Your 5 moments for HAND HYGIENE

BEFORE ASEPTIC

(0

AFTER

PATIENT

ONTACT

AFTER CONTACT

WITH PATIENT

sure risk to body fluids

SURROUNDINGS

1 BEFORE PATIENT	WHEN? Clean your hands before touching a patient when approaching him or her
CONTACT	WHY? To protect the patient against harmful germs carried on your hands
2 BEFORE AN ASEPTIC TASK	 WHEN? Clean your hands immediately before any aseptic task WHY? To protect the patient against harmful germs, including the patient's own germs, entering his or her body

AFTER BODY EN EXPOSURE RISK

3 AFTER BODY FLUID EXPOSURE RISK	 WHEN? Clean your hands immediately after an exposure risk to body itulus (and after glove removal) WHY? To protect yourself and the health-care environment from harmful patient germs
AFTER PATIENT	WHEN? Clean your hands after touching a patient and his or her immediate surroundings when leaving WHY? To protect yourself and the dealth-care environment from harmful patient germs
5 AFTER CONTACT WITH PATIENT SURROUNDINGS	 WHEN? Clean your hands after touching any object or furniture in the patient's immediate surroundings, when leaving - even without touching the patient WHY? To protect yourself and the health-care environment from harmful patient germs



BEFORE

PATIENT

CONTACT

WHO acknowledges the Hôpitaux Universitaires de Genève (HUG), in particular the members of the Infection Control Programme, for their active participation in developing this material.



October 2006, version 1