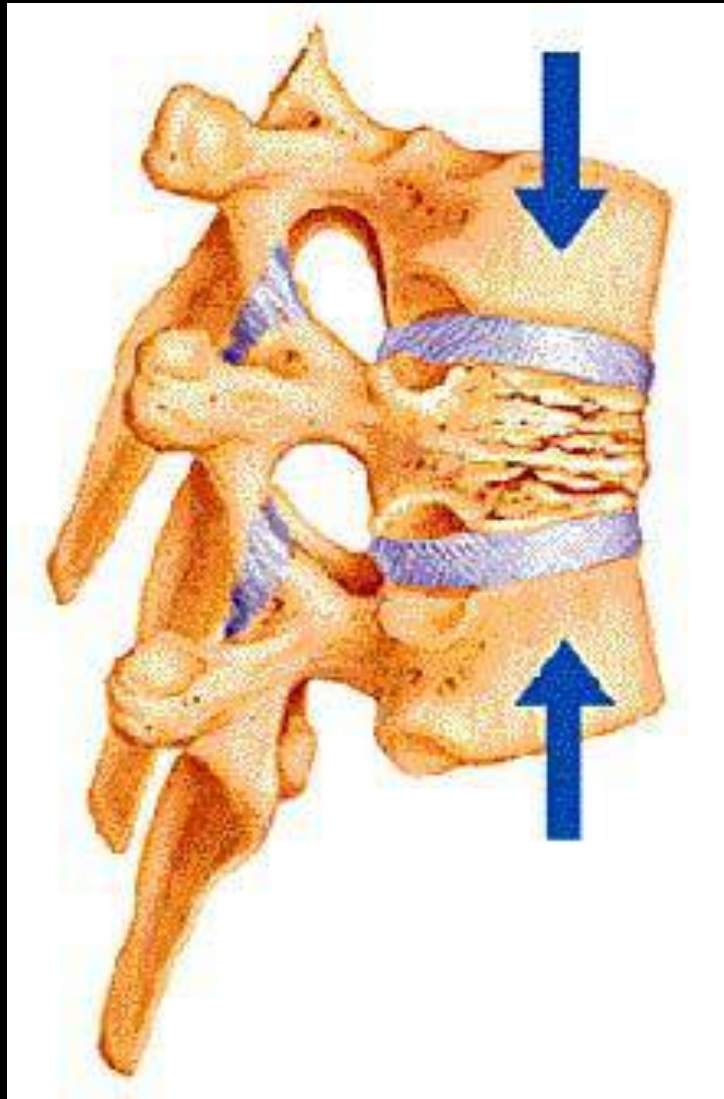




# Compression Fracture

Compression fracture is a compression/flexion injury causing failure of the anterior column only. **It is stable and not associated with neurologic deficit**, although the patient may still have significant pain.

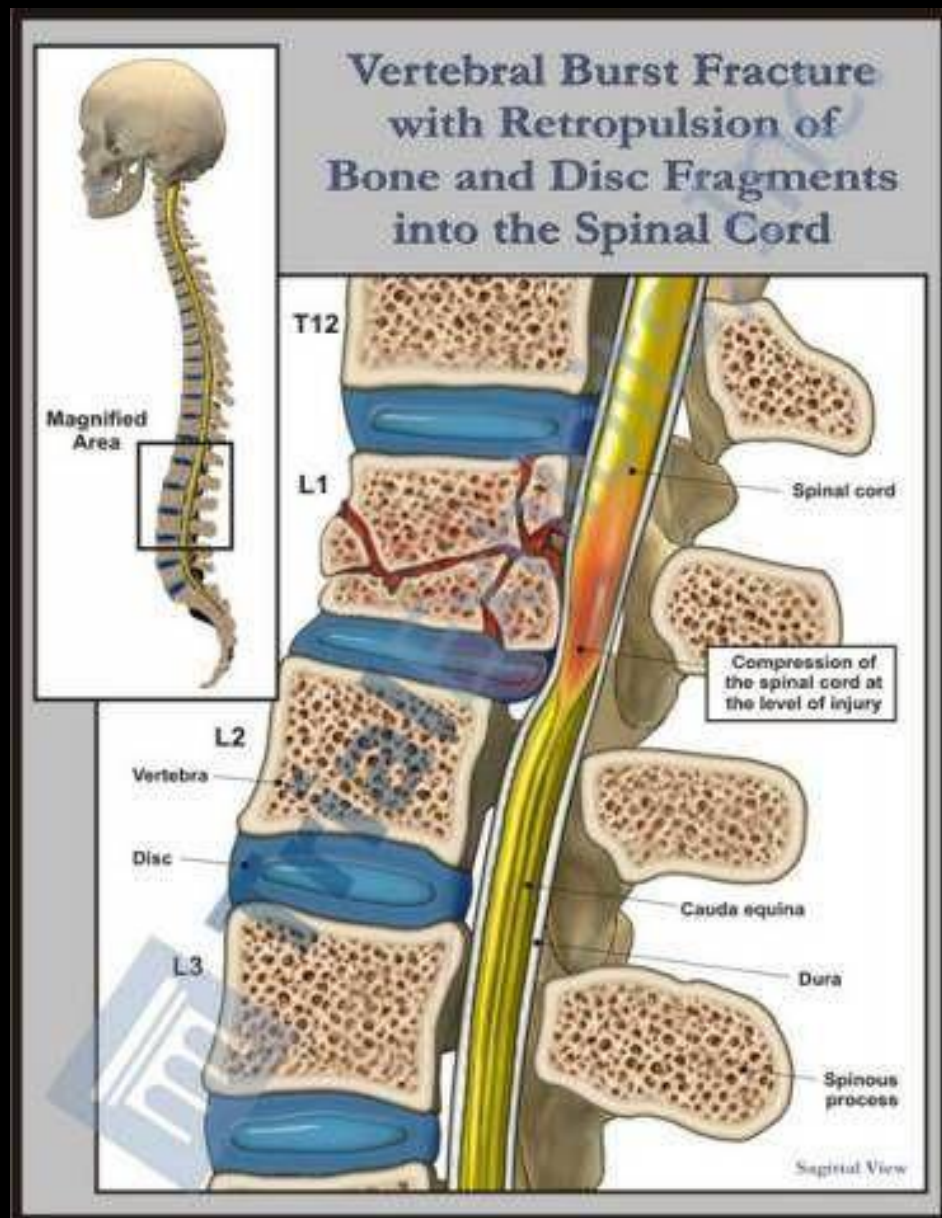


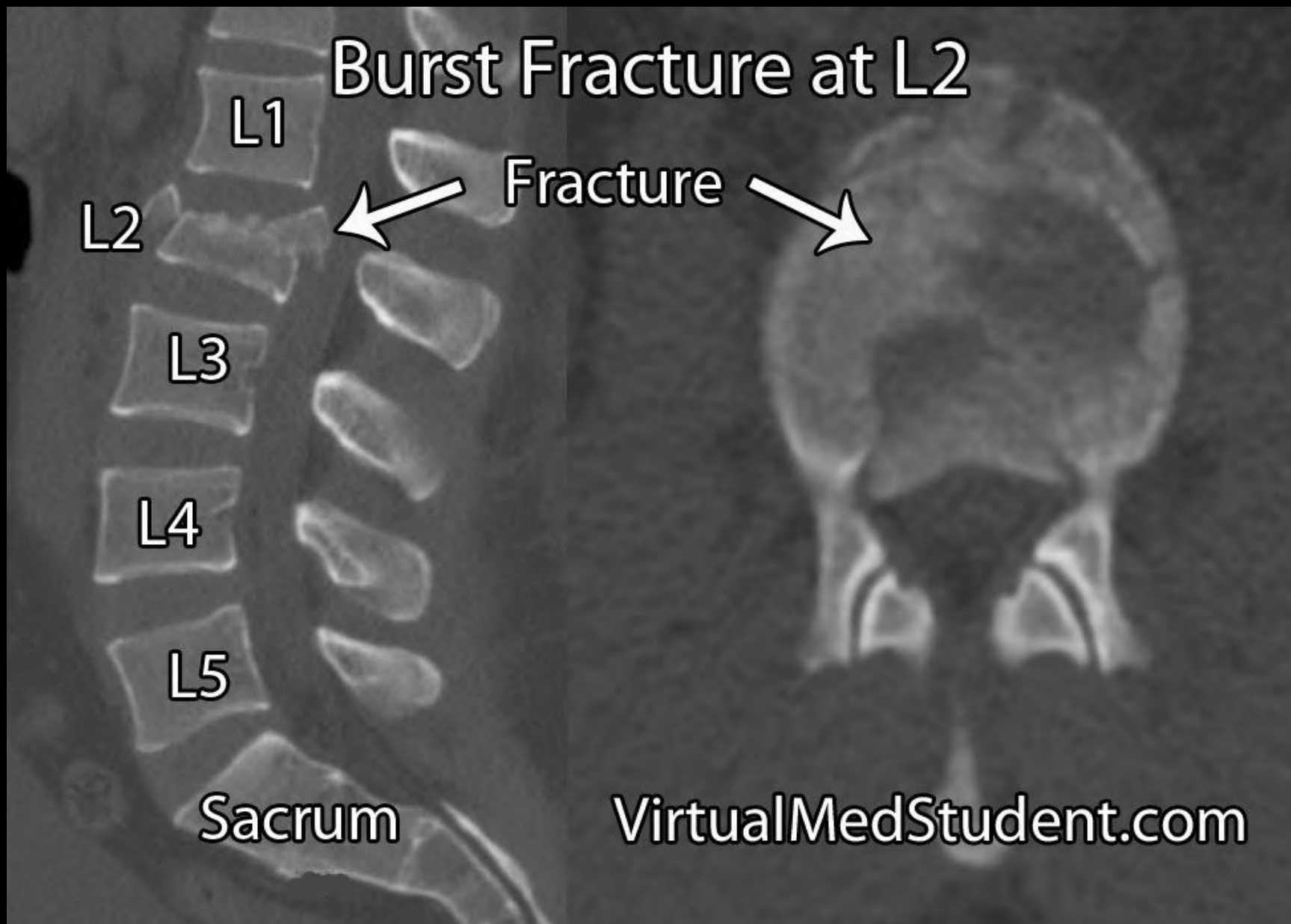




# Burst Fracture

Burst fracture is a pure axial compression injury causing failure of the anterior and middle columns. **It is unstable**, and perhaps half of patients have neurologic deficit due to compression of the cord or cauda equina from bone fragments retropulsed into the spinal canal.











A

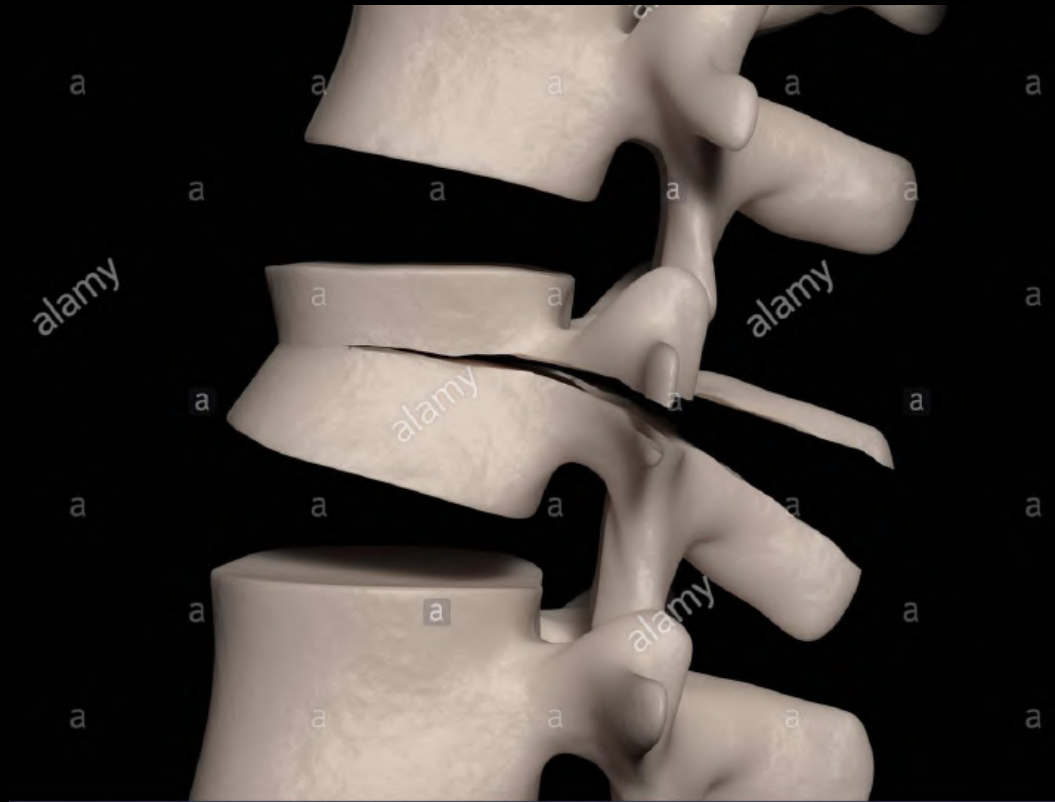
B





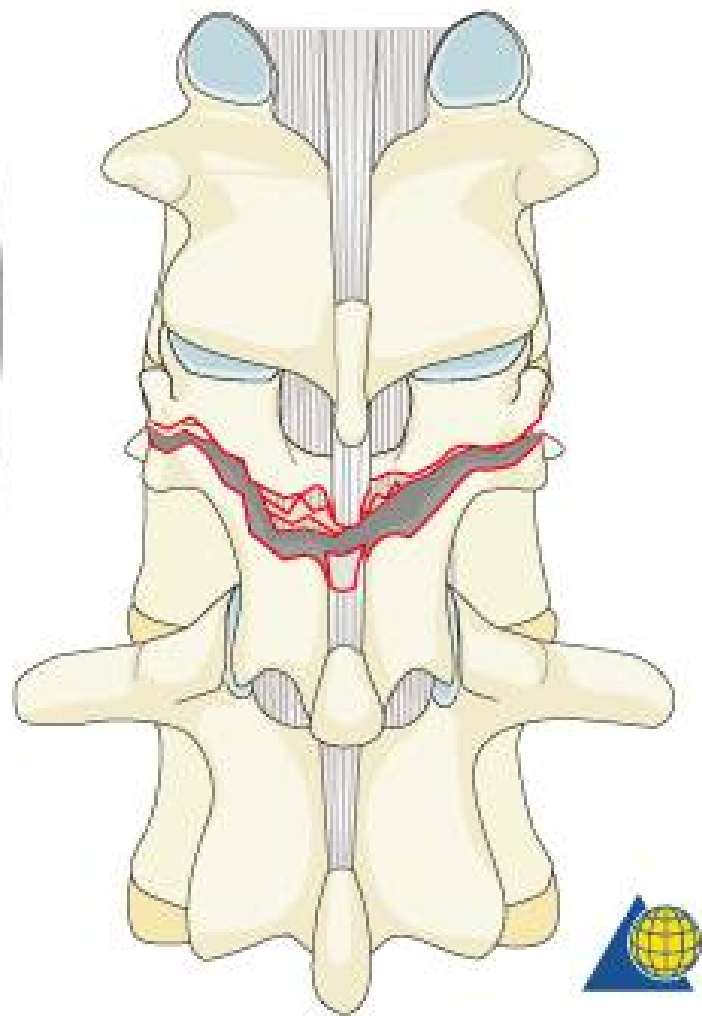
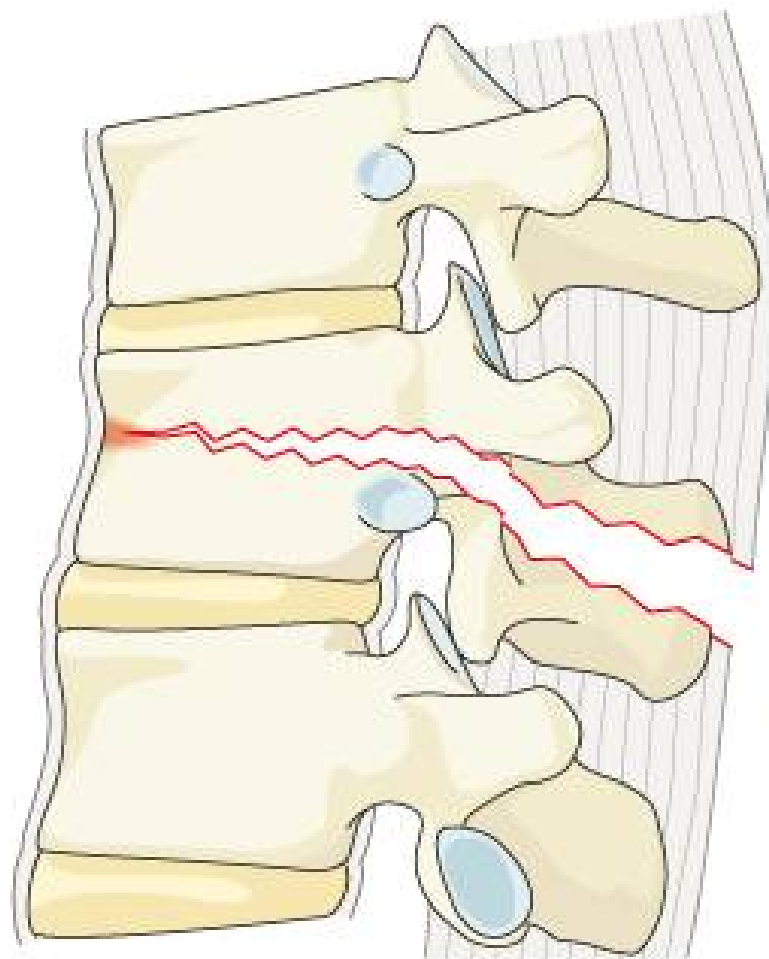
# Chance Fracture

Chance fracture is a flexion-distraction injury causing failure of the **middle and posterior** columns, sometimes with anterior wedging.



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It was first described by George Quentin Chance, a radiologist from Manchester, UK, in 1948.





Typical injury is from a **lap seat-belt** hyperflexion with associated abdominal injury. It often is unstable and associated with neurologic deficit.







## WHAT COULD HAPPEN IN A CRASH WHEN YOU ARE STRAPPED IN USING A LAP BELT

In a crash, a lap belt would cause the body to be propelled forward and jackknifed over the safety strap, causing serious abdominal and spinal injuries. The lap belt has been associated with injuries to the vertebrae, liver, spleen, bladder, intestines, kidneys and the spinal cord, which can cause paralysis.



The impact during a collision will cause the head to strike the front seat, or thrown forward and possibly impact the floor, causing head, or facial injuries.



The ensuing whiplash, where the body is thrown back into the seat, could snap the victim's neck.



## **BELT UP! HOW PASSENGERS IN THE MIDDLE BACK SEAT SHOULD BE STRAPPED IN USING THE THREE-POINT BELT SYSTEM**

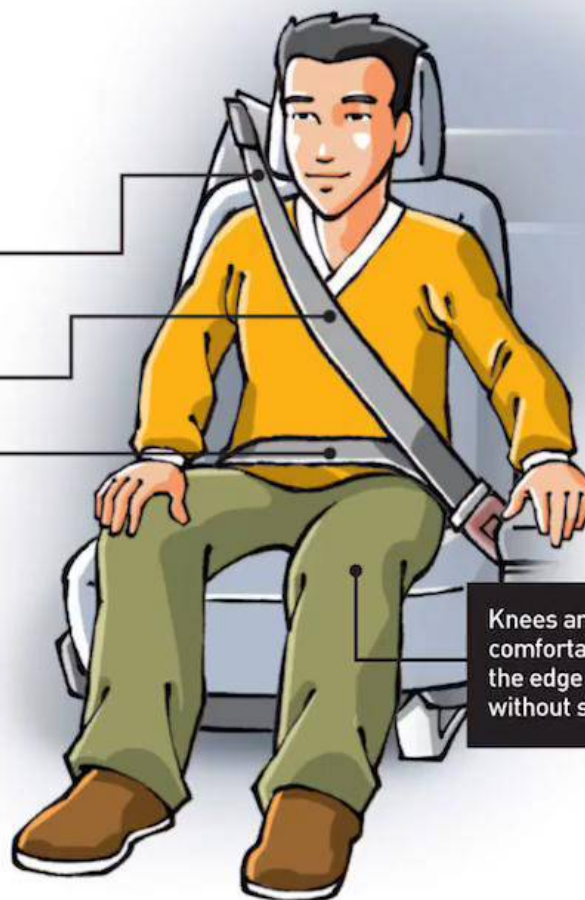
The lap belt should be placed over the hip bones. The soft belly is not strong enough to withstand the forces in a crash and the strap would cut through the belly, all the way to the spinal cord.

Shoulder belt rests between shoulder and neck.

Shoulder belt crosses centre of chest.

Lap belt rests across the tops of the thighs.

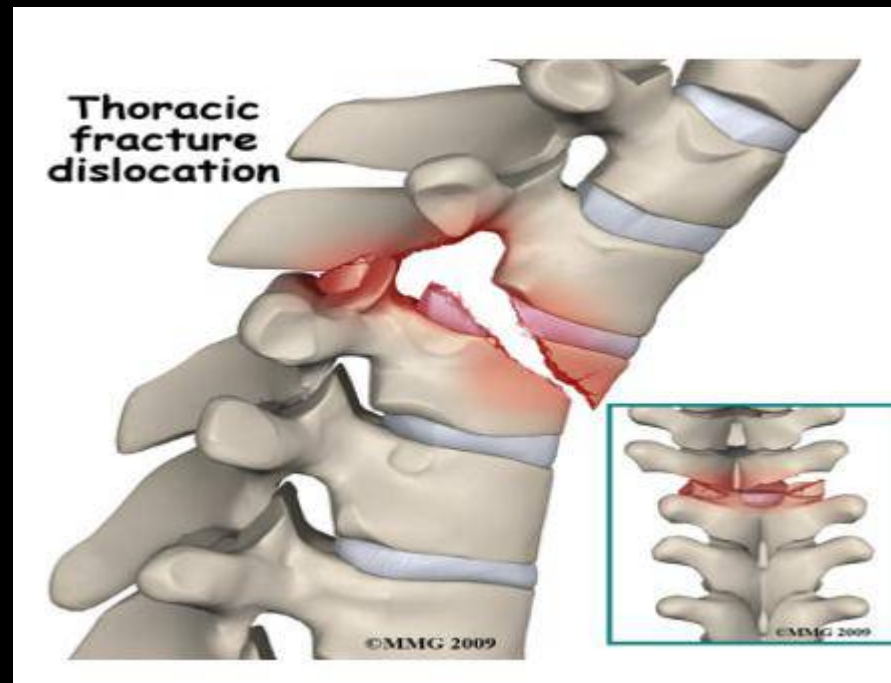
Knees are bent comfortably over the edge of the seat without slouching.

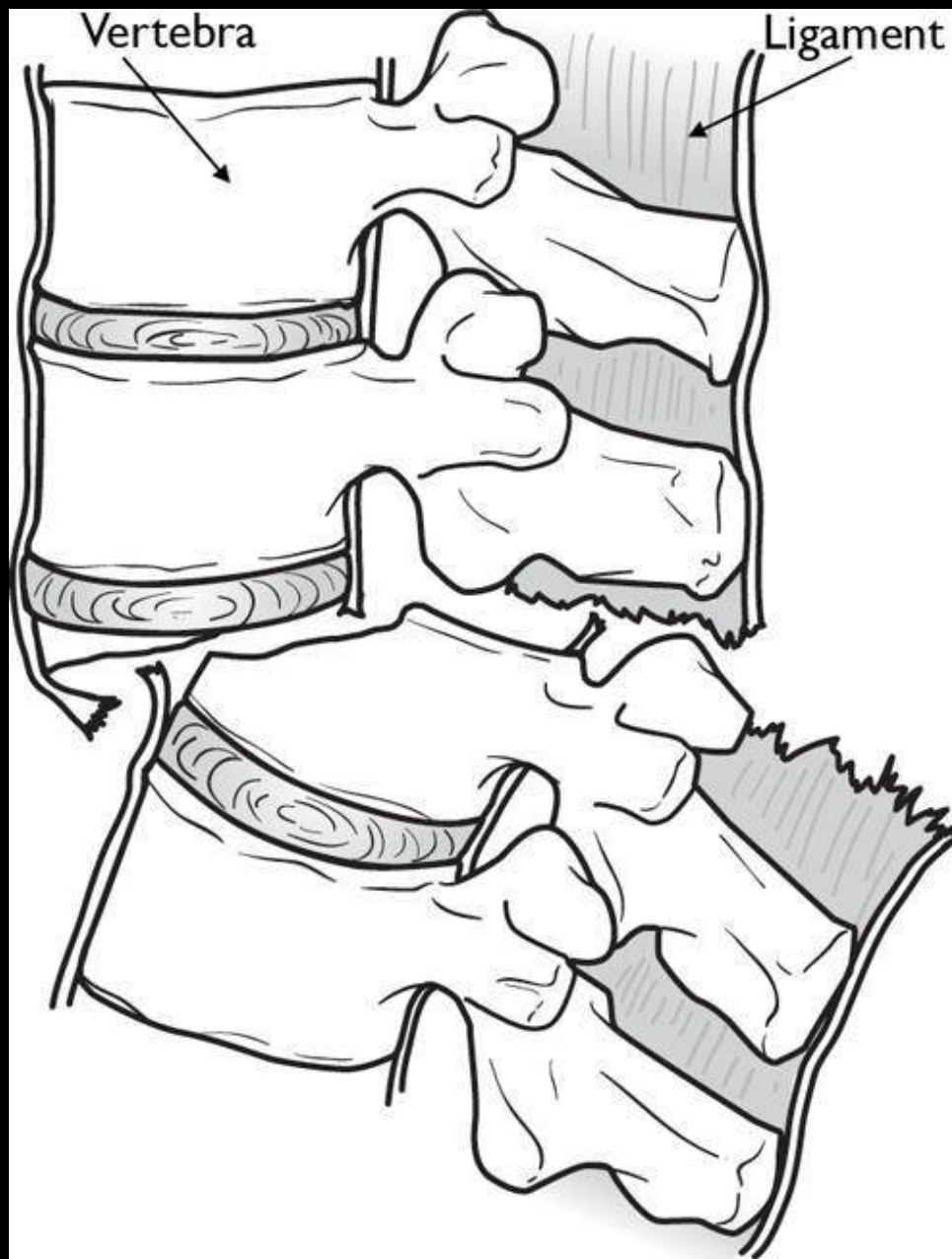


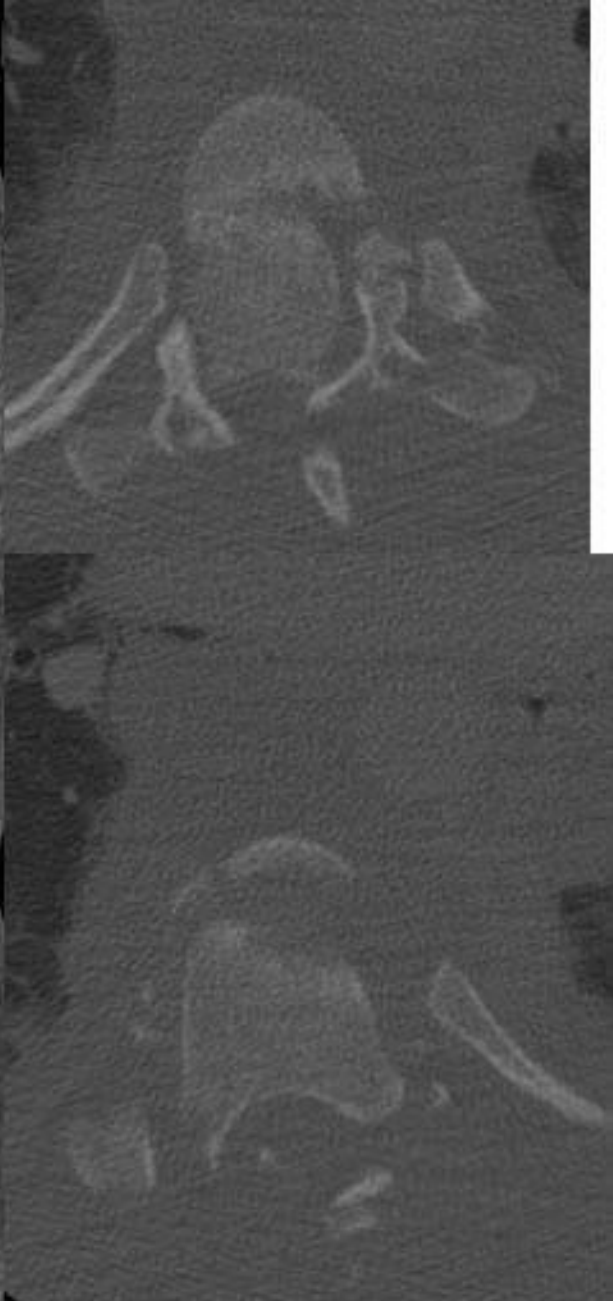


# Fracture-Dislocation

Fracture-dislocation is failure of **the anterior, middle, and posterior** columns caused by flexion/distraction, shear, or compression forces. Neurologic deficit can result from retropulsion of middle column bone fragments into the spinal canal, or from subluxation causing decreased canal diameter .





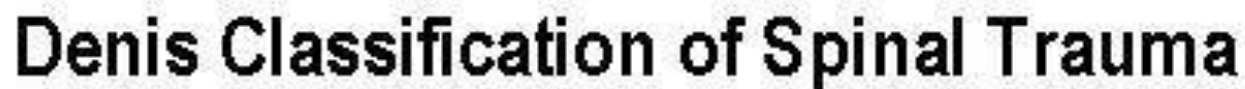


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# Denis Classification of Spinal Trauma



## Major Injuries

COMPRESSION

BURST

SEAT-BELT-TYPE

FRACTURE-DISLOCATION

## Minor Injuries

transverse processes fx

articular process fx

pars interarticularis fx

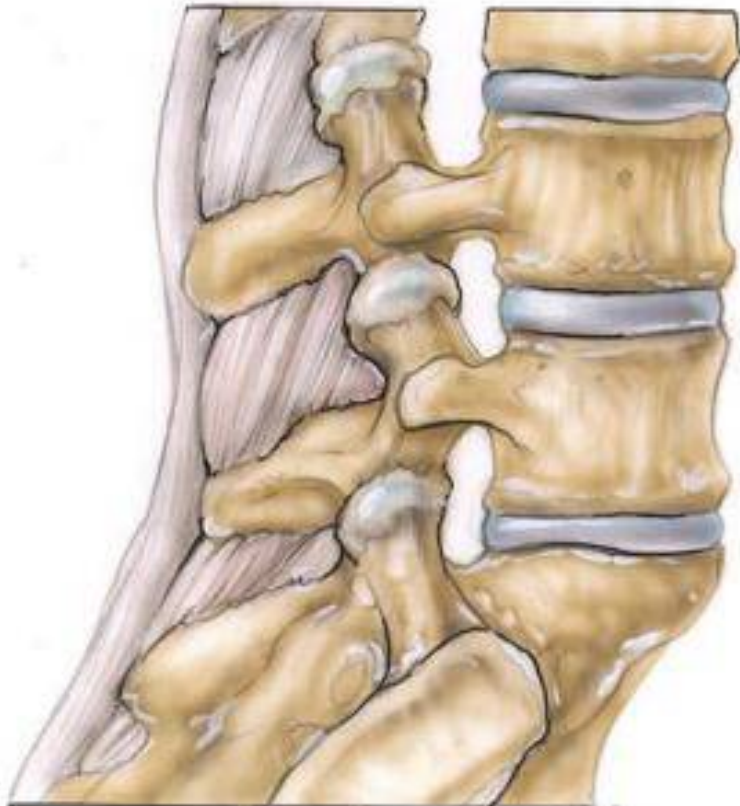
spinous process fx



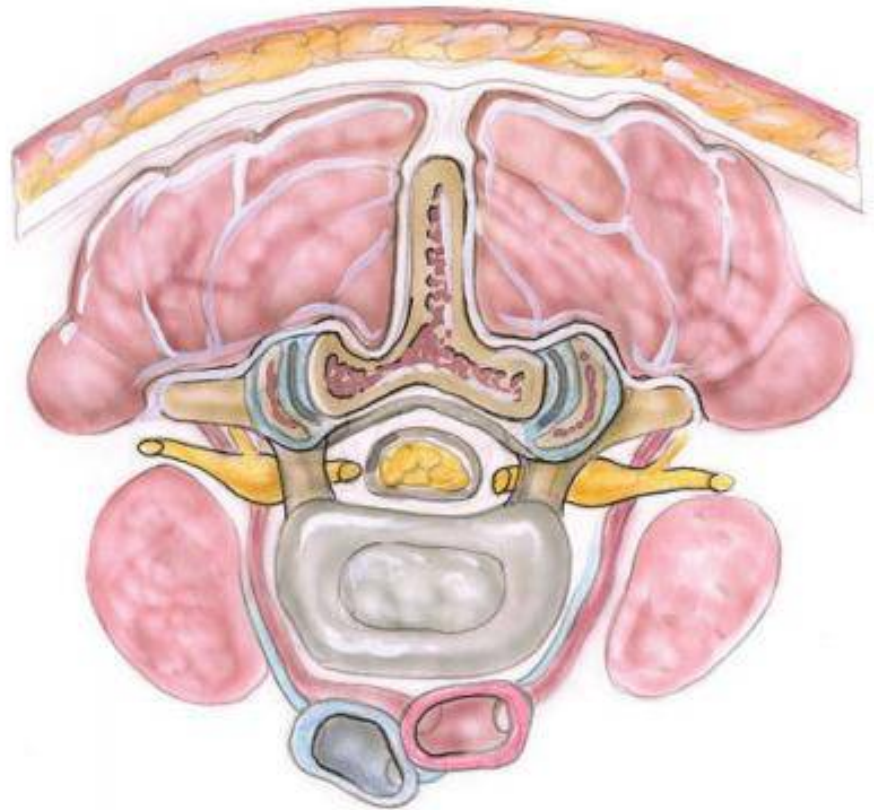
# **Lumbar Laminectomy**





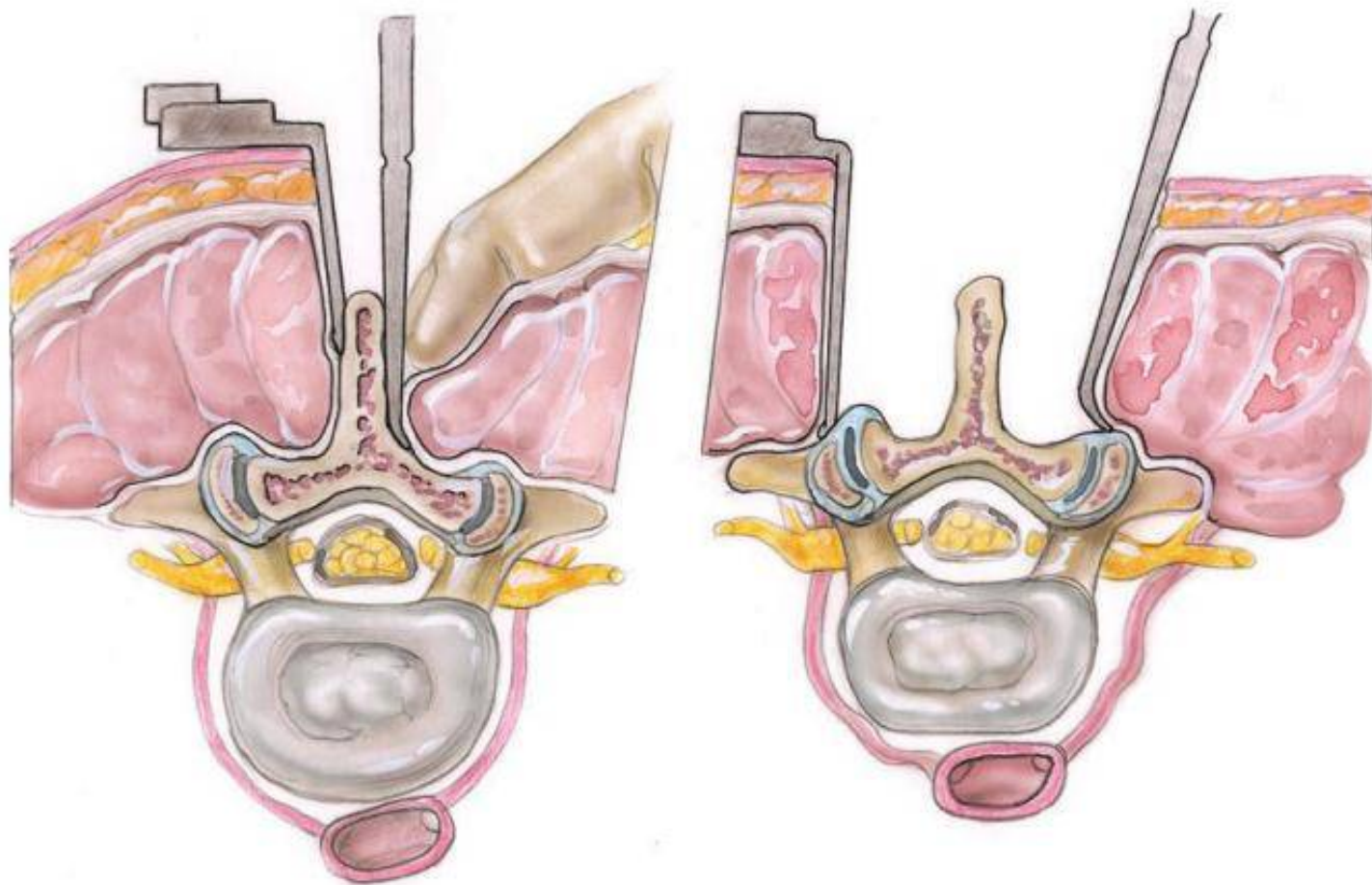


tail

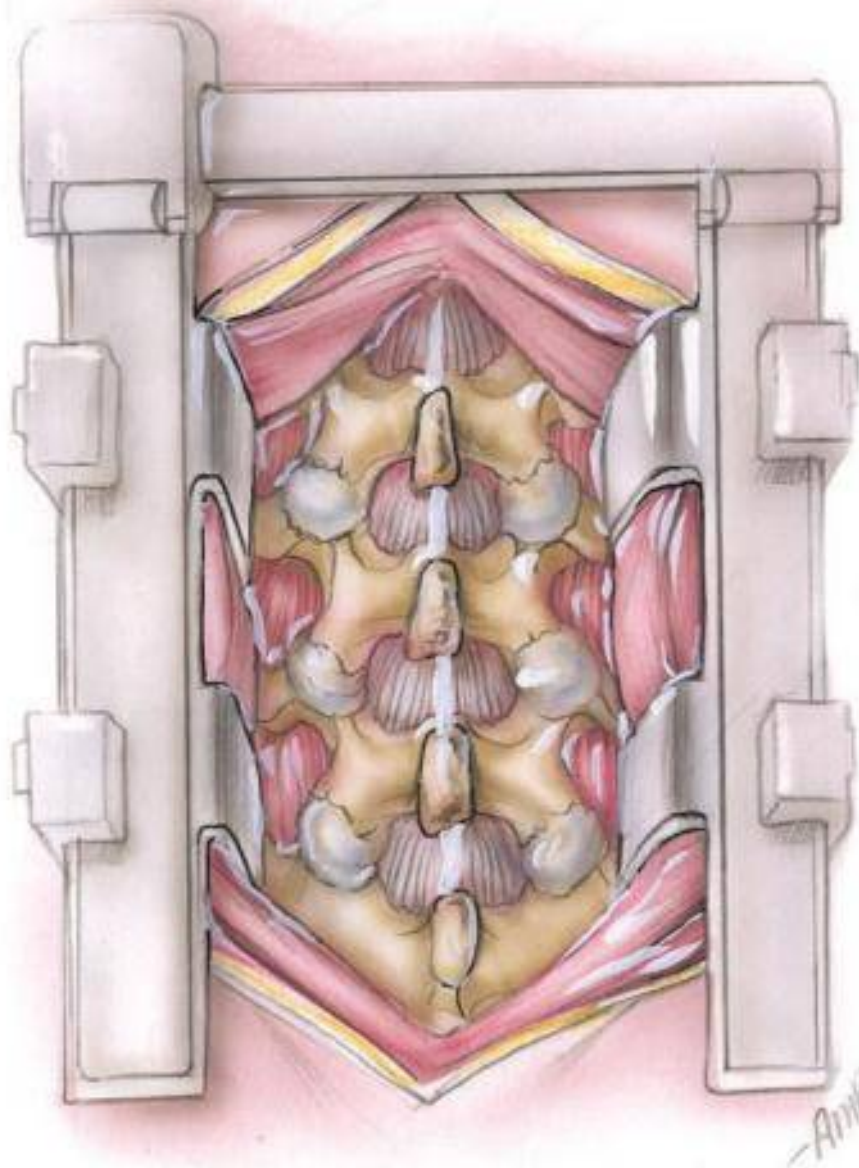


**Fig. 90.4** Anatomic location of the deep paraspinal musculature in the L5-S1 region.

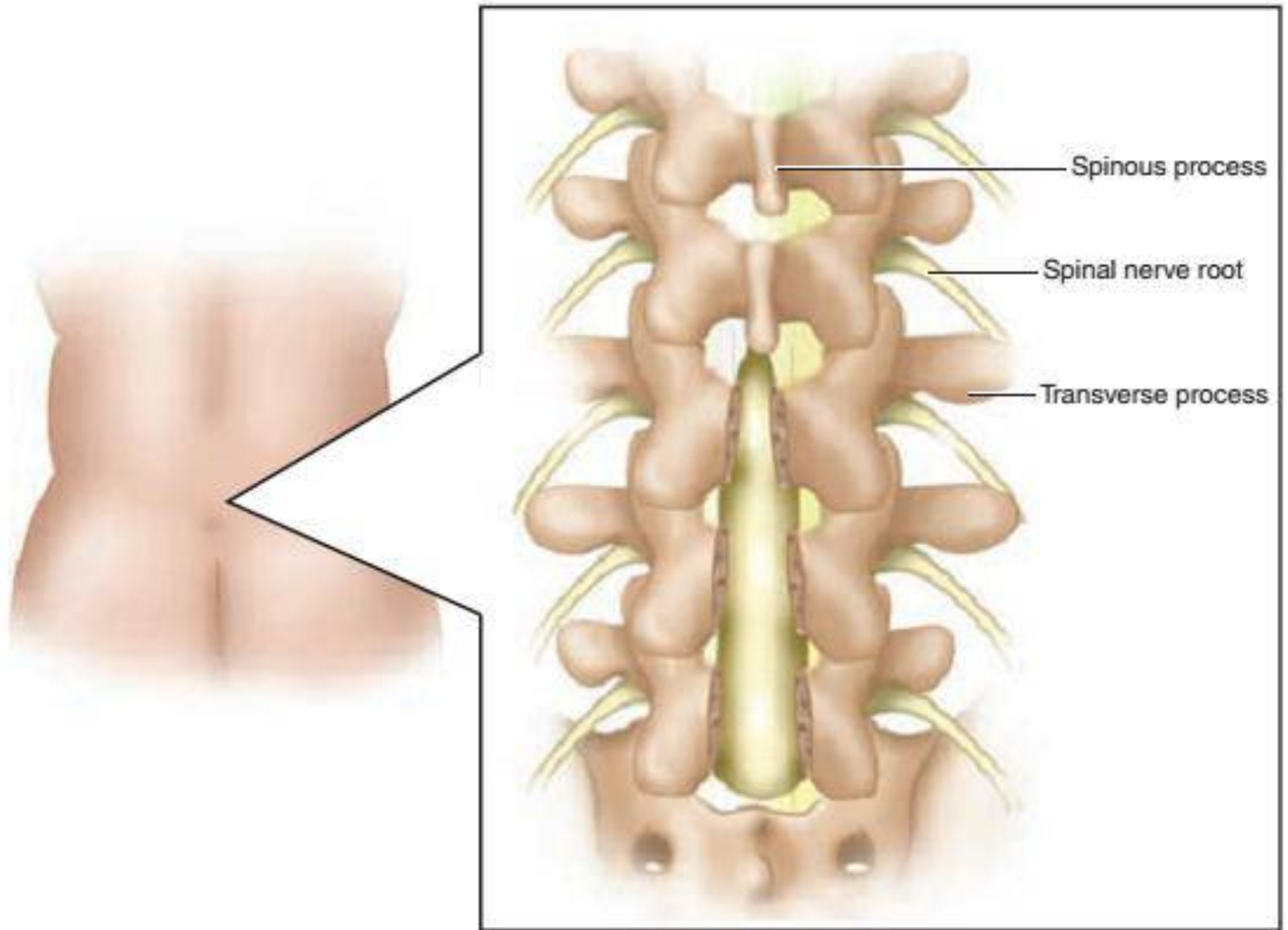


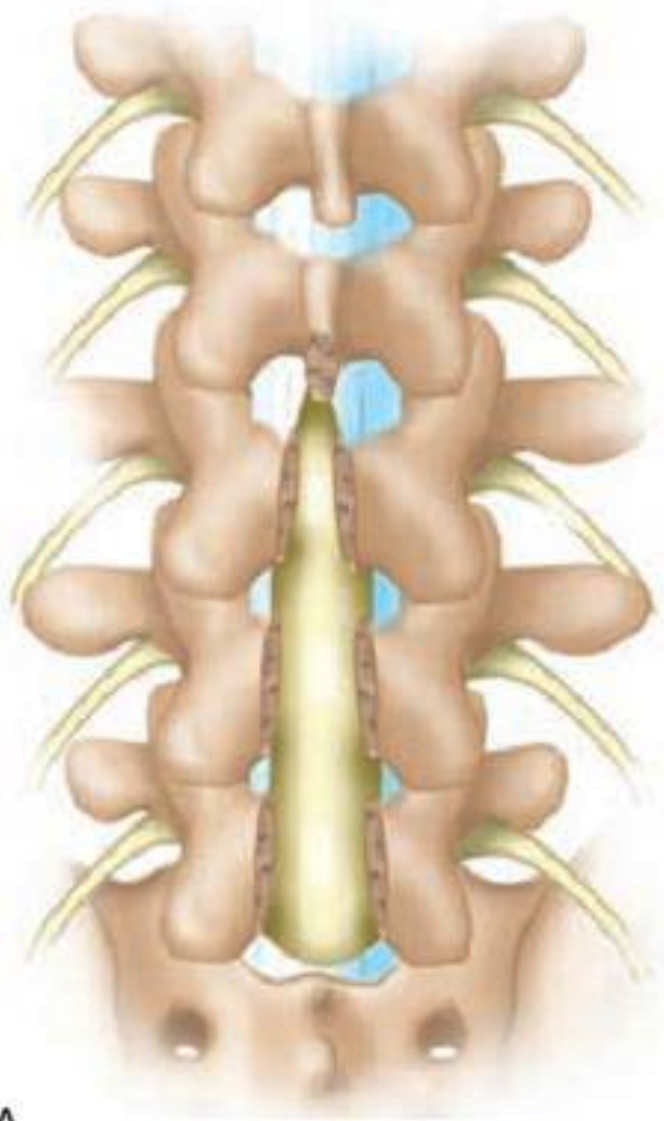


**Fig. 90.5** (a) The paraspinal muscles are stripped superficial to deep from their attachment locations on the periosteum. (b) The laminar attachments are swept from medial to lateral to expose the facet.

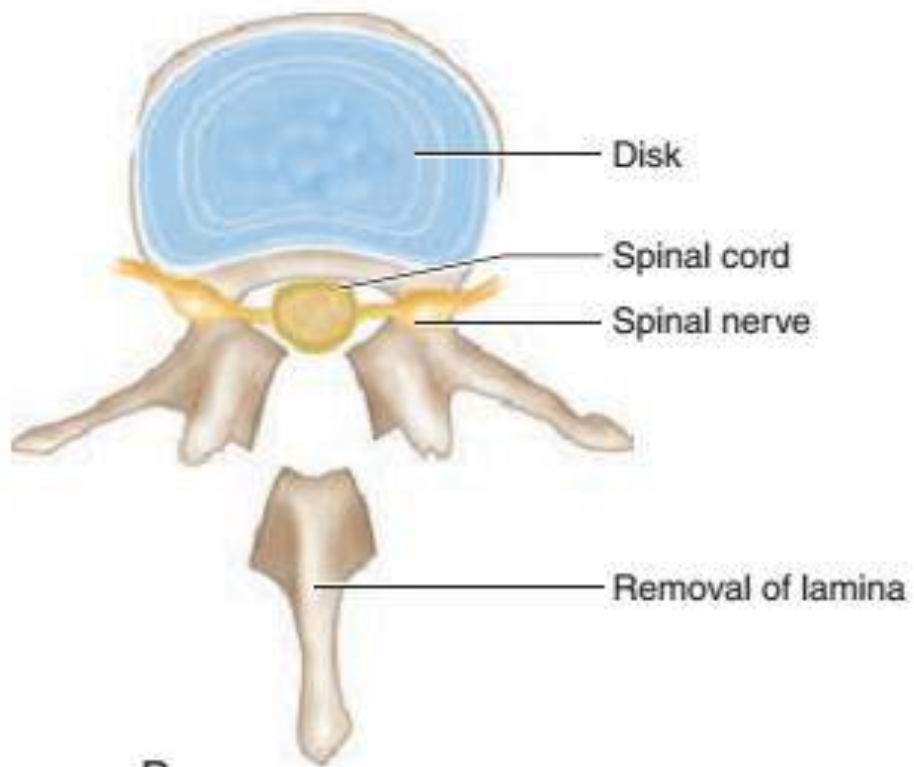


**Fig. 90.6** After dissection and retraction of the paraspinal muscles, a full view of the dorsal aspect of the lumbar spine is available.





A



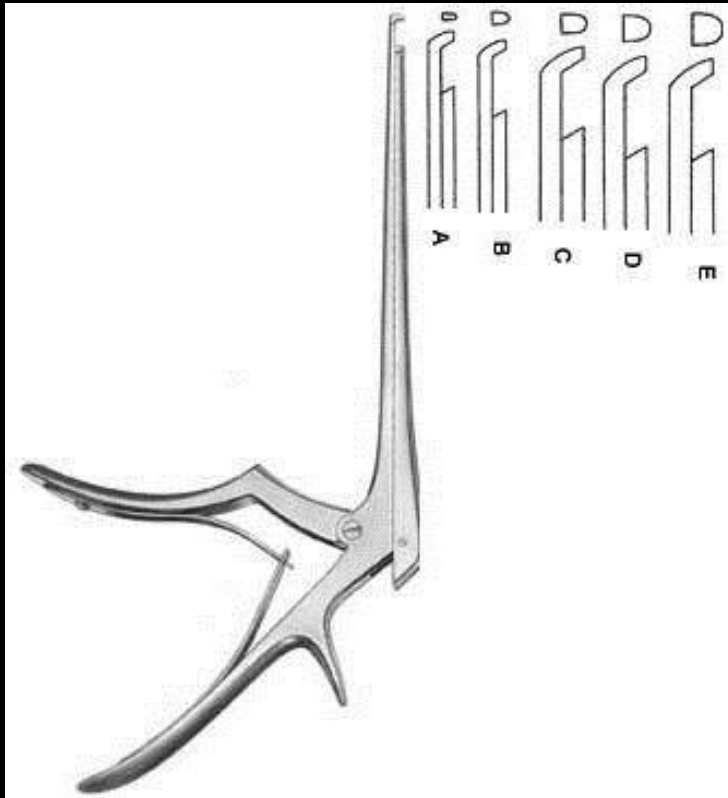
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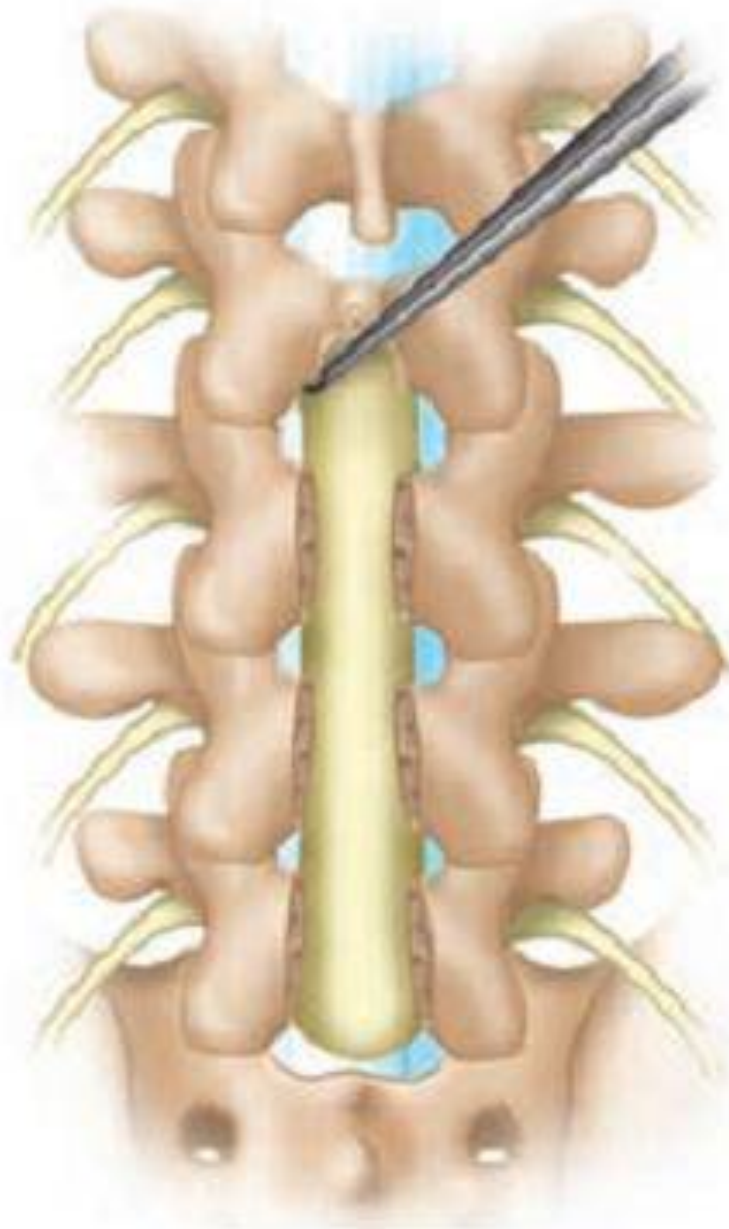
**FIGURE 70-3**



# Kerrison Punch

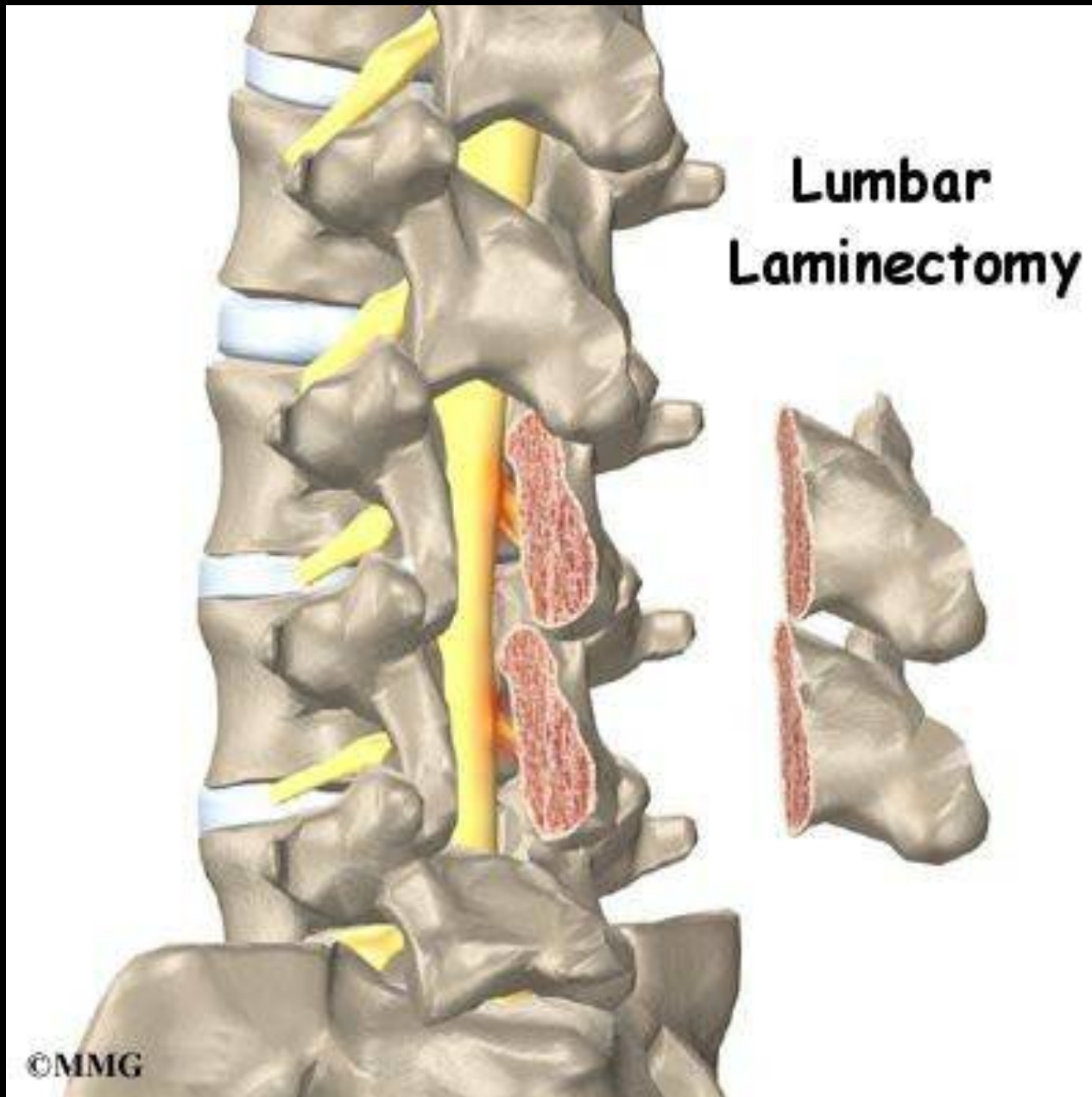
**Kerrison punch** is surgical instrument surgeons may use and is designed to cut bones. The hard metal surface has a sharp notched end that allows smooth cuts during spinal or neurosurgery.







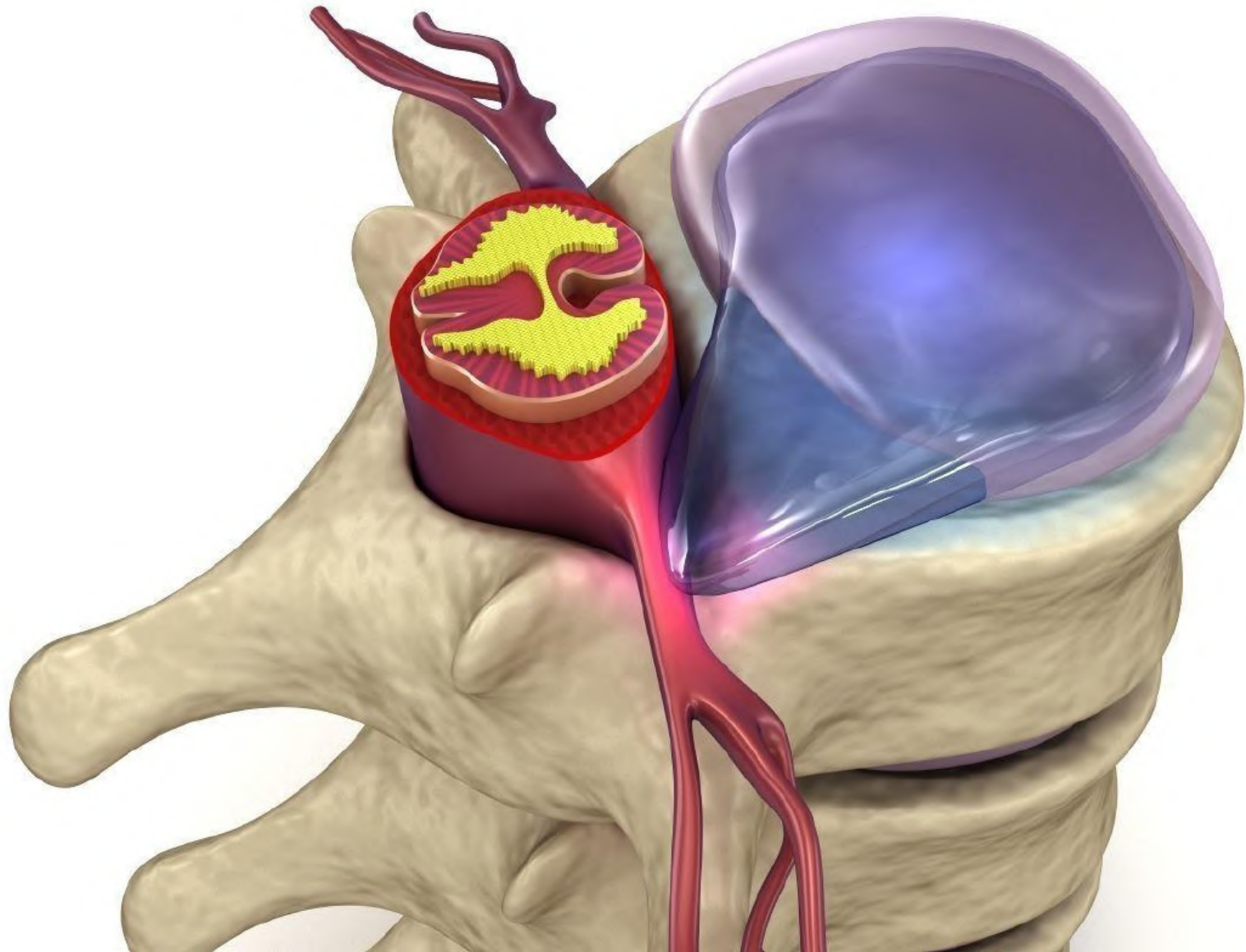
## Lumbar Laminectomy





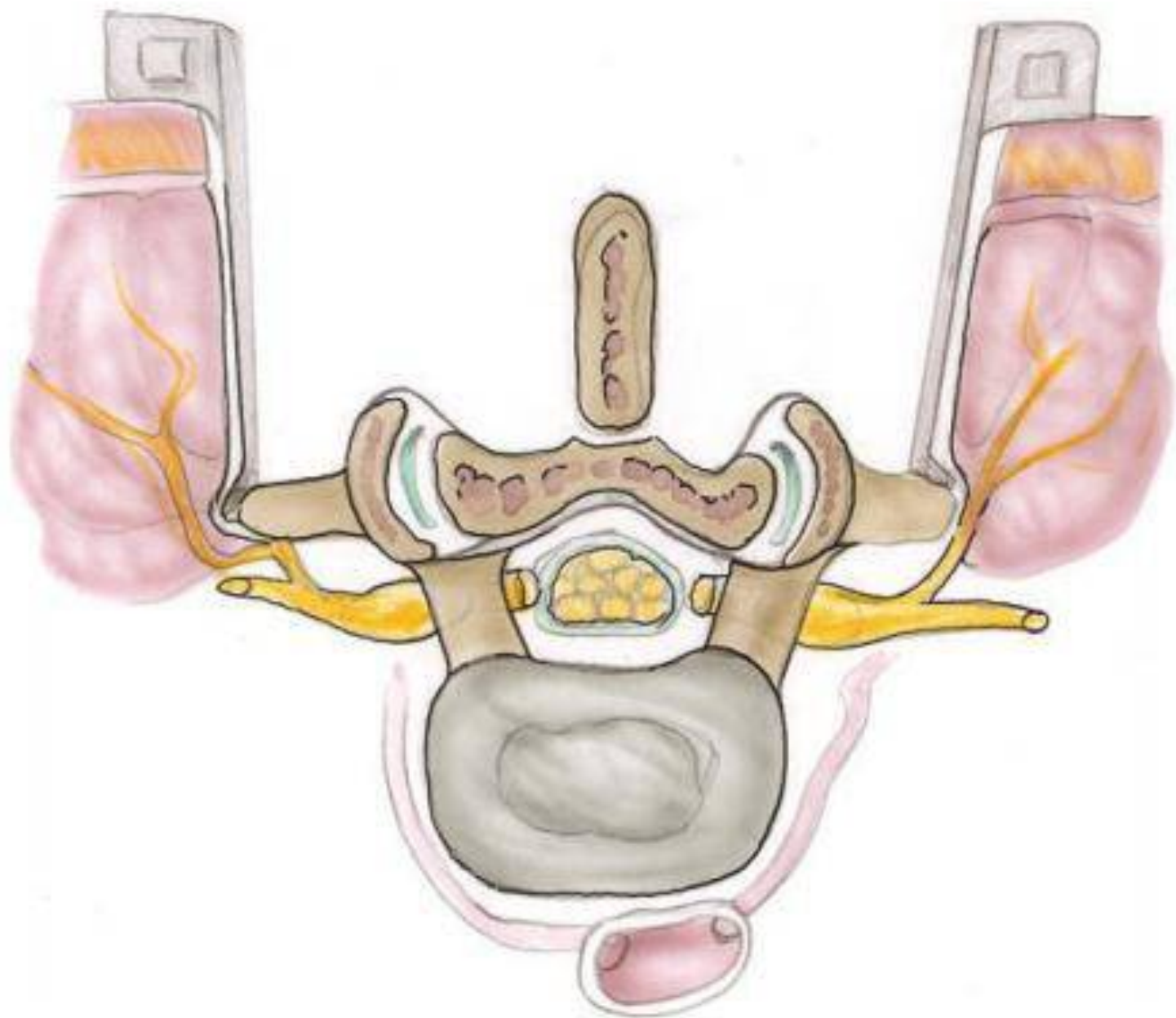
# Lumbar Discectomy



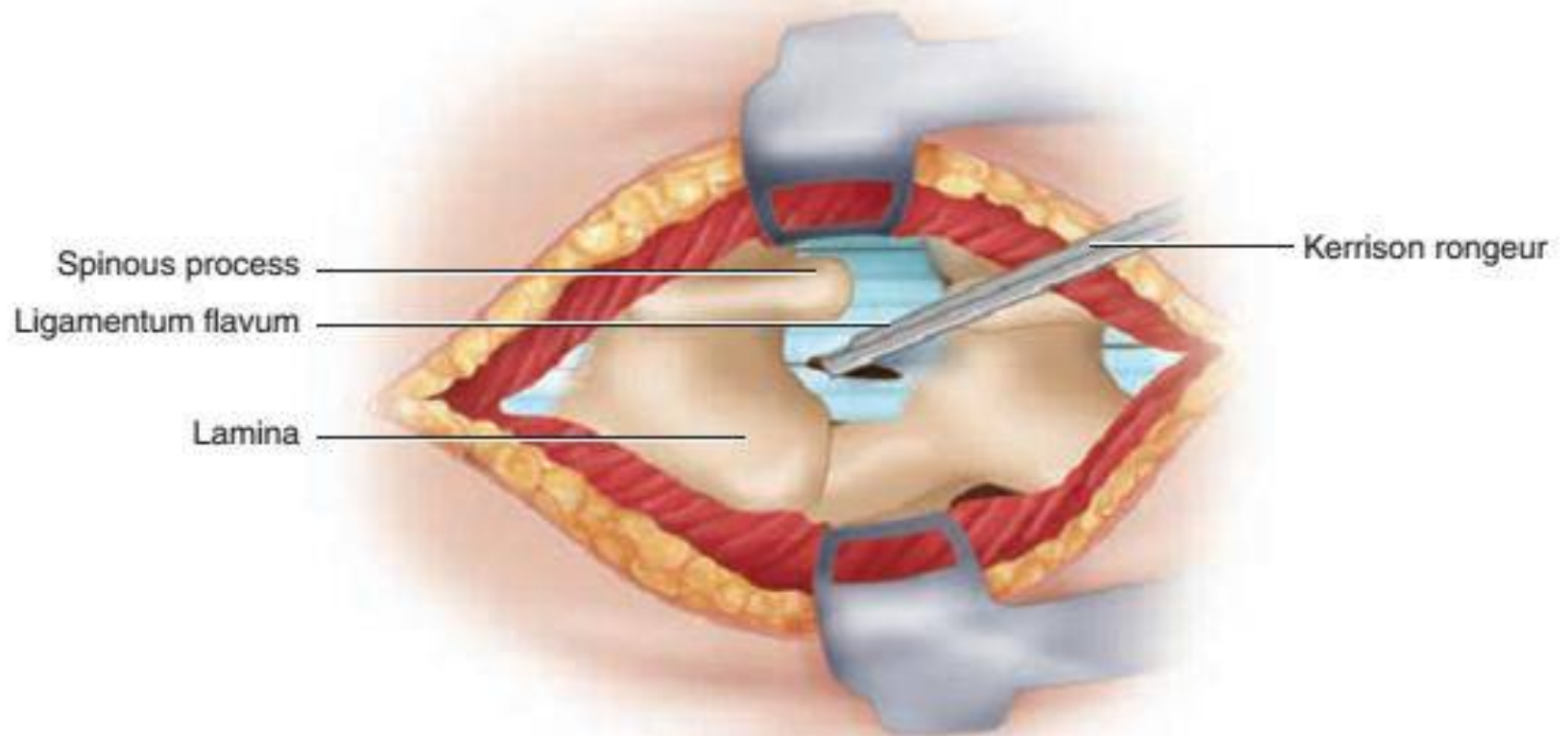


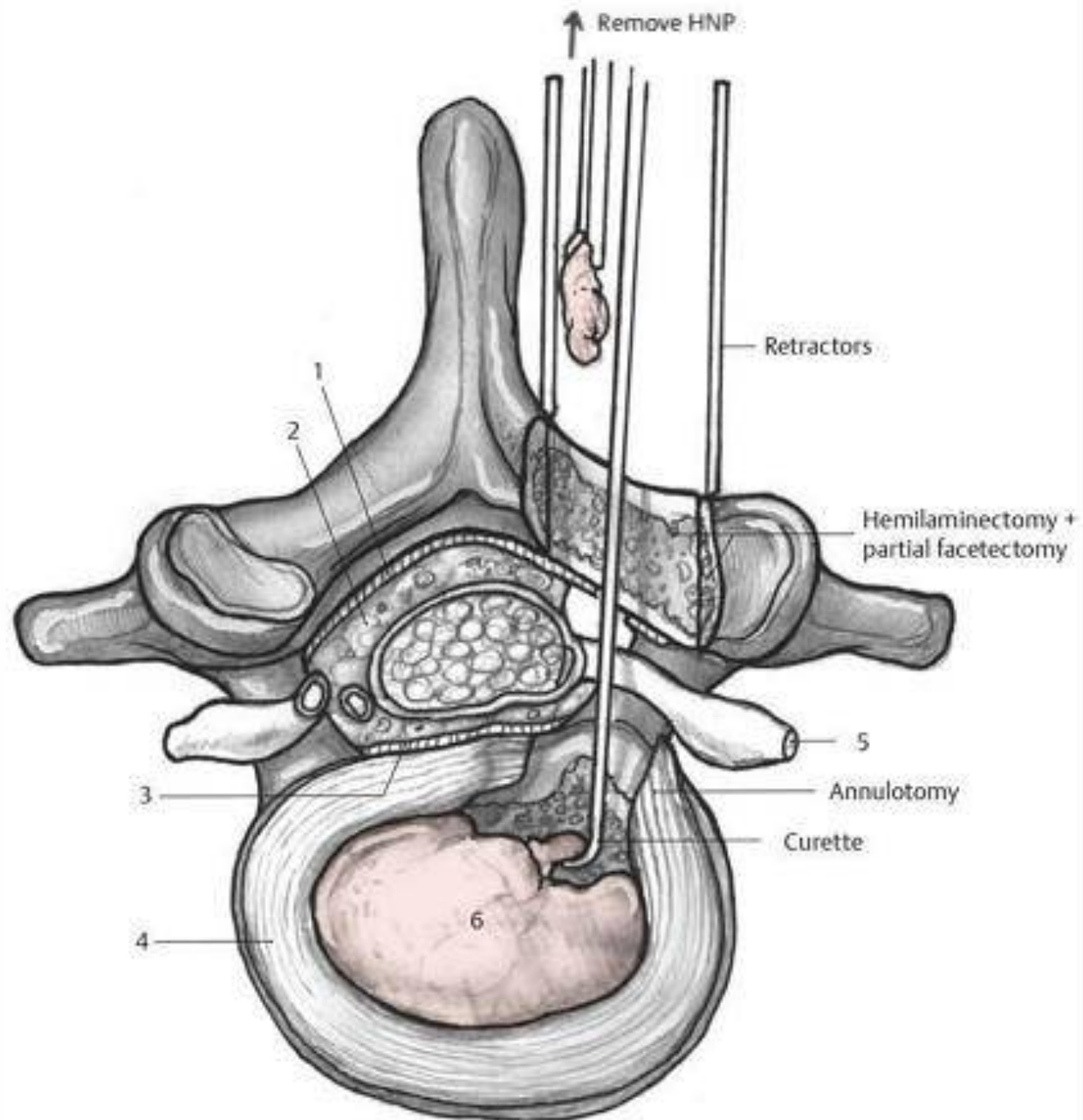


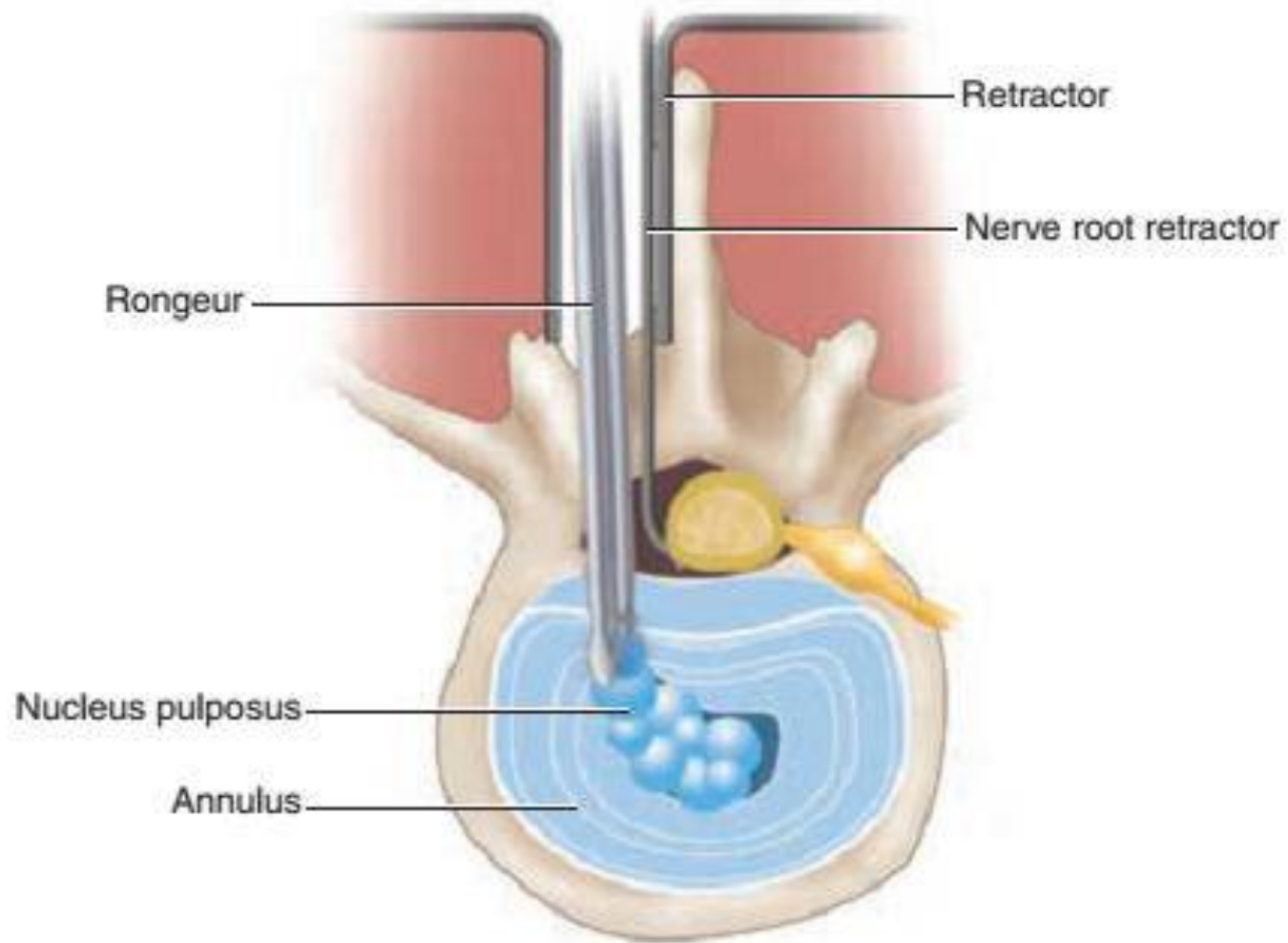






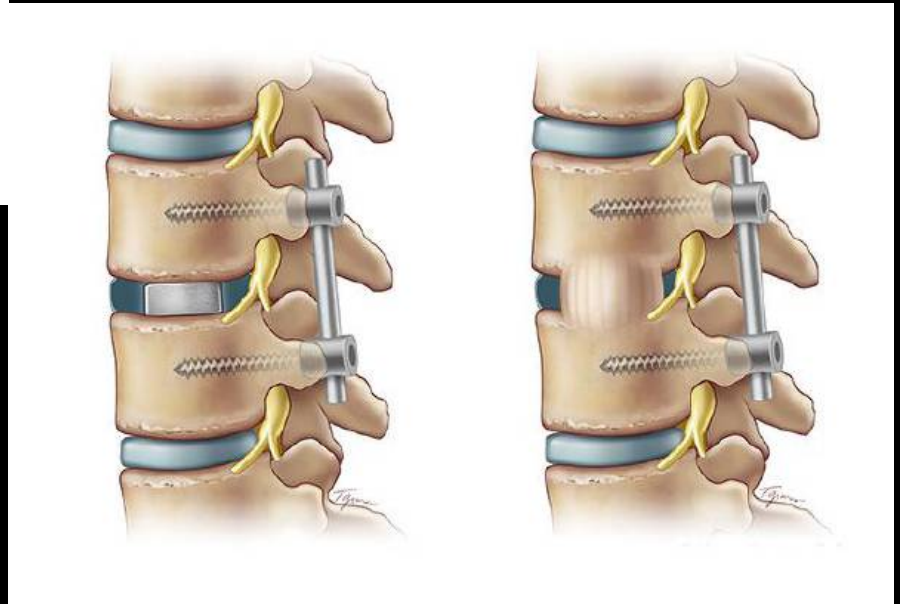
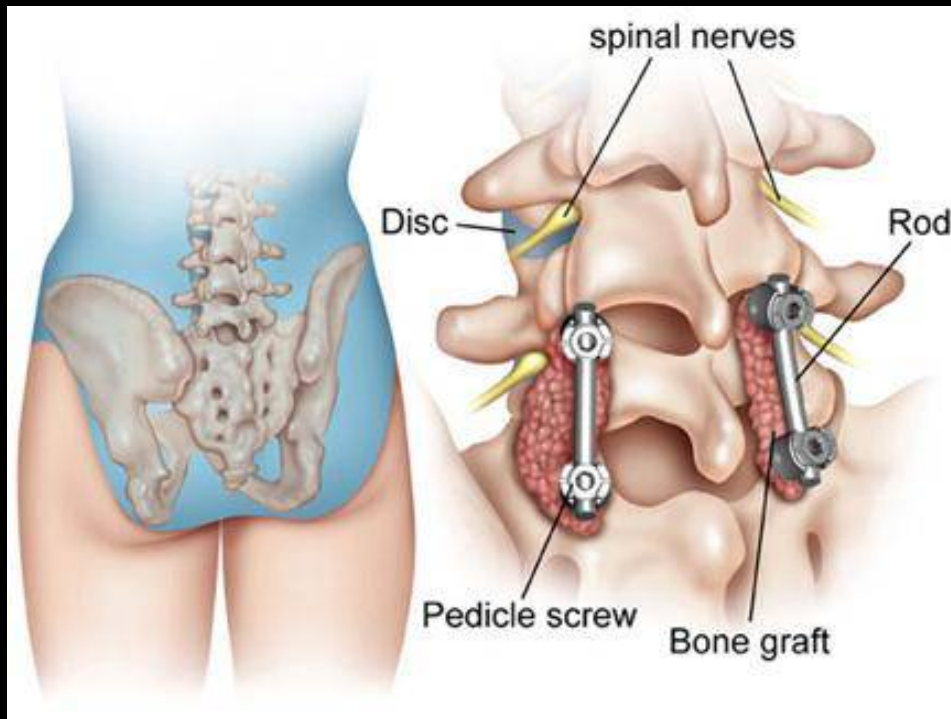


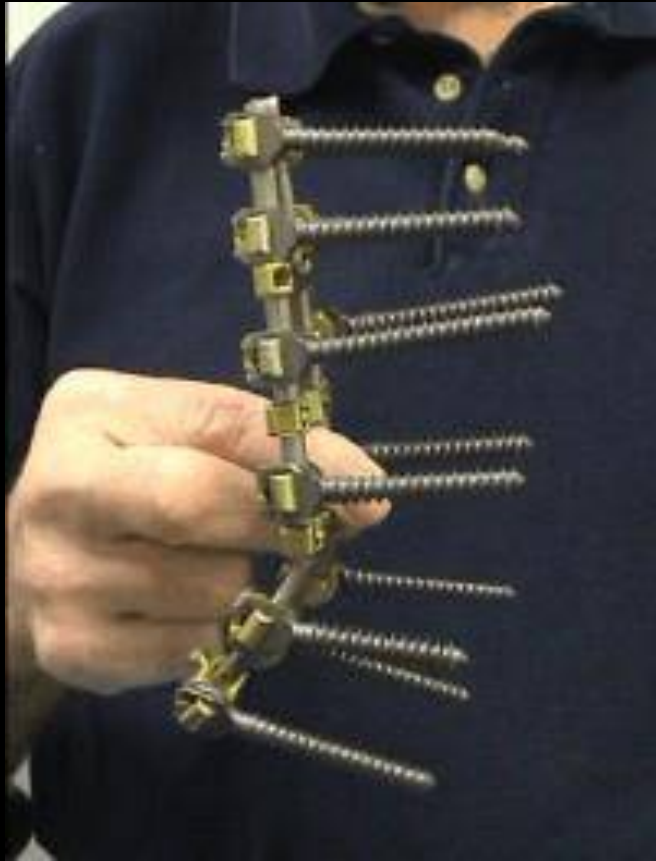




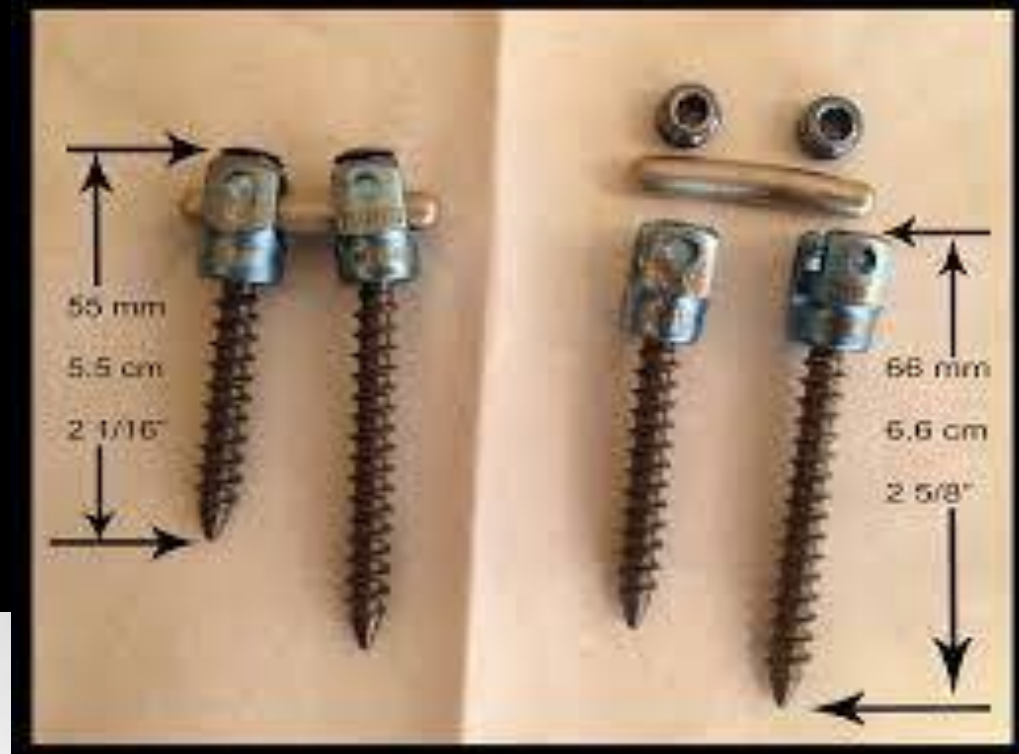


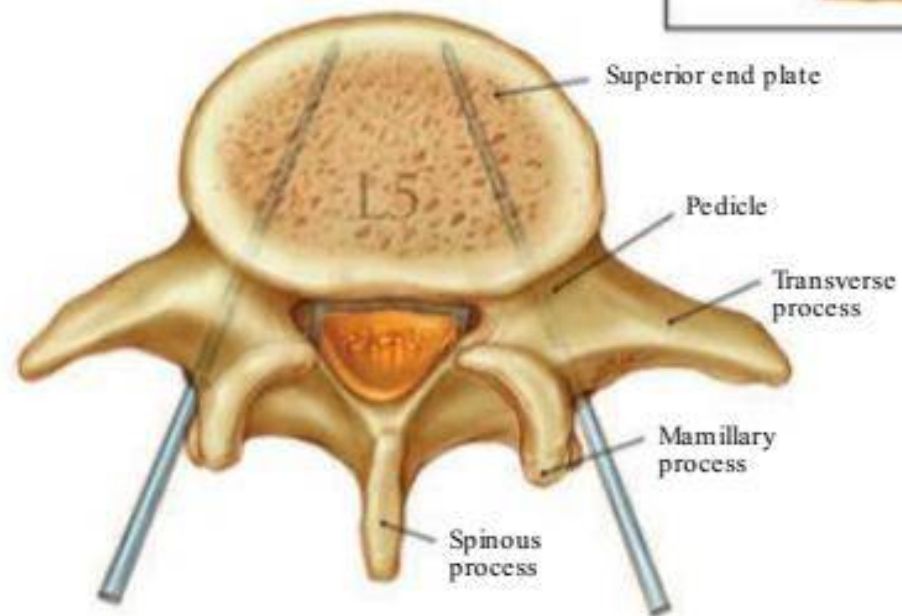
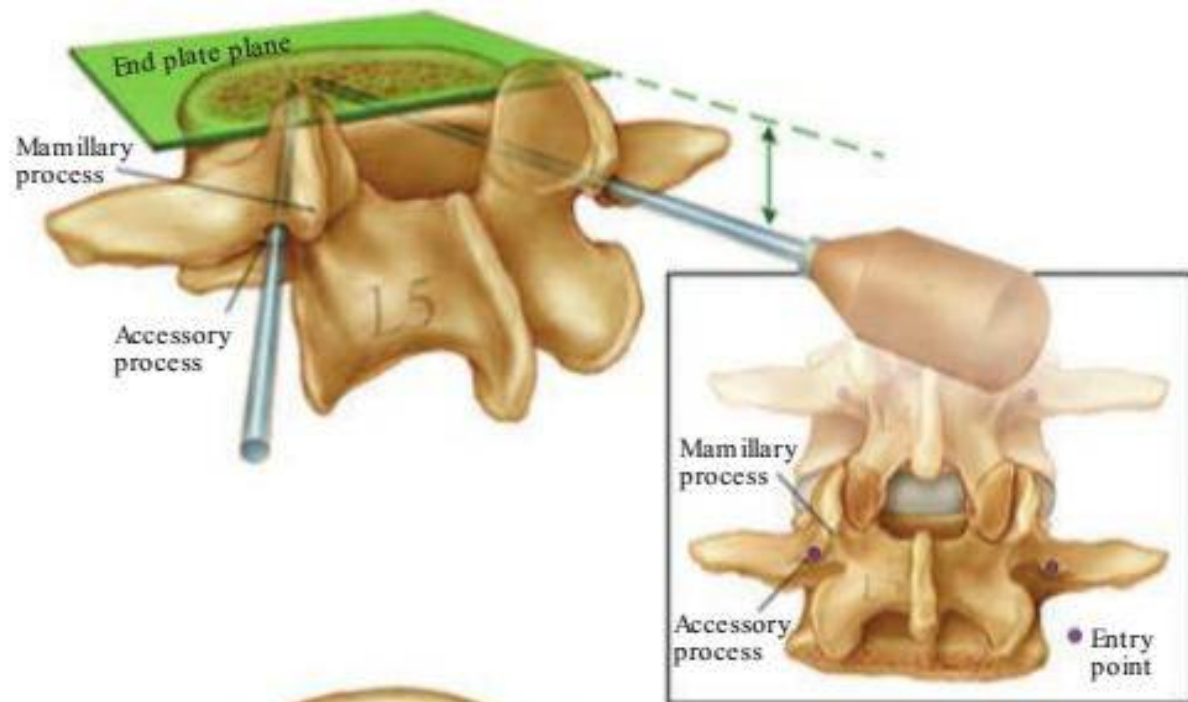
# lumbar Pedicle Screw Placement

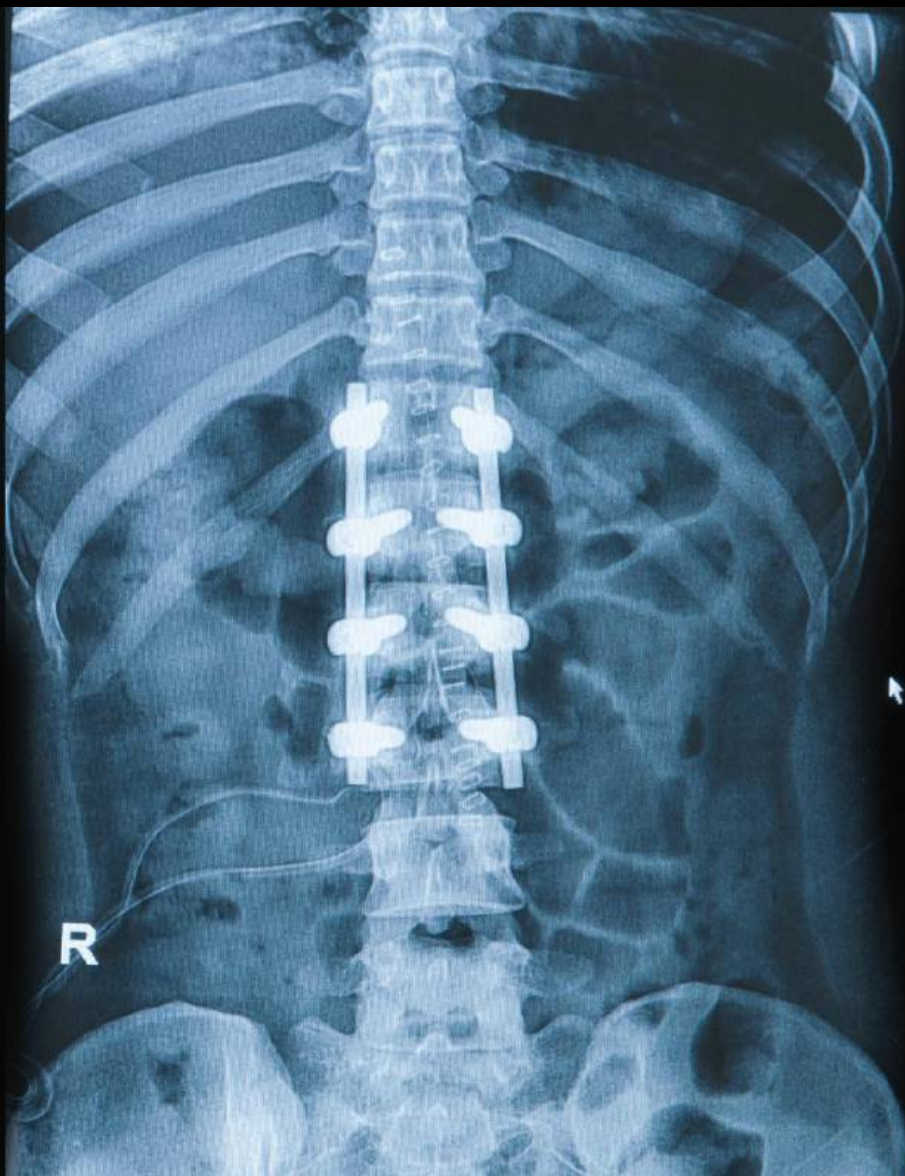




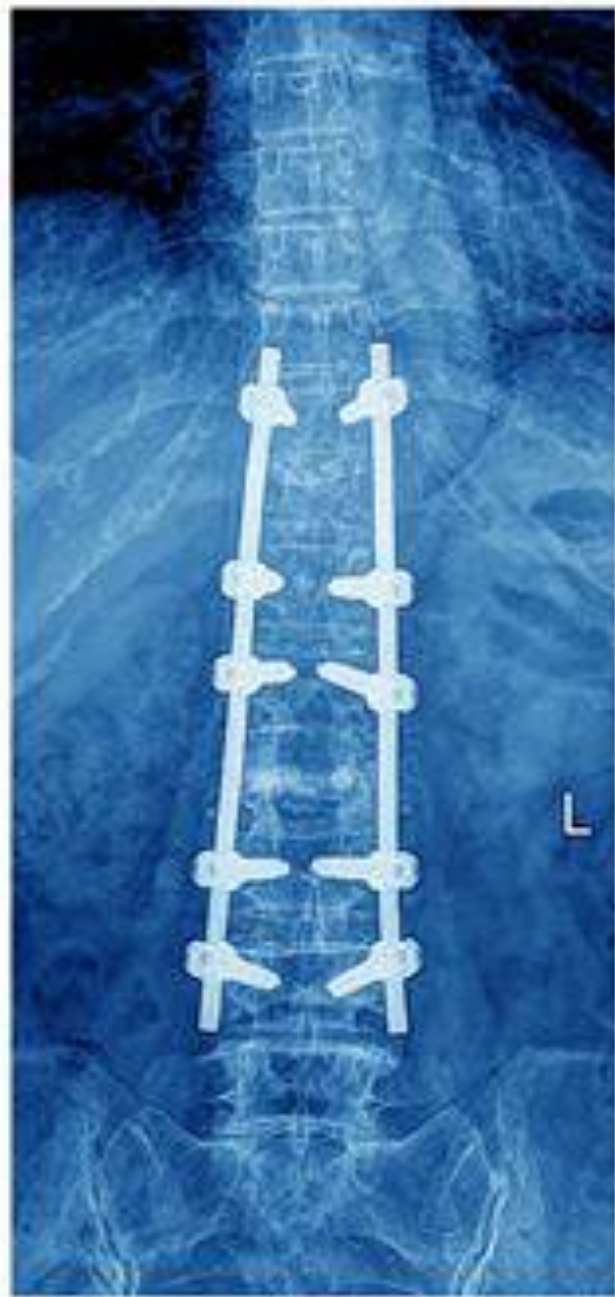














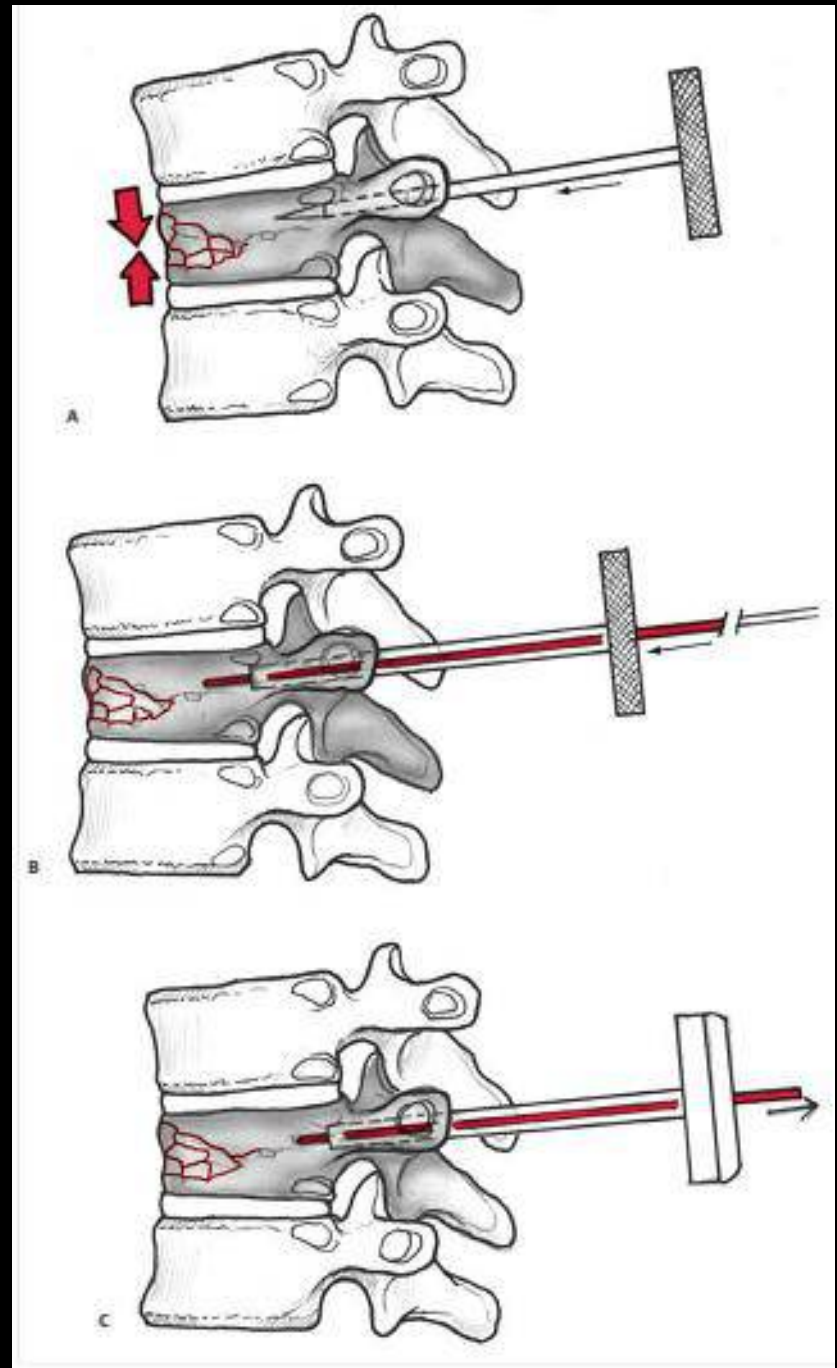
# Vertebroplasty

Summary of the key steps of the vertebroplasty procedure.

(A) Step 1: Introduction of the Jamshidi needle into the pedicle. Note the compression fracture in red with arrows indicating vector of compression.

(B) Step 2: Guidewire placement (or biopsy needle) through Jamshidi needle.

(C) Step 3: Placement of working channel and insertion of cement at the level of the fracture.





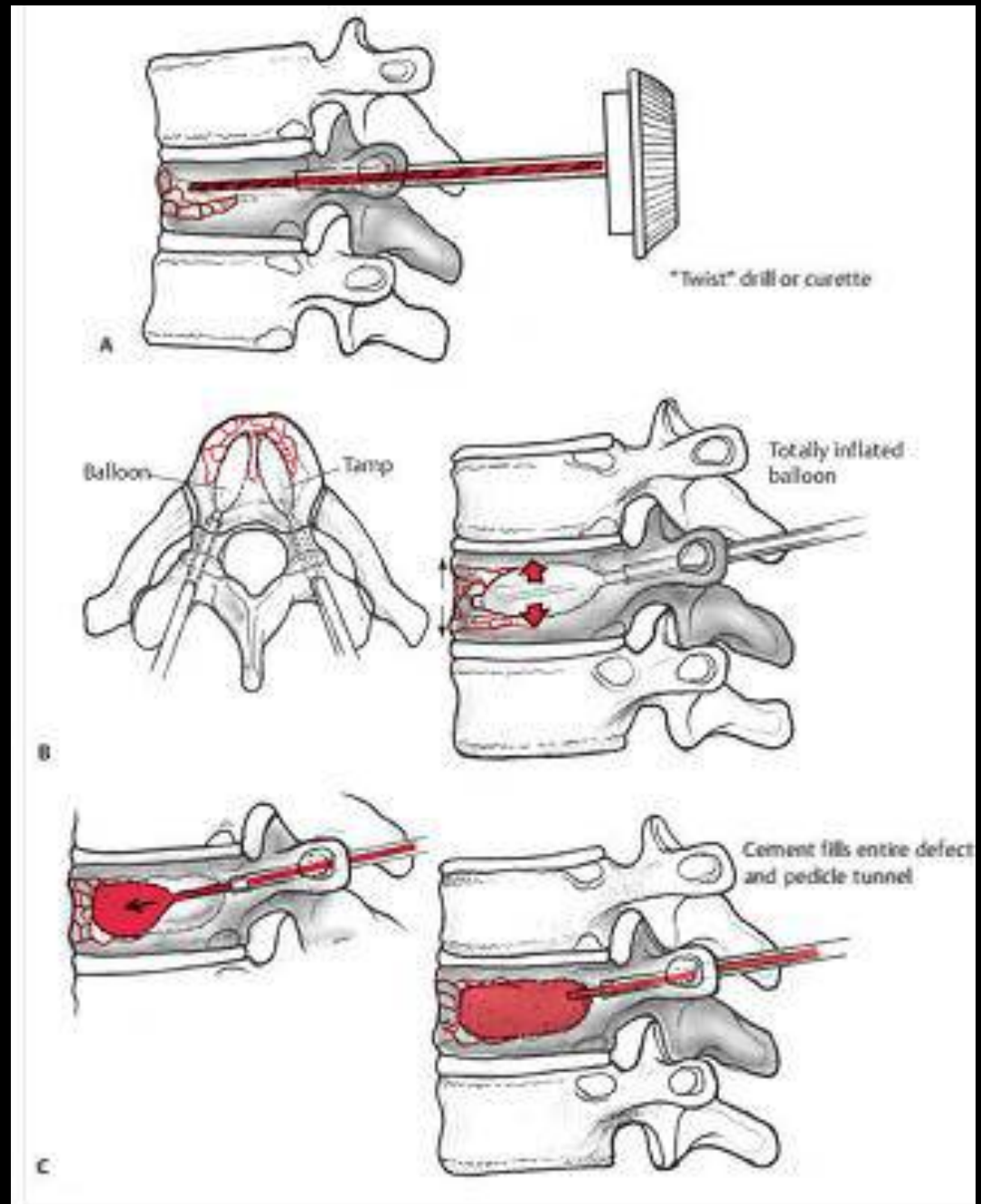
# kyphoplasty

Summary of the key steps of the kyphoplasty procedure.

(A) Specially designed curette introduced through the working cannula to score the bone in the region.

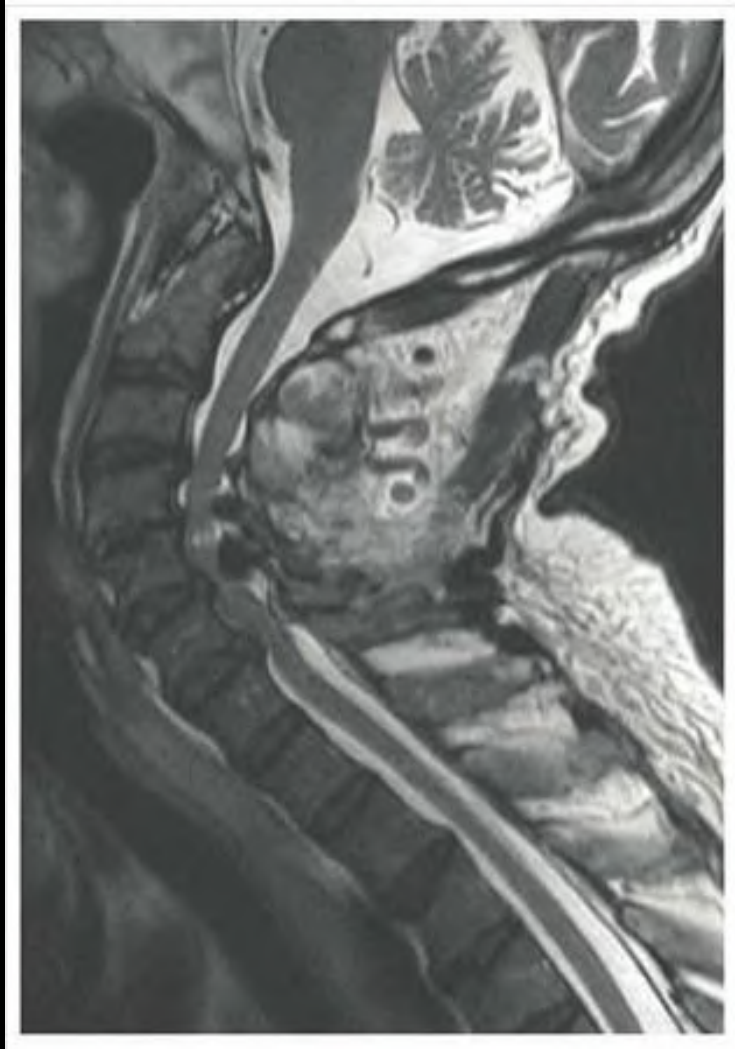
(B) Introduction of kyphoplasty balloons bilaterally with balloon inflation and height restoration.

(C) Partial then full injection of cement in to vertebral body cavity that has been created after balloon inflation.



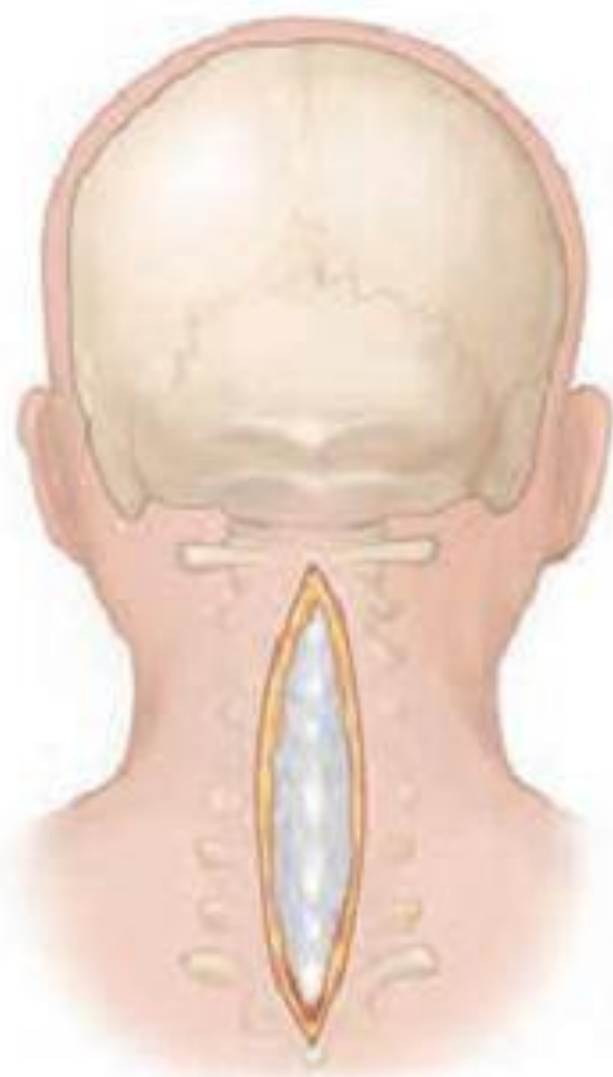


# Cervical Laminectomy





**FIGURE 61-1**



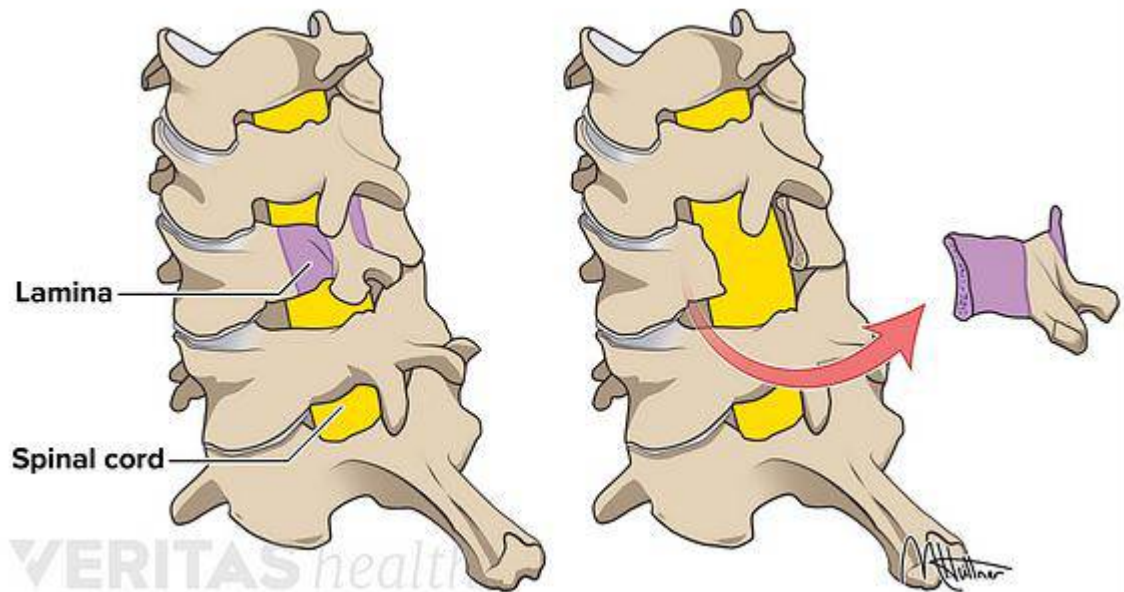
A



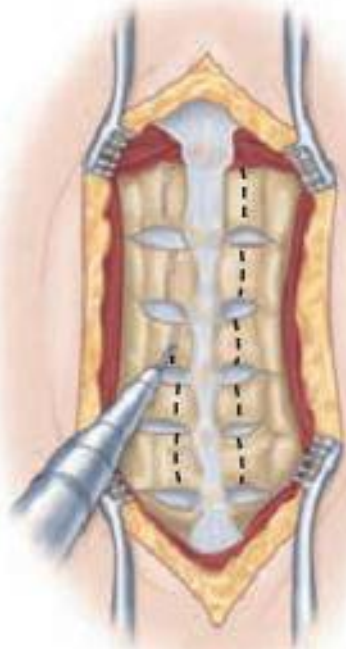
B

**FIGURE 61-2**

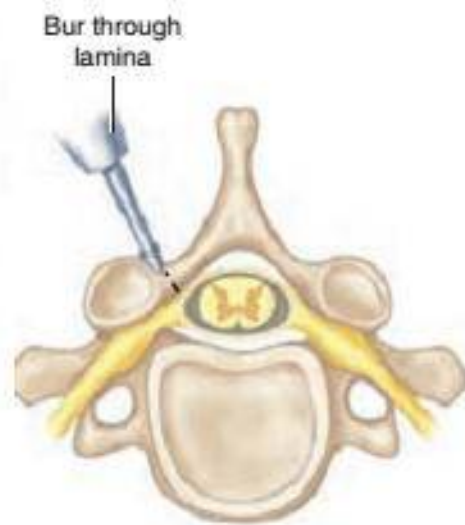
## Cervical Laminectomy



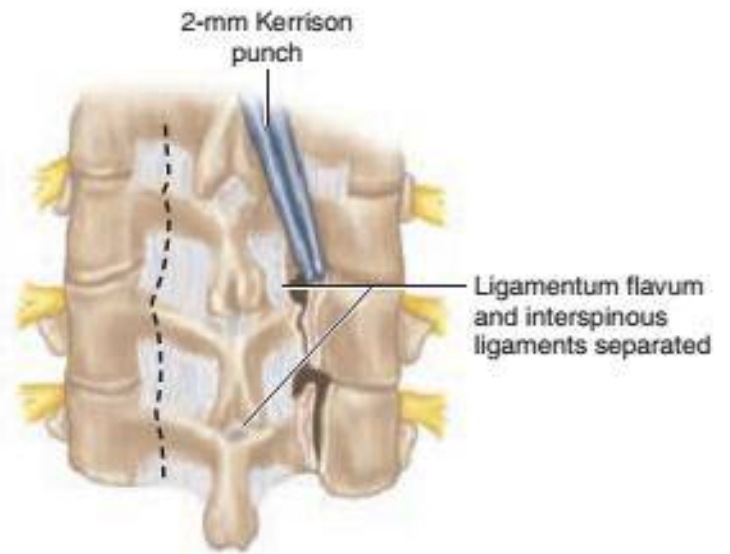




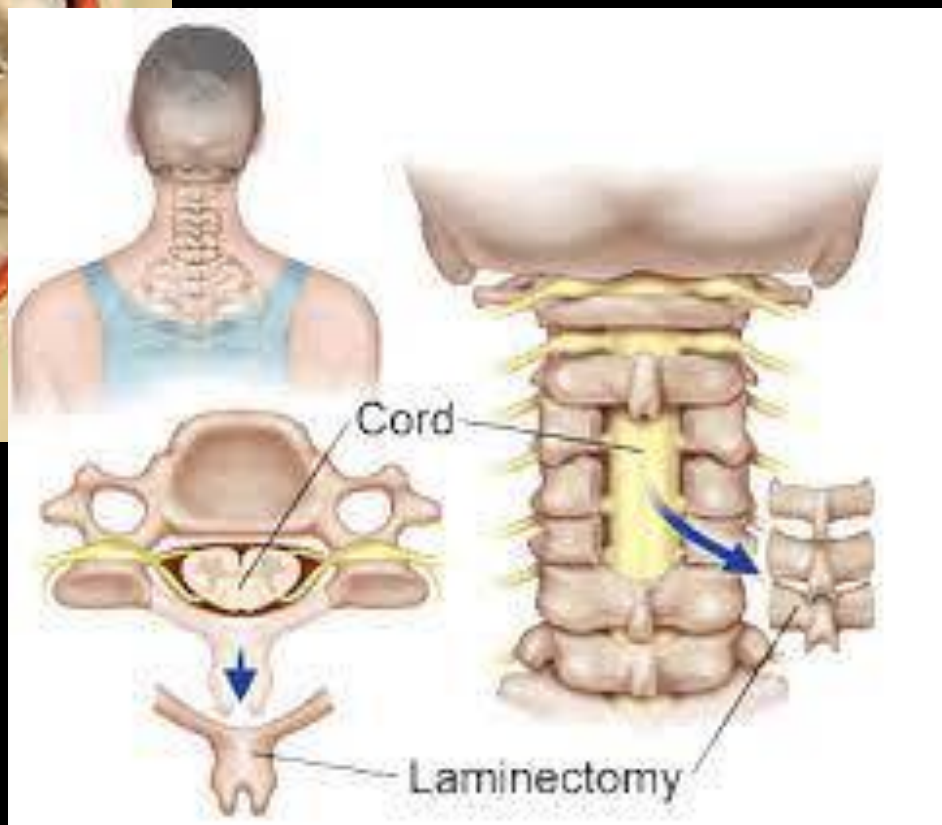
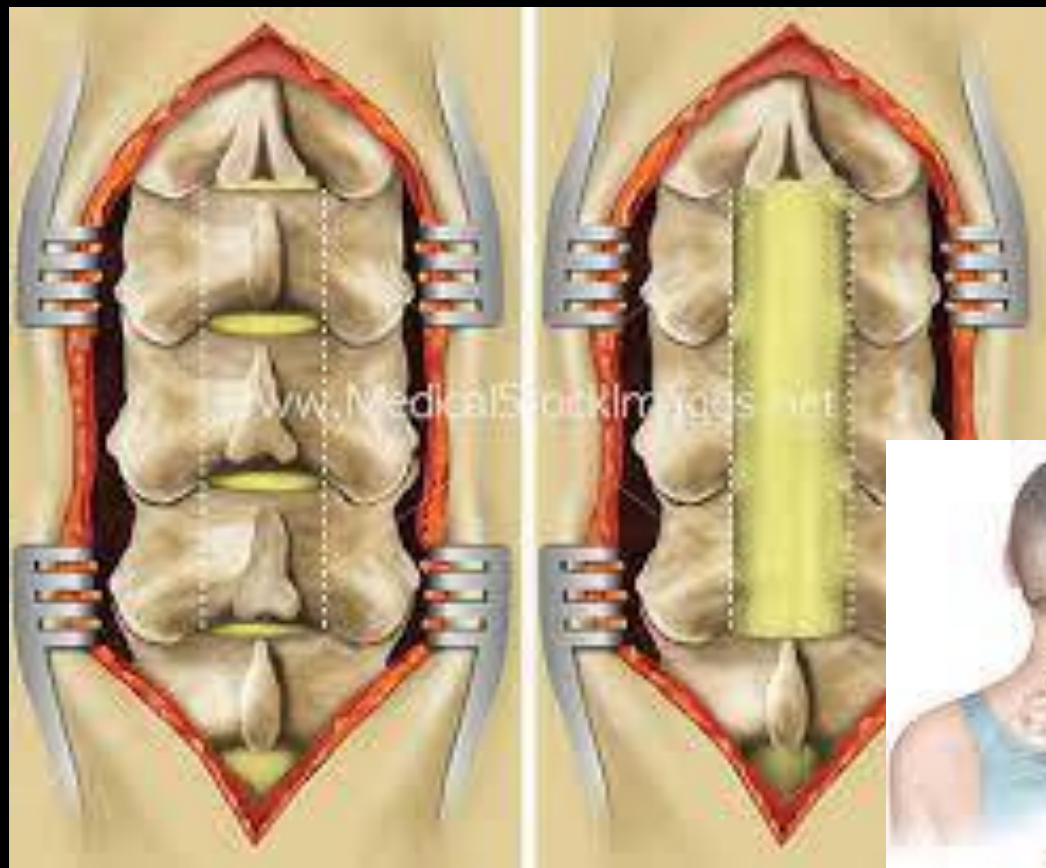
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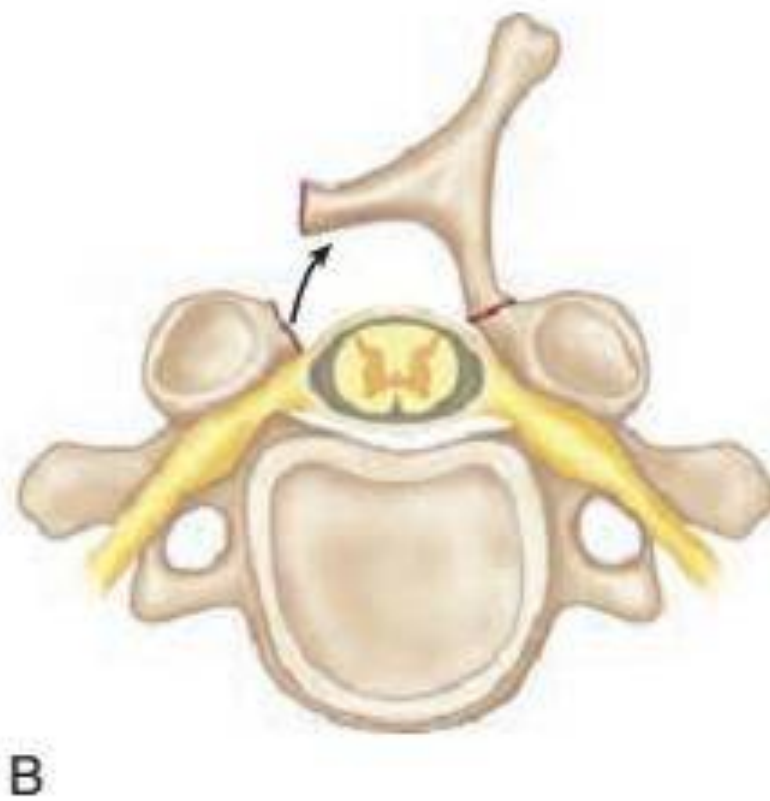
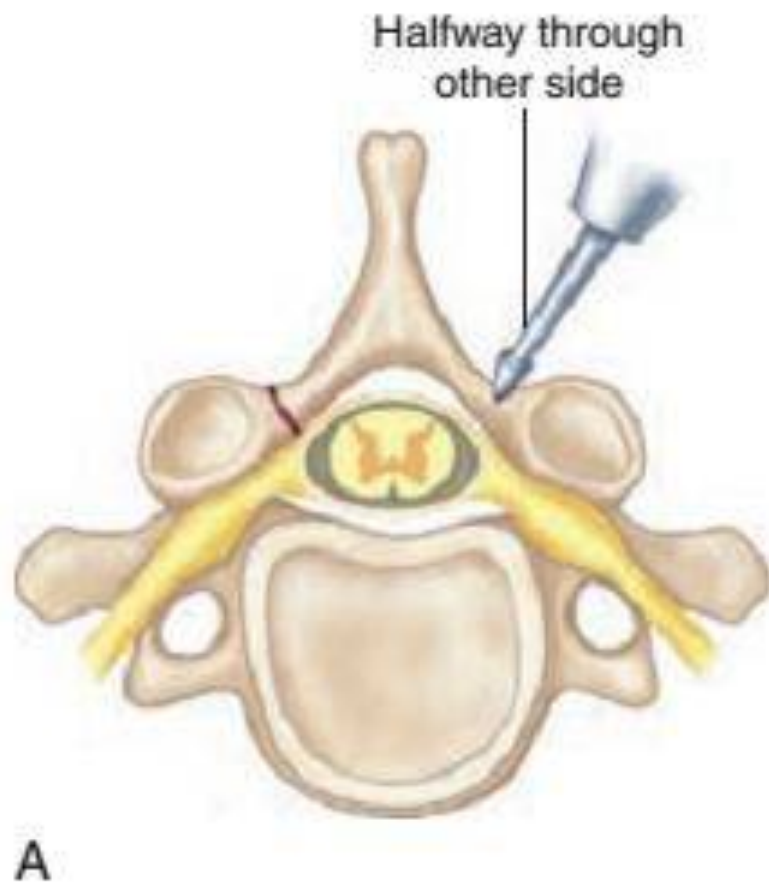


B



C





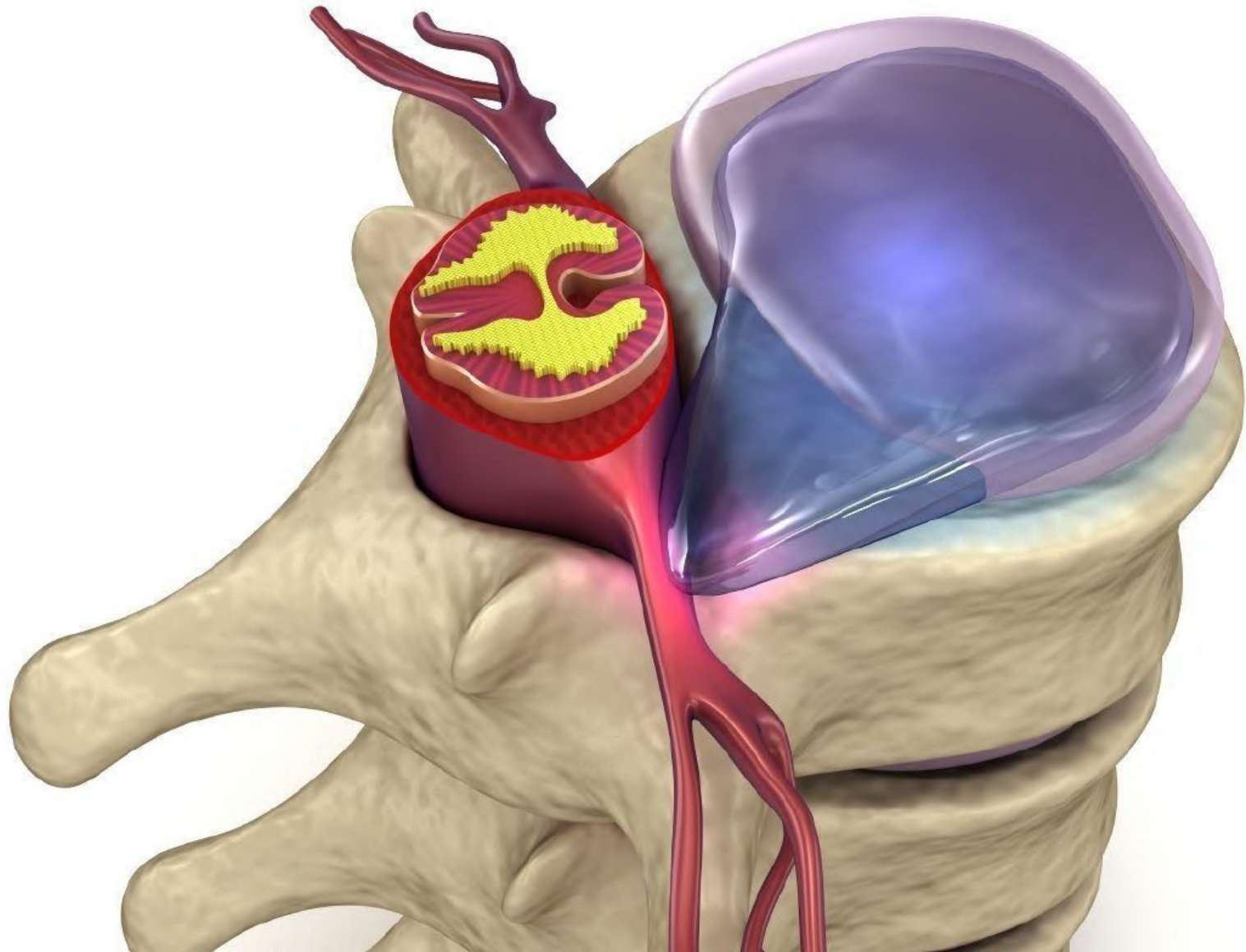
**FIGURE 61-4**



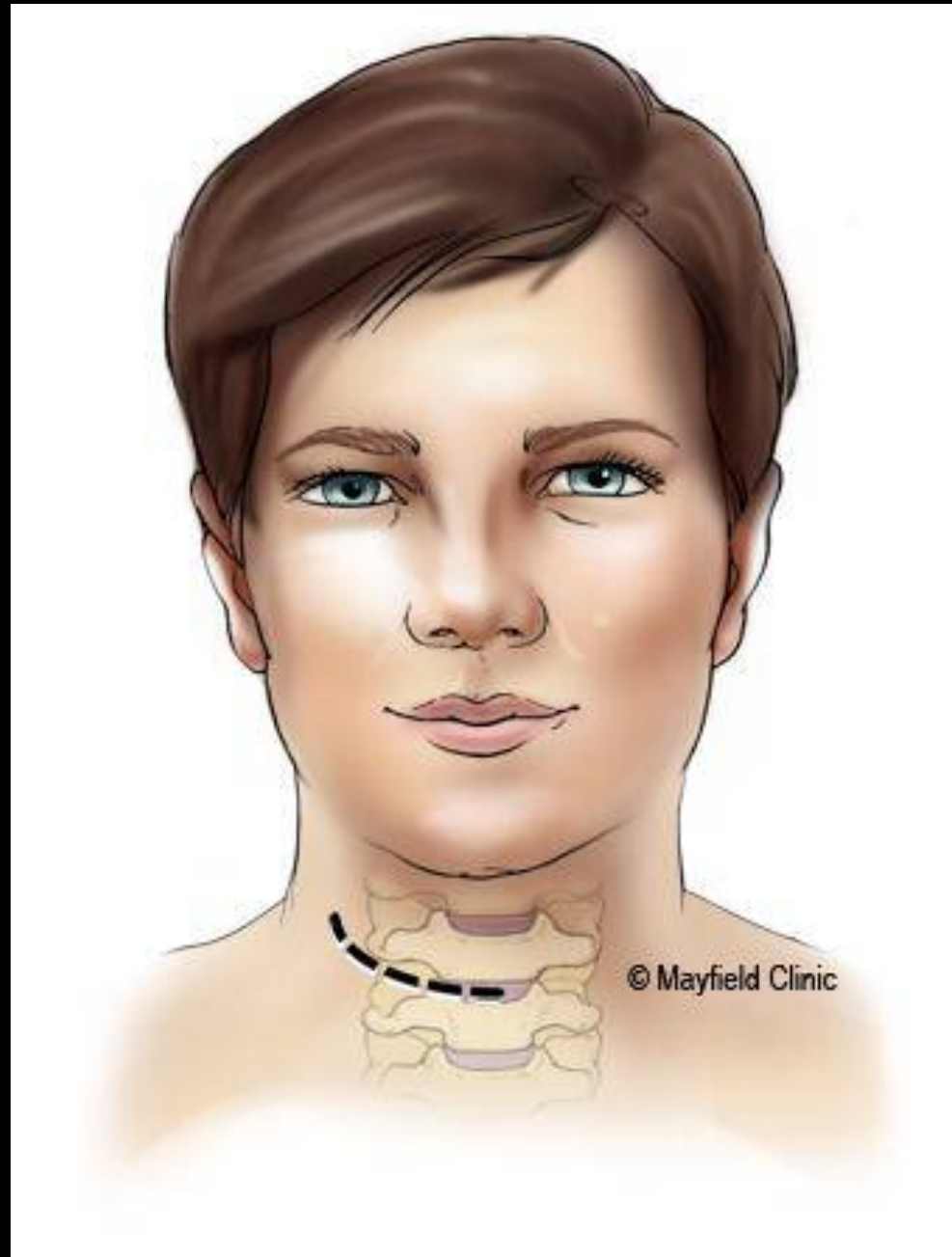
# **ACDF** **(Anterior Cervical Discectomy & Fusion)**

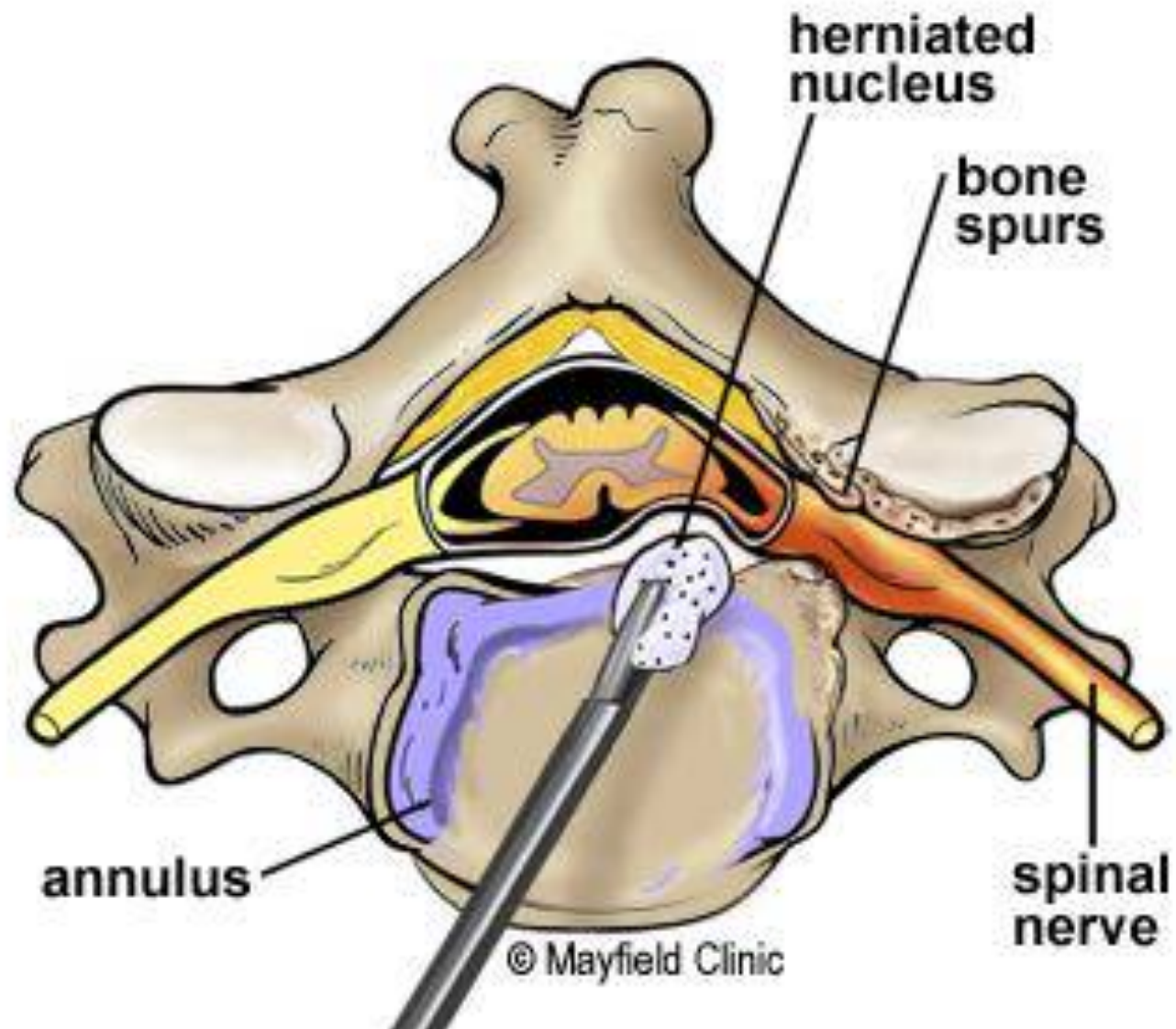


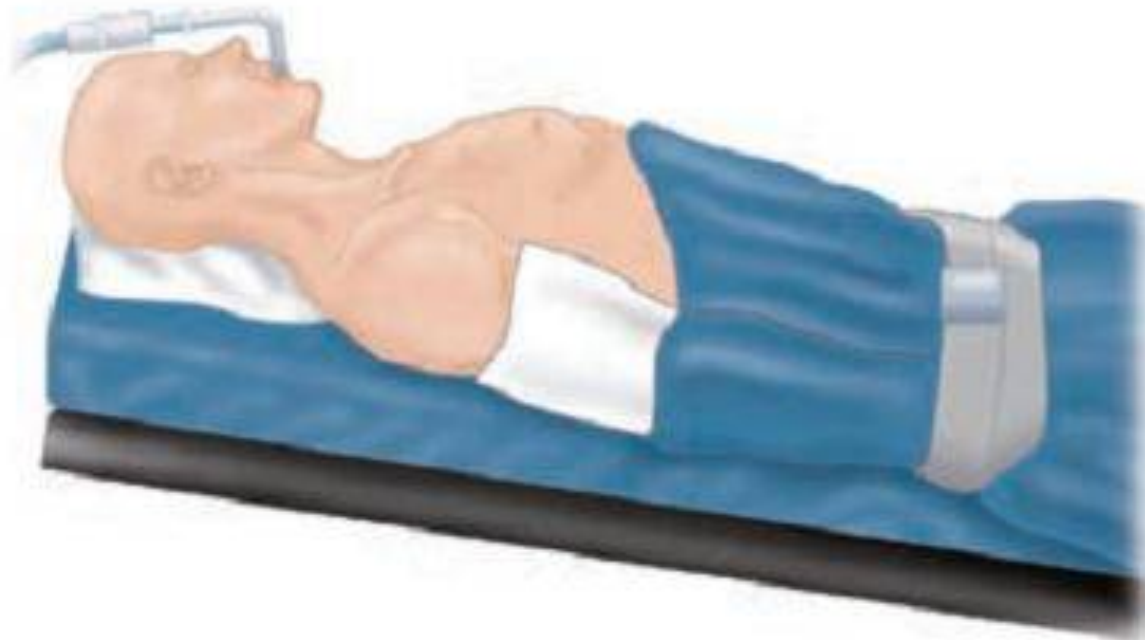




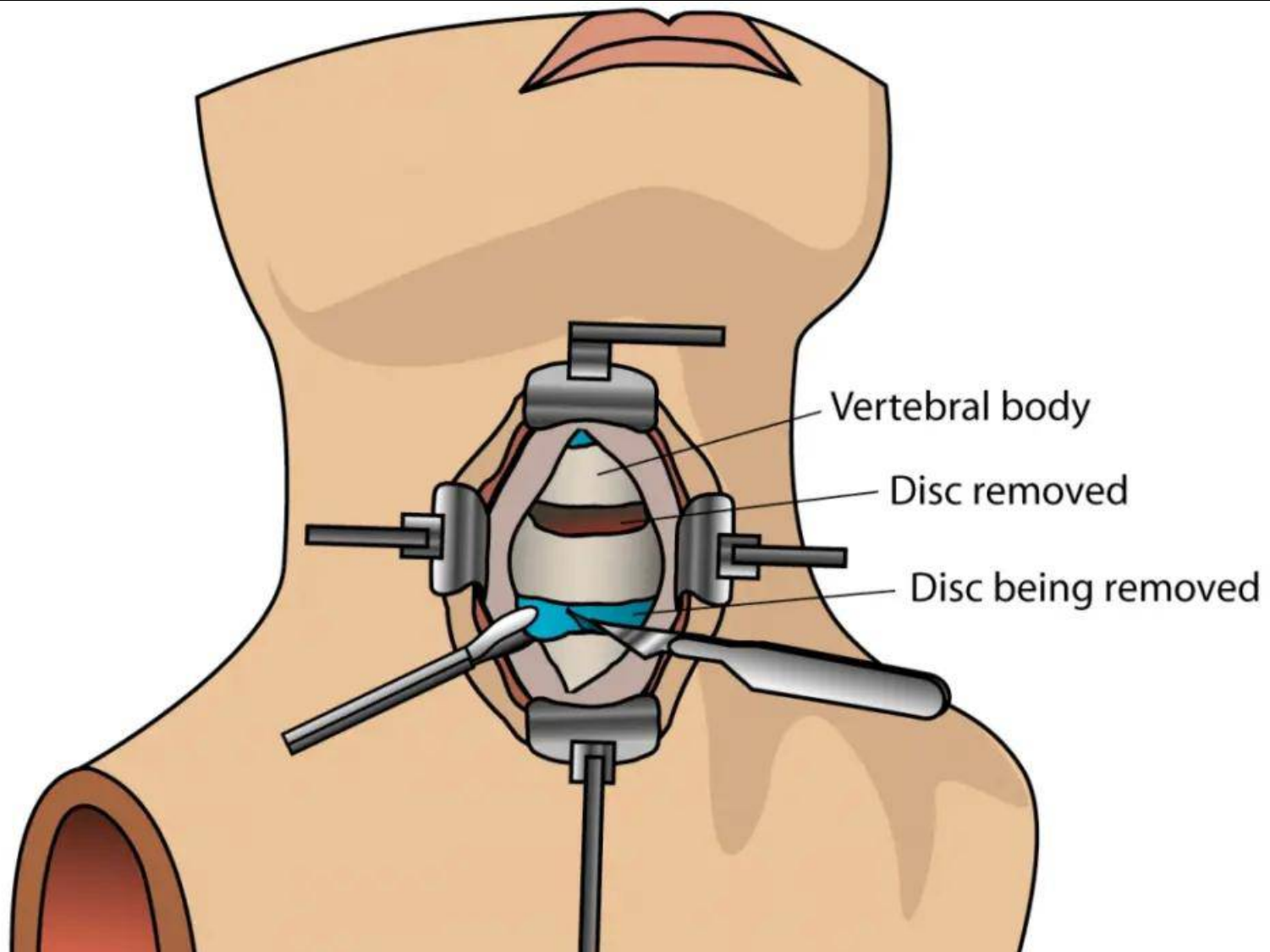


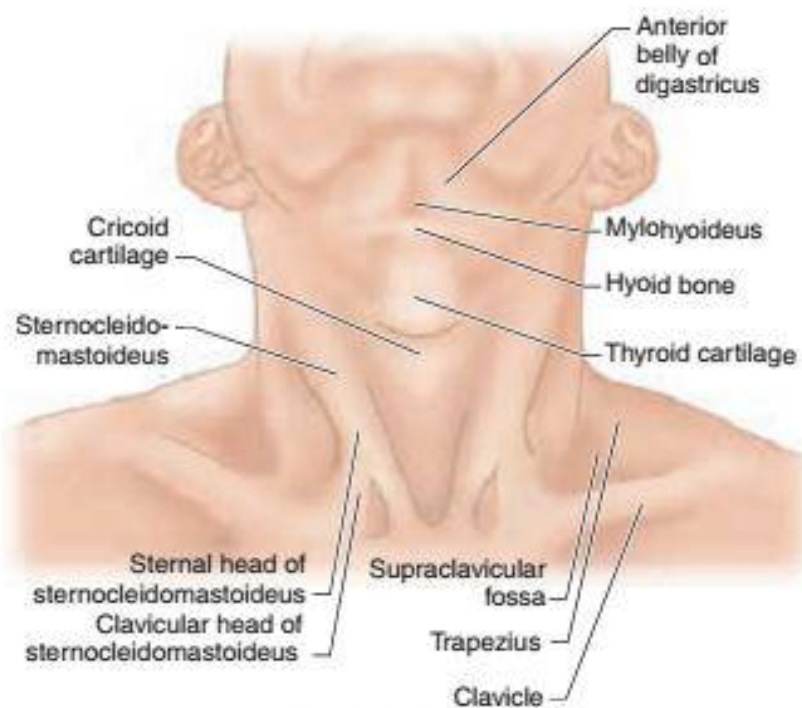






**FIGURE 59-1**





**FIGURE 59-2**

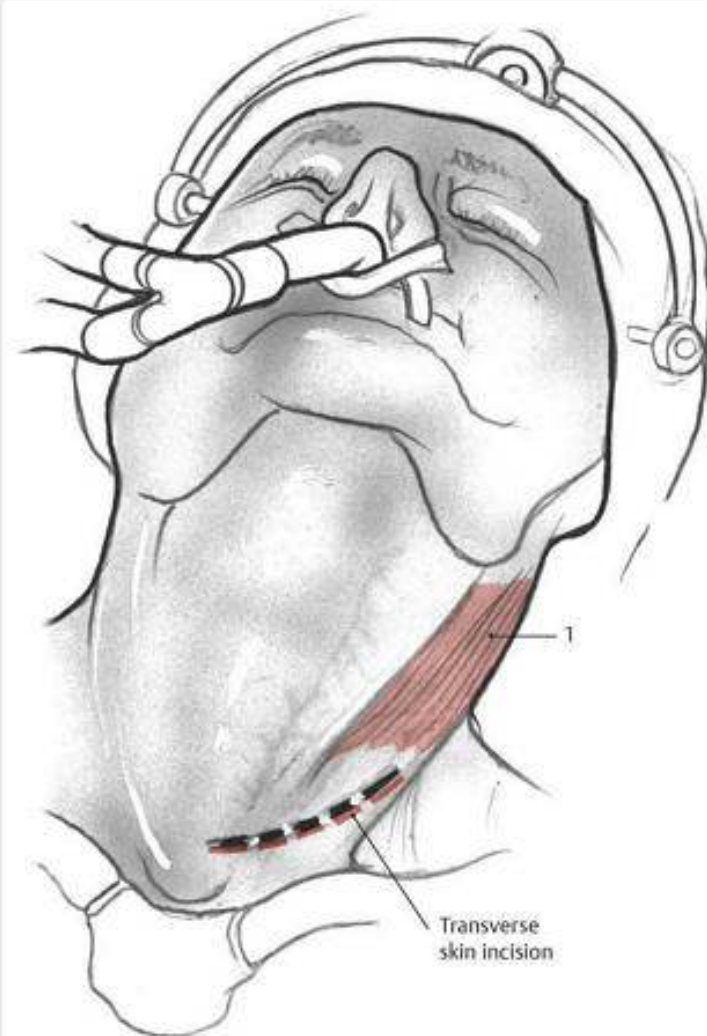
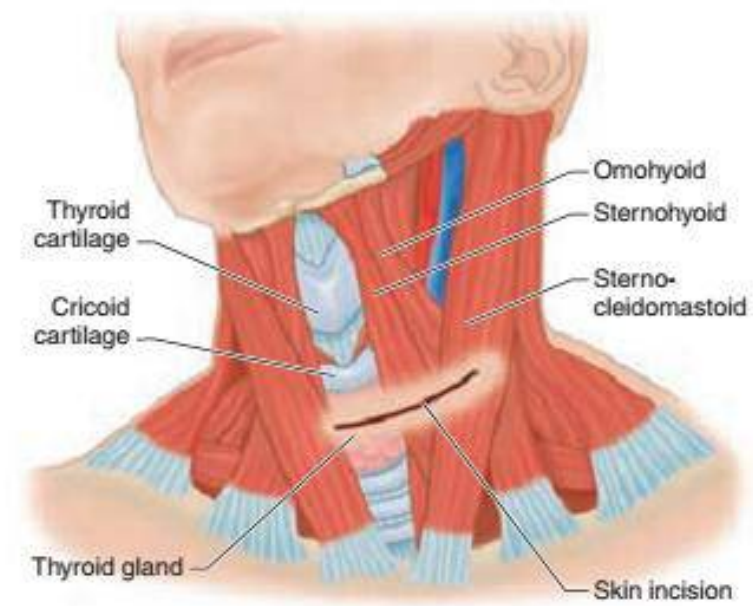
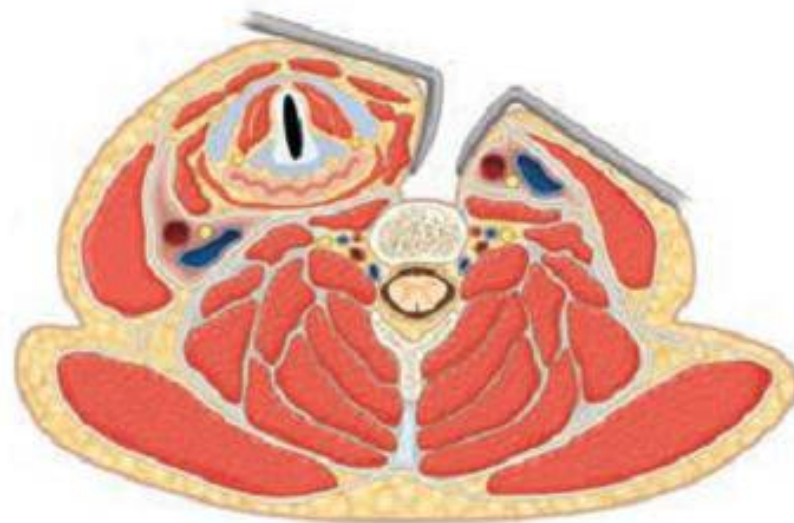


Fig. 7.2 Transverse incision following a skin crease from the medial margin of the sternocleidomastoid muscle to the midline. The incision is centered over the level of interest previously located with anatomic landmarks and later confirmed with fluoroscopy. 1. Sternocleidomastoid muscle.





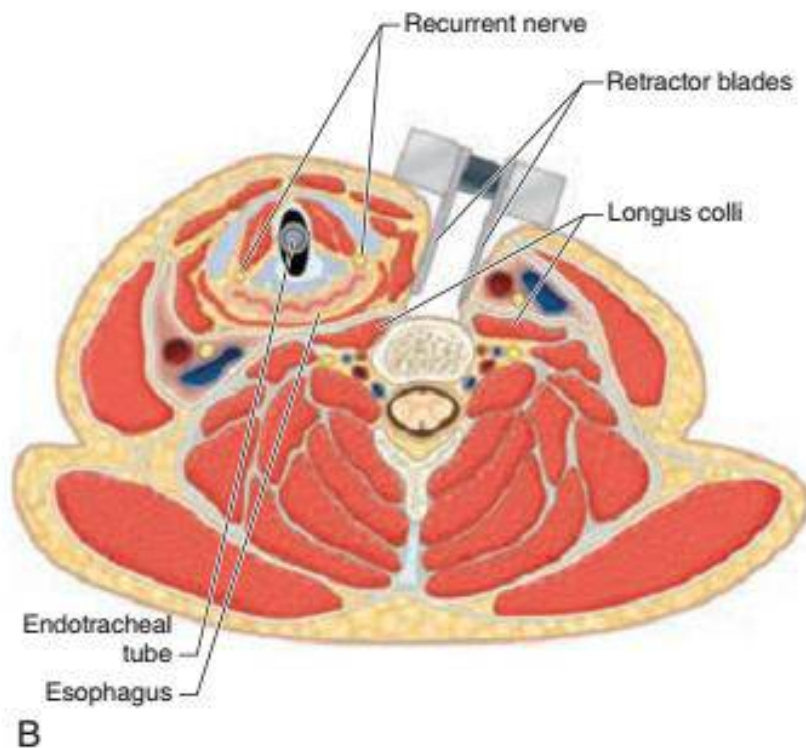
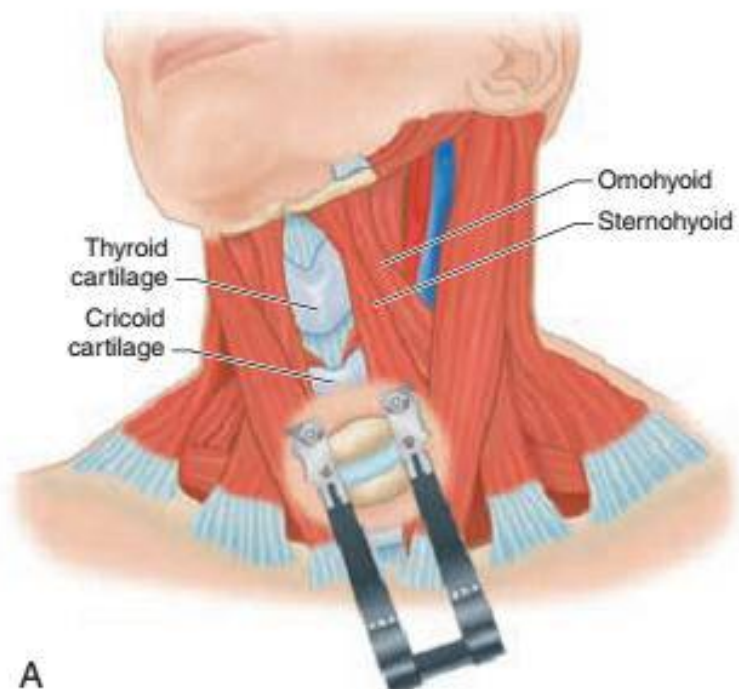
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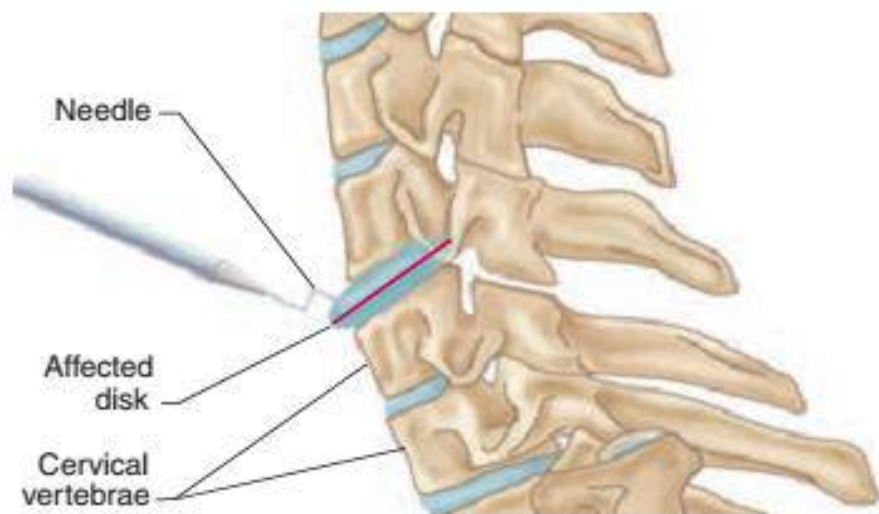
B

**FIGURE 59-3**





**FIGURE 59-5**

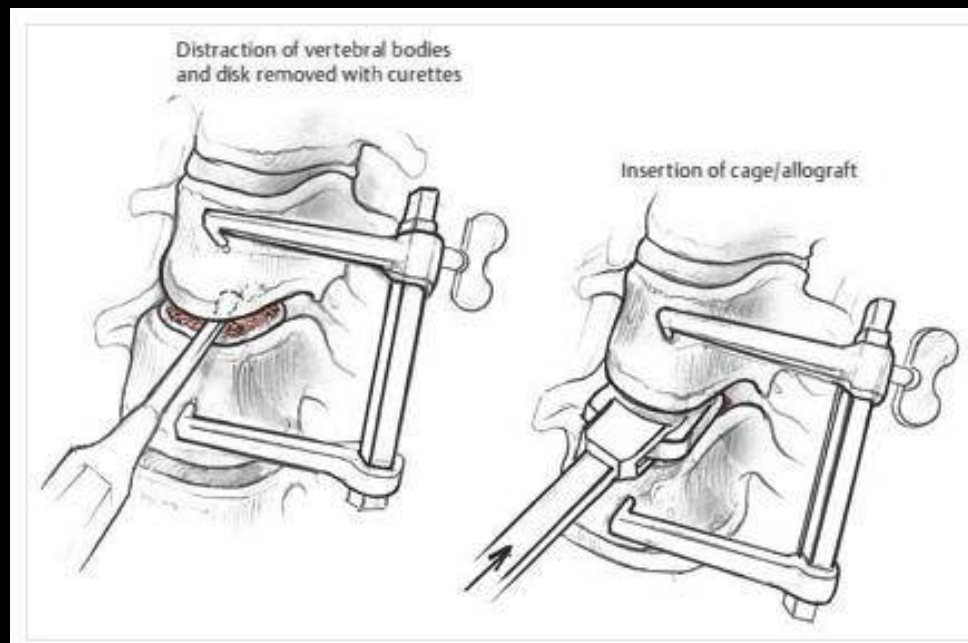


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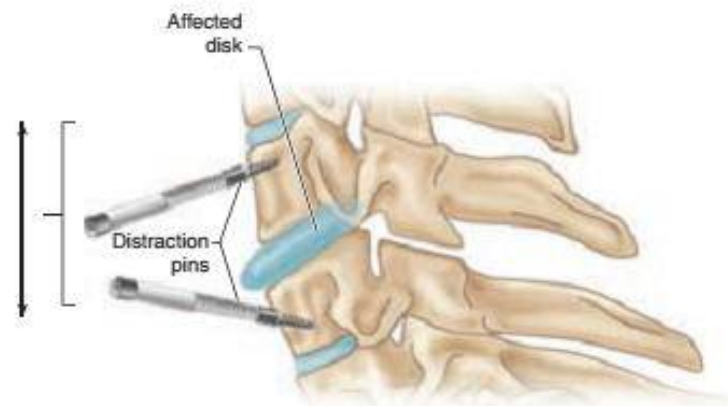


B

**FIGURE 59-4**

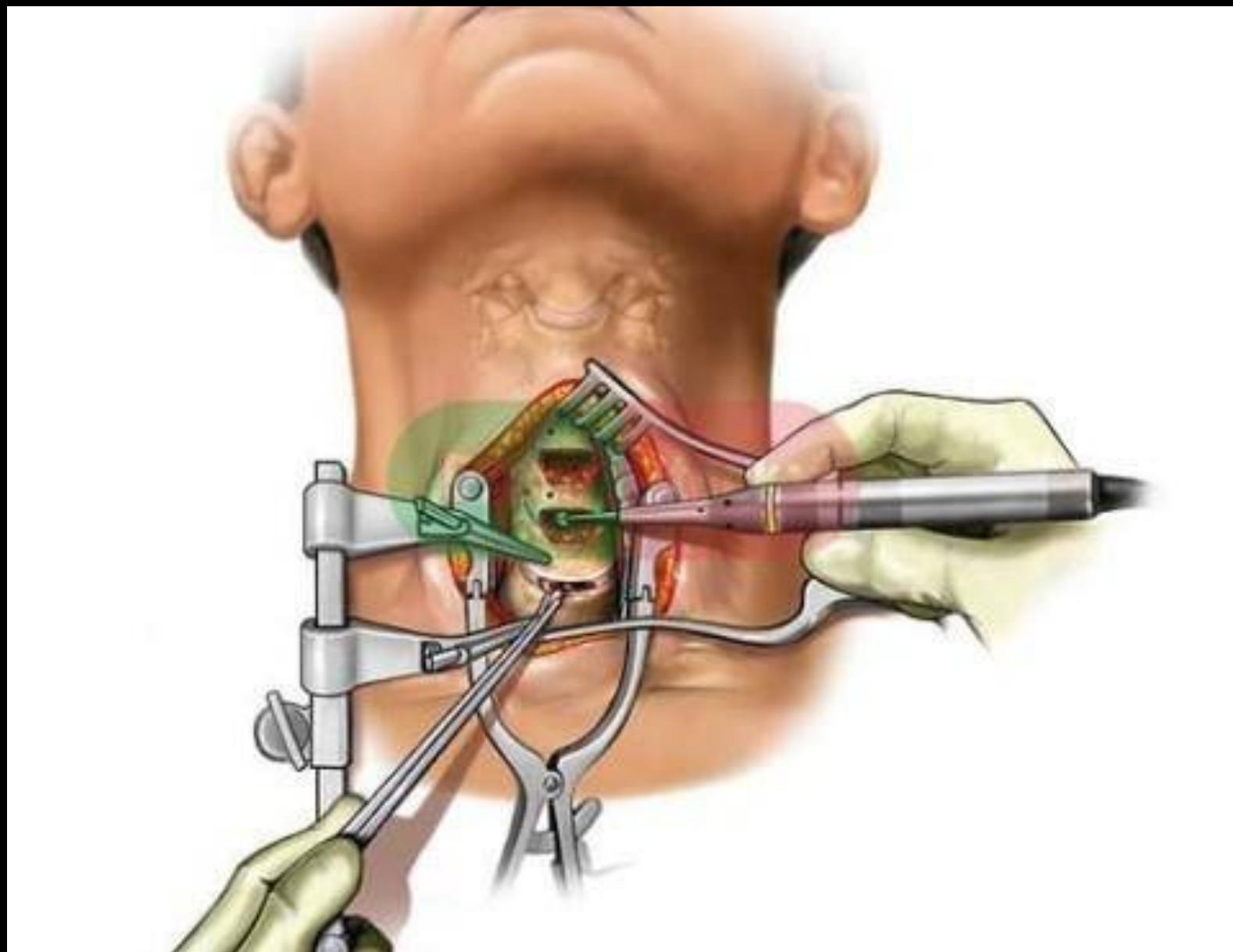


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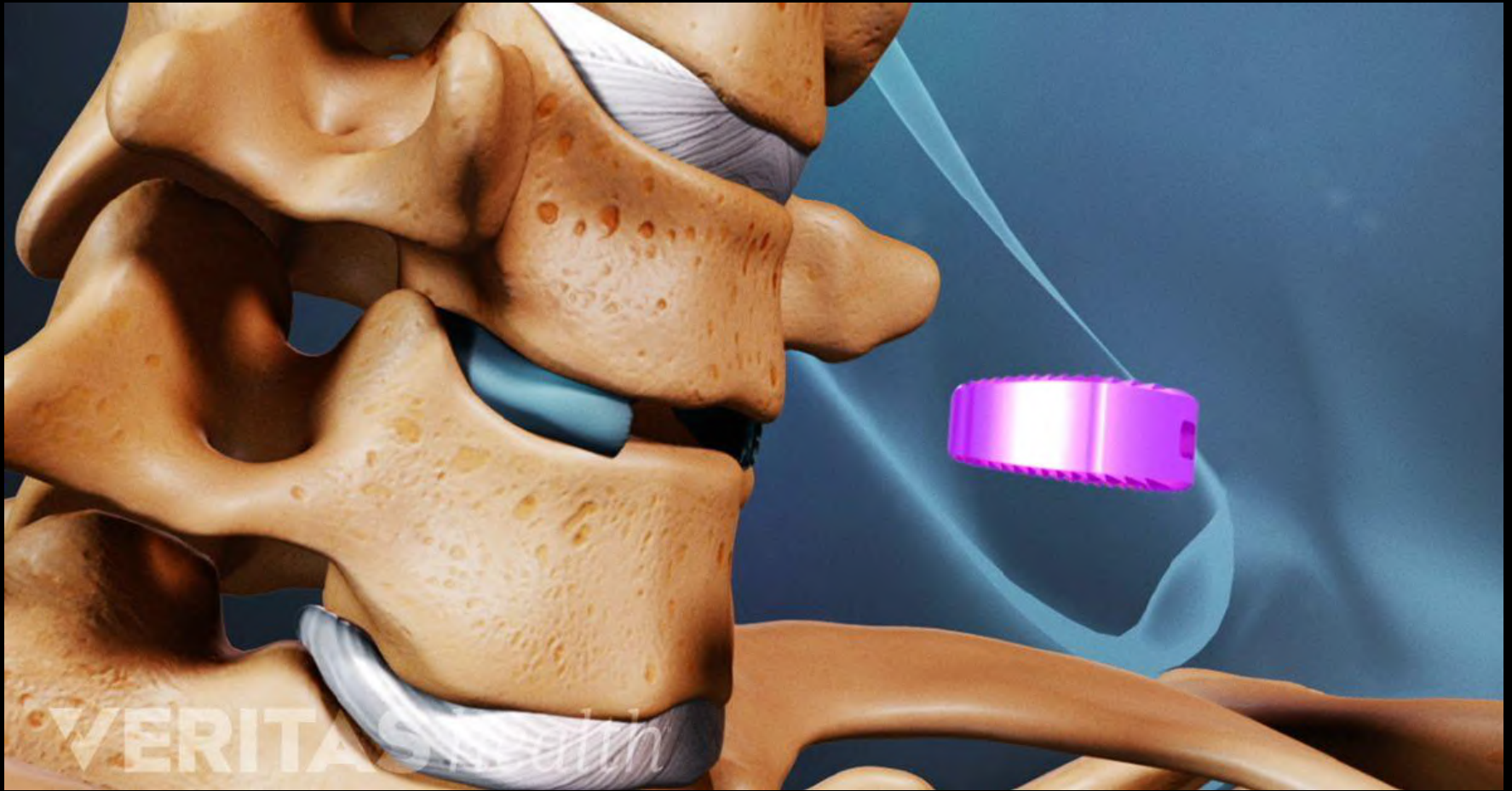


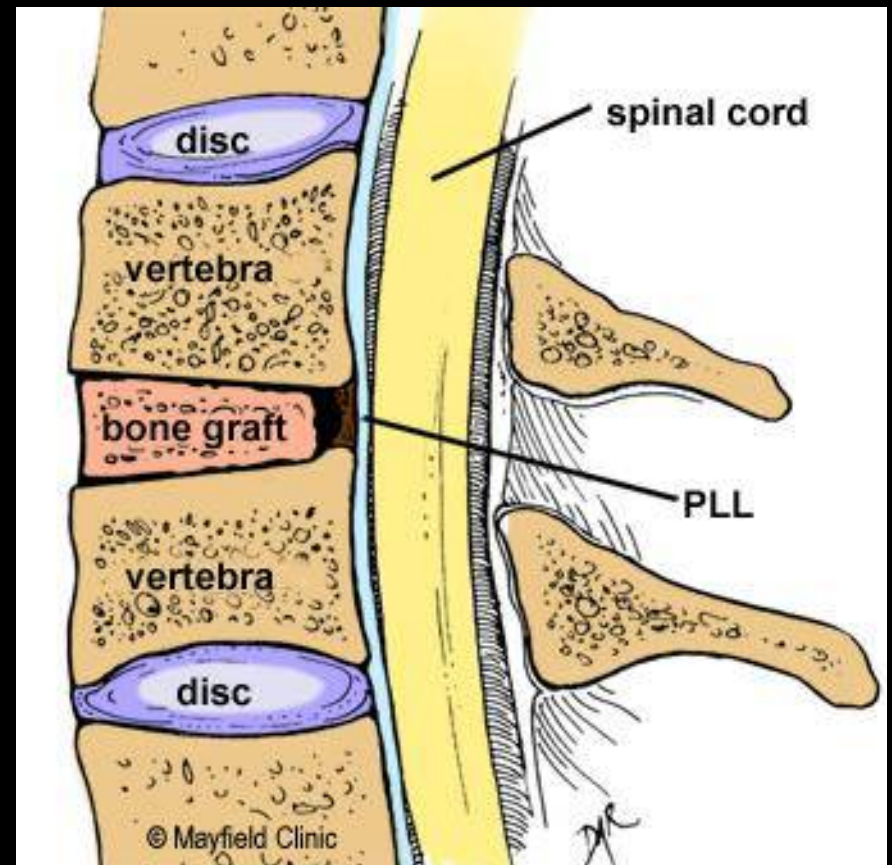
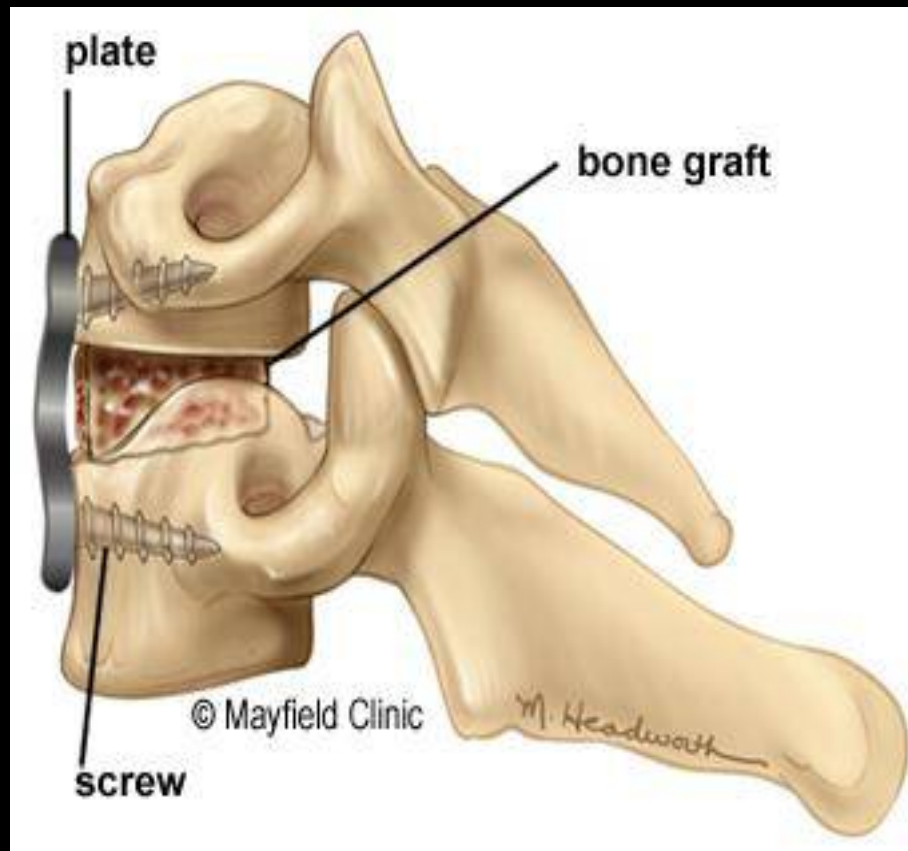
B

FIGURE 59-6

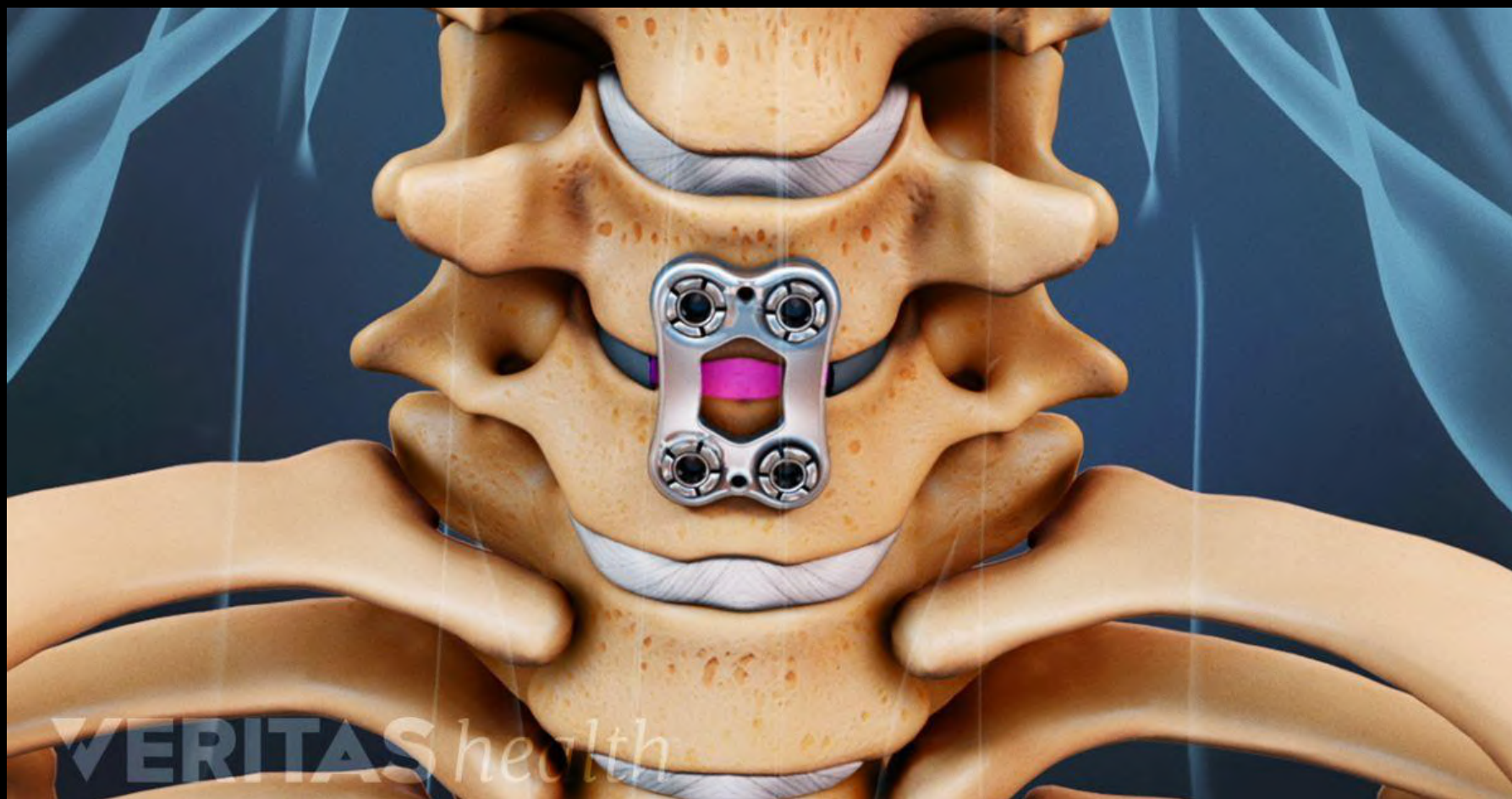








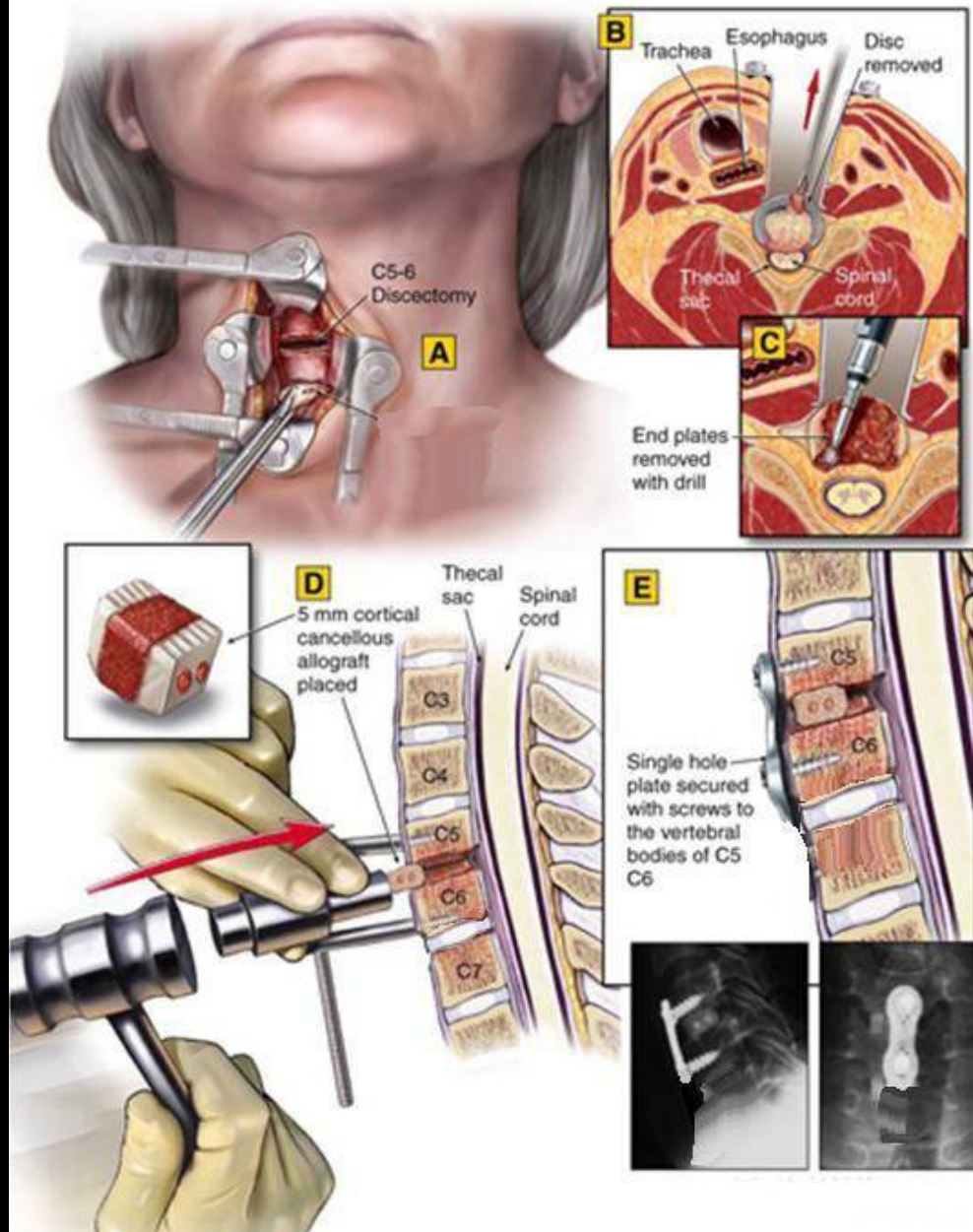




VERITAShealth



# Anterior Cervical Spine Fusion Surgery





# Orthotic Devices

Rigid external orthotic devices can stabilize the spine by decreasing range of motion and minimizing stress transmitted through the spine. Commonly used rigid cervical orthoses include Philadelphia and Miami-J collars.

Halo-vest assemblies provide the most external cervical stabilization.

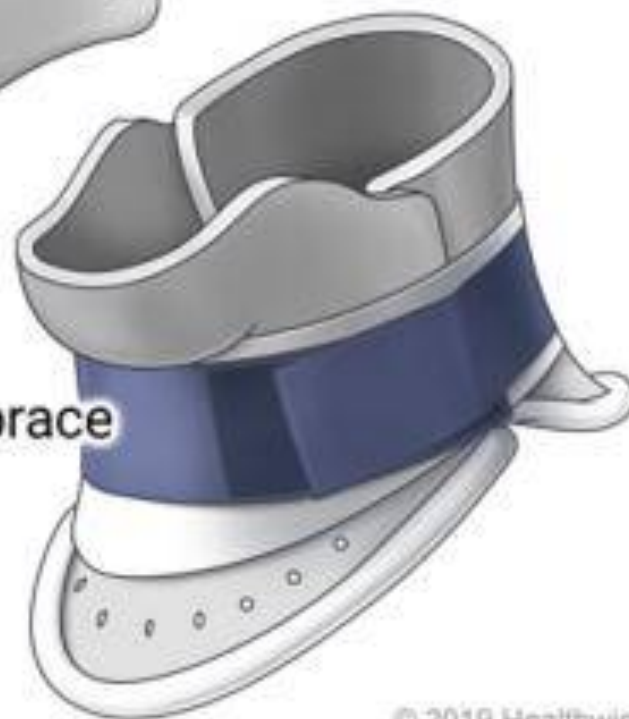
Lumbar stabilization may be provided by thoracolumbosacral orthoses.



Soft neck brace



Hard neck brace





# Philadelphia Cervical Collar



# Miami J Cervical Collar



# C Collars



Philadelphia



Soft



Miami J



Aspen

# Halo-vest





## Halo Traction Device



# **TLSO (Thoracic Lumbar Sacral Orthosis)**





# LSO (Lumbo-Sacral Orthosis)





# Minerva



# jewett brace







**خدایا چنان کن سرانجام کار  
تو خوشنود باشی و ما رستگار**

